

IASAS Swimming Schedule in Singapore

Thursday, January 28, 2010

No.	Event	Stroke	Gender	Heat	Consolation	Final
1	200m	Freestyle	Boys	10:00am	3:00pm	3:10pm
2	200m	Freestyle	Girls			
3	100m	Breaststroke	Boys	10:30am	3:20pm	3:40pm
4	100m	Breaststroke	Girls			
5	50m	Butterfly	Boys	11:00am	3:40pm	4:10pm
6	50m	Butterfly	Girls			
7	100m	Backstroke	Boys	11:30am	4:00pm	4:40pm
8	100m	Backstroke	Girls			

Medal presentation for 200m Free, 100m Breast, 50m Butterfly and 100m Back

15 minute warm up time - - 5:00pm

9	400m	Individual Medley	Boys	12:00pm Timed Finals	5:15pm
10	400m	Individual Medley	Girls		

15 minute warm up time - - 5:40pm

11	Relay	4X50m Freestyle Relay	Boys		5:55pm
12	Relay	4X50m Freestyle Relay	Girls		

Friday, January 29, 2010

13	200m	Individual Medley	Boys	10:00am	3:00pm	3:15pm
14	200m	Individual Medley	Girls			
15	800m	Freestyle	Boys	10:30am Timed Finals	3:30pm	
16	800m	Freestyle	Girls			
17	200m	Breaststroke	Boys	15min. after #16	4:00pm	4:15pm
18	200m	Breaststroke	Girls			
19	100m	Freestyle	Boys	15min. after #18	4:30pm	4:40pm
20	100m	Freestyle	Girls			

Medal presentation for 400m IM Relay, 4 X 50m Relay, 200m IM, 800m Free, 200m Breast & 100m Free

15 minute warm up time - - 4:50pm

21	Relay	4X100m Medley Relay	Boys		5:10pm
22	Relay	4X100m Medley Relay	Girls		

*Timed Finals

Saturday, January 30, 2010

23	400m	Freestyle	Boys	10:00am	3:00pm	3:15pm
24	400m	Freestyle	Girls			
25	100m	Butterfly	Boys	10:40am	3:30pm	3:40pm
26	100m	Butterfly	Girls			
27	200m	Backstroke	Boys	11:00am	3:50pm	4:05pm
28	200m	Backstroke	Girls			
29	50m	Freestyle	Boys	11:20am	4:20pm	4:30pm
30	50m	Freestyle	Girls			

15 minute warm up time - - 4:45pm

31	Relay	4X100m Freestyle Relay	Boys		5:00pm
32	Relay	4X100m Freestyle Relay	Girls		

Medal presentations for 4 X 100m Medley Relay, 400m Free, 100m Fly, 200m Back, 50m Free & 4 X 100m Free Relay