

# IASAS SWIMMING



**JANUARY 31 - FEBRUARY 2, 2019**  
INTERNATIONAL SCHOOL MANILA





International School Manila  
**WELCOMES**

**SWIMMERS, COACHES & SPECTATORS  
FROM**

**INTERNATIONAL SCHOOL BANGKOK  
INTERNATIONAL SCHOOL KUALA LUMPUR  
JAKARTA INTERCULTURAL SCHOOL  
SINGAPORE AMERICAN SCHOOL  
TAIPEI AMERICAN SCHOOL**

**TO THE**

**38th edition of the  
IASAS SWIMMING  
CHAMPIONSHIPS**

**January 31th - February 2nd 2019  
Manila, Philippines**

**Visit the IASAS website: [www.iasas.asia](http://www.iasas.asia)**





# SCHEDULE

## THURSDAY, JANUARY 31

#	GENDER	EVENT	STROKE	PRELIMS	FINALS
1	GIRLS	200M	FREESTYLE	10:00 AM	FINALS BEGIN AT 3:00 PM WITH APPROXIMATELY 15 MINS FOR WARM-UP/COOL DOWN AND MEDAL PRESENTATIONS AFTER EVENTS #2, #4, #6, #8 AND #10
2	BOYS				
3	GIRLS	100M	BREASTSTROKE	10:30 AM	
4	BOYS				
5	GIRLS	50M	BUTTERFLY	11:00 AM	
6	BOYS				
7	GIRLS	100M	BACKSTROKE	11:30 AM	
8	BOYS				
9	GIRLS	400M	INDIVIDUAL MEDLEY	12:00 PM TIMED FINALS	
10	BOYS				
11*	GIRLS	RELAY	4 X 50M FREESTYLE RELAY		
12*	BOYS				

## FRIDAY, FEBRUARY 1

#	GENDER	EVENT	STROKE	PRELIMS	FINALS
13	GIRLS	200M	INDIVIDUAL MEDLEY	10:00 AM	FINALS BEGIN AT 3:00 PM WITH APPROXIMATELY 15 MINS FOR WARM-UP/COOL DOWN AND MEDAL PRESENTATIONS AFTER EVENTS #14, #16, #18 AND #20
14	BOYS				
15	GIRLS	800M	FREESTYLE	10:30 AM TIMED FINALS	
16	BOYS				
17	GIRLS	200M	BREASTSTROKE	15 MINS AFTER #16	
18	BOYS				
19	GIRLS	100M	FREESTYLE	15 MINS AFTER #18	
20	BOYS				
21*	GIRLS	RELAY	4 X 100M MEDLEY RELAY		
22*	BOYS				

## SATURDAY, FEBRUARY 2

#	GENDER	EVENT	STROKE	PRELIMS	FINALS
23	GIRLS	400M	FREESTYLE	10:00 AM	FINALS BEGIN AT 3:00 PM WITH APPROXIMATELY 15 MINS FOR WARM-UP/COOL DOWN AND MEDAL PRESENTATIONS AFTER EVENTS #24, #26, #28 AND #30
24	BOYS				
25	GIRLS	100M	BUTTERFLY	10:50 AM	
26	BOYS				
27	GIRLS	200M	BACKSTROKE	11:20 AM	
28	BOYS				
29	GIRLS	50M	FREESTYLE	11:50 AM	
30	BOYS				
31**	GIRLS	RELAY	4 X 100M FREESTYLE RELAY		
32**	BOYS				

\* Medal presentation will be the following day

\*\*Medal presentation will be held during the Closing Ceremony

# SPECTATOR CODE OF CONDUCT

at ISM we ask that spectators:

***Remember... sport is for personal development and FUN!***

- Show individual and team support by making only positive comments.
- Refrain from using negative or abusive language, gestures and/or behaviour.
- Be courteous to opposing teams. Without them there would be no games.
- Show respect for the judgment and integrity of coaches and officials.
- Be gracious in victory, accept defeat with dignity, and show compassion for all participants.
- Keep bleachers clean by using trash bins.

This Spectator Code of Conduct is based on the  
International School Manila Core Values

**Integrity | Service | Merit**



# MABUHAY! WELCOME!

Dear IASAS Swimming participants, coaches and parents

Welcome to International School Manila, welcome to the Philippines and welcome to IASAS Swimming 2019!

I would like to take this opportunity to recognise the hard work and effort that has made this event possible. Mark Pekin and his team in the ATAC office here at ISM, the coaches from each of our six IASAS schools and of course you, the swimmers; I am sure you are eager to give it your all as you race for gold!

I want to encourage everyone to have a great time over the next few days – of course you'll be excited, nervous and competitive. For some, there may be disappointment and frustration. Always play with the same sense of IASAS spirit that I have seen in IASAS athletes for the past 12 years in my time at ISM. But, most of all have fun – after all, it is "more fun in the Philippines!"

Best of luck everyone.



**Michael Dickinson**  
High School Principal  
International School Manila

# WELCOME IASAS ATHLETES, COACHES AND SUPPORTERS,

It is a great pleasure for International School Manila to host this year's IASAS Swimming Championships. We look forward to an exciting competition and to the friendly interactions and competitive rivalry between all IASAS teams.

I congratulate all team members on the hard work and dedication you have demonstrated to be selected for your school's team. The results of your preparation and efforts to date will be reflected in your individual and team's performance over the next three days.

In any competition it is often the mental preparation on race day that is so important. Can you be and give your best on that day? That is the question that will be asked of you during the days ahead. My hope is that all of you will be able to find your "best form" and be able to sit at the closing ceremony happy with your individual performances and your contribution to the team.

At ISM we value all the ethics of good sportsmanship. It is important to cheer hard and loud for your own team and also to appreciate the great performances that you will see from your fellow competitors. Genuine congratulations and appreciation of a great sporting effort from individuals on opposing teams is a true reflection of an "athlete".

I would like to give a special thanks to all our ISM families that have volunteered to house the IASAS athletes. Without the generous support from our parent community events like this simply could not happen. I would also like to recognize and give my special thanks to all those that have helped with the planning, organization and running of this tournament. Your support is greatly appreciated!

I wish all of you the very best and good luck.



**Mark Pekin**  
Director of Athletics  
International School Manila

# I.A.S.A.S RULES & GUIDELINES

Each participant and his/her parent must sign and return this form before traveling or hosting, by so doing they acknowledge that they fully understand and agree to abide by these RULES & GUIDELINES.

## Participants

1. Smoking, drinking alcohol, drug abuse, cheating, deceit, inappropriate sexual behavior (05/06), flagrant curfew violations and violations of the "off-limits" areas as well as aiding and abetting any of the above will not be permitted during any IASAS event. (4/01)

When a student commits an infraction relating to alcohol, tobacco, drug abuse, cheating, deceit, disrespect, flagrant curfew / "off limits" areas violations, as well as aiding and abetting any of the above, the following shall apply:

- i. The student may no longer participate in that convention.
- ii. The student will be sent home at his/her parents' expense if it is feasible to do so.
- iii. Upon return to school, the following consequences will apply:
  - Appropriate counseling will be required.
  - The student will be required to spend all free periods and breaks (including lunch breaks) in a supervised environment. This consequence will last for 20 school days following the determination of the infraction of the IASAS rule.
  - The student must leave campus at the end of the regular school day and may not come to school on weekends/holidays for a period of 40 instructional days. Any exceptions must have administrative approval, ie. additional study, band concert, curricular trips.
  - The student will be excluded from co-curricular activities for a period of 40 school days following the determination of the infraction. The student will be excluded from any IASAS season/activity that begins within this 40-day period.
  - Consequences related to third sport season infractions may carry over to the following school year in cases of late discovery.

- Revocation of IASAS Awards: Students will be ineligible for any awards pertaining to the activity.
  - Other Individual School's Consequences: Depending on the severity and specifics of the infraction, individual IASAS schools may levy other consequences as per their school policy/handbooks, e.g. out-of-school suspension, exclusion from all IASAS events for one year.
- iv. For a second offense, the student will automatically be excluded for one calendar year from all IASAS events, including the same convention the following year.
  - v. If at any time a student is suspended from further competition or involvement in an event, then the only results affected will be those happening after the infraction, and all pre-infraction results will stand.
  - vi. Consequences will be carried over if the student transfers to another IASAS school.
2. Participants must notify coaches of hosts before leaving tournament/convention sites. Exploration of the local environment will not be permitted without the knowledge and consent of the host parent/guardian
  3. Under no circumstances may housing assignments be changed
  4. All visiting students must return to the host families' house before curfew-as set by the host school. Telephone calls will be made to each student every night to ensure that all students have returned safely and on time. Once a student is in and has answered the curfew call he/she may not leave the house. Note, however, that should an event finishes so late that students have less than one hour to make curfew, the curfew will be extended so that they have at least one hour to make curfew.
  5. All laws of the host country must be observed. Guidelines are to be provided by host schools as required.
  6. No disciplinary action will be taken by the Tournament/Convention Director without direct communication with the respective coach/sponsor or trip Administrator.
  7. The host school will arrange transport to and from the airport as well as the tournament/convention site.
  8. Any problems arising during the convention should be reported immediately to the host school for corrective measures.
  9. Student medical release forms will be available at the convention site each day of the event.



10. All students must carry their Tournament/Convention Identification Cards with them.

## **Host Families**

1. All host families will be provided with complete Tournament/Convention details (schedules, curfews, policies, procedures, emergency phone numbers for coaches and important tournament personnel, etc.).
2. Host parents/guardians will not offer housing unless one of the parents/guardians is present for the duration of the tournament/convention.
3. Hosts are expected to cooperate with Tournament/Convention Director in ensuring student compliance with all IASAS policies relating to participation.
4. Any student who shows reluctance to fully comply with the above rules and regulations shall be reported to the Tournament/Convention Director who will report the matter to the student's coach and Administrator in charge with the expectation that action will be taken.

## **MEET OFFICIALS**

IASAS events cannot happen without the support of our officials. To all swimmers, school officials and spectators please be respectful at all times to our meet officials. If there are any questions or concerns coaches should direct these via the site director who will assist to clarify any concerns. Parents/spectators are not to approach officials at any time!

## **SPIRIT OF IASAS**

"IASAS is a prestigious and exemplary organization. What makes our tournaments and conventions special is the quality of character of the players, coaches, organizers and spectators involved in these events. The Spirit of IASAS award is awarded to a member of the IASAS community (individual or team) that exhibits outstanding sportsmanship, courage, spirit or a selfless act during an IASAS convention"

Nomination ballots will be readily available and we encourage participants involved with the tournament to submit a ballot to the site directors of in the ballot boxes located in the athlete rest area. The tournament director and attending AIC's will review ballots on Saturday after the coaches meeting to finalize the award recipients who will be recognized at the closing ceremony.

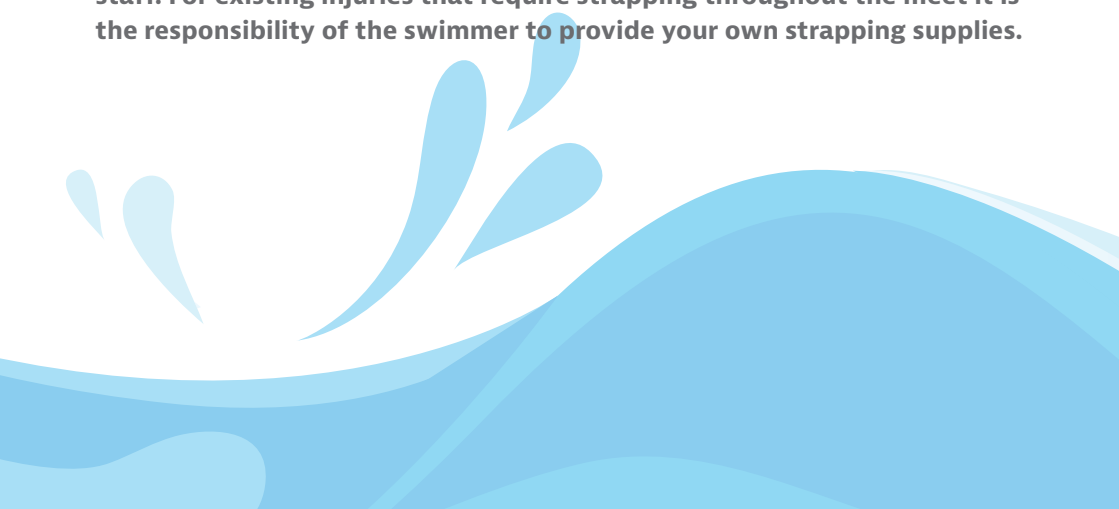
## **MEDICAL PROCEDURE**

In case of injury or illness – whether before, during, or after the matches – please notify the site director and or school nurse. A nurse will be located at the medical clinic, near the ISM swimming pool on level 1 or contact one of the site directors.

An injured athlete should not leave campus for any medical care without first consulting the site or tournament director and having communicated with our clinic staff. The injured athlete should be accompanied by the attending nurse and security personnel and a representative from their school. ISM school nurses are only permitted to issue non-prescription medication.

In case of an injury or illness resulting outside of the tournament, students should call ISM (during the school day) and talk to one of the school administrators. If it is after school hours, they should contact the tournament director immediately, as listed in the program. Also, notification to the host family should be made.

**Please note emergency strapping will be done on request of our clinic staff. For existing injuries that require strapping throughout the meet it is the responsibility of the swimmer to provide your own strapping supplies.**



# GENERAL INFORMATION FROM THE ISM ATHLETICS OFFICE

## Money Changing

There are no money changing facilities on campus. You may change your money at the airport or you can change money at various places in town and at Market Market Shopping Mall, located 200 meters from the ISM campus.

## Laundry:

Host families will wash swimsuits/uniforms as needed. Please ask nicely!

## Water Bottles (IASAS Policy):

All participants should bring their own water bottles. Water bottles are available at the Bearcat den should you need to buy one. There will be plenty of cold water available at the pool or cafeteria.

## Coaches/Admin Transportation:

We will run a courtesy vehicle on arrival and departure day to/from the hotel. On other days please walk to our campus. Hotel is 400m from school.

## Important Phone Numbers

Mark Pekin | Athletic Director: 8408611 (office), 0917-5218610 (cell)

Joan Badiango | ISM Athletic Office: 8408610 (office)

ISM Clinic: 8408581

David Birchenall | HS Assistant Principal: 8408653 (office), 0917- 5156809 (cell)

Visiting Coaches and AIC's | Seda Hotel: 845-8888

St. Lukes Hospital: 789-7700

## Internet & WiFi Access

- Username: IASAS\_Swimming



## Team Arrival & Departure Times

Flight info	Flight Arrival January 30, 2019		Flight Departure February 3, 2019		Host Family drop-off time February 3rd, 2019
	School	Code	Arrival Time	Code	
ISB	TG620	11:55	TG621	13:10	09:30
ISKL	MH806	12:20	MH807	13:15	09:30
JIS	SQ912	15:55	SQ915	7:35	04:50
SAS	SQ912	15:55	SQ917	14:05	09:30
TAS	CI701	9:40	CI702	10:45	07:45

## Opening & Closing Ceremonies - Fine Arts Theatre (FAT)

This venue will be used for the Opening and Closing ceremonies of the event. Visiting spectators and parents are welcome and encouraged to join these events.

- The Opening Ceremony will be held on Thursday morning, January 31, at 7:30 AM.
- The Closing Ceremony is scheduled for an approximate 7:30 PM start on Saturday evening, February 2.

## Closing Team Dinner

Complimentary food and drinks will be available for coaches and athletes on Saturday evening after the final events. The start time for this dinner is approximately 6:00 PM. The location of the dinner is the school's cafeteria. Athletes are expected to dress in their IASAS travel attire. Food service in the cafeteria at this time is limited to only the athletes and coaches.

## Severe Weather & Lightning Policy

The meet will be governed by the Severe Weather & Lightning policies of International School Manila.

## Cafeteria Site

The High School/Middle School Cafeteria is located at front of Middle School Office and near Middle School field. Open Thursday & Friday, 7:00am - 5:30pm and Saturday until 4:30pm.

## School Clinic

Front of Swimming Pool, 2nd Floor.

## Coaches Lounge

Lofthouse A, Level 3 near Athletics Office

## SWIMMERS REST AREA

Lofthouse B & C, Level 3. **No food in this area please!**

## Results

Will be posted via:

- Meet Mobile app
- <https://sites.google.com/ismanila.org/iasas-swimming-201819/results>
- [www.iasas.asia](http://www.iasas.asia)

## Tournament T-Shirts

Available from the ISM Bearcat Den next to cafeteria 500.00 pesos.

## Locker Rooms

Located at pool or inside the HS Gym. You must provide your own towel and shampoo for showers. **PLEASE DO NOT LEAVE ANY BAGS OR VALUABLES IN THE LOCKER ROOMS.**

## Visiting Parents Lounge

At the ISM PTA office adjacent to the Little Theater on Level 1.



## IASAS Swimming Past Champions

Years	Boys Champions	Girls Champions
1983	SAS	SAS
1984	SAS	SAS
1985	ISM	SAS
1986	JIS	SAS
1987	JIS	ISM
1988	SAS	SAS
1989	JIS	SAS
1990	JIS	SAS
1991	JIS	JIS
1992	JIS	SAS
1993	JIS	JIS
1994	SAS	JIS
1995	SAS	JIS
1996	ISKL	JIS
1997	ISKL/SAS	JIS
1998	SAS	ISKL
1999	SAS	SAS
2000	SAS	SAS
2001	TAS	SAS

Years	Boys Champions	Girls Champions
2002	SAS	SAS
2003	JIS	SAS
2004	SAS	SAS
2005	SAS	SAS
2006	SAS	SAS
2007	SAS	SAS
2008	SAS	SAS
2009	SAS	SAS
2010	TAS	SAS
2011	ISB	SAS
2012	SAS	ISKL
2013	SAS	SAS
2014	SAS	SAS
2015	SAS	SAS
2016	JIS	SAS
2017	JIS	SAS
2018	TAS	SAS
2019	?	?

## IASAS Girls Swim Records

EVENT	MARK	NAME	YEAR	SCHOOL
50m Free	25.98	Sidney Smith	2015	ISB
50m Fly	28.41	Olivia Morris	2018	SAS
100m Free	56.61	Sidney Smith	2015	ISB
100m Breast	1:11.22	Keaton Blovad	2013	ISB
100m Back	1:01.09	Keaton Blovad	2013	ISB
100m Fly	1:03.04	Jessica Wegner	2018	TAS
200m Free	2:04.43	Nadia Redza	2015	ISKL
200m Breast	2:35.83	Nadia Redza	2014	ISKL
200m Back	2:14.32	Keaton Blovad	2013	ISB
200m IM	2:16.54	Keaton Blovad	2013	ISB
400m Free	4:20.07	Harley Lopez Miro	2016	SAS
400m IM	4:53.40	Nadia Redza	2015	ISKL
800m Free	8:57.78	Nadia Redza	2015	ISKL
200m Free Relay	1:52.38	W.Taylor, C.Taylor,K.De La Hoz, M.Ong	2006	SAS
400m Free Relay	3:59.73	C.Loiz, Me Clark, K.Ritchey, H.Lopez Miro	2016	SAS
400m Medley Relay	4:28.65	H. Chuang, H.Ackerman, W.Wargo, Mo Clark	2016	SAS

## IASAS Boys Swim Records

EVENT	MARK	NAME	YEAR	SCHOOL
50m Free	23.69	Rizal Rowe	2018	JIS
50m Fly	25:78	Shawn Lin	2016	TAS
100m Free	51.18	Kei Hyogo	2014	SAS
100m Breast	1:04.61	TarTar Jarusinchai	2018	ISB
100m Back	57.60	Jan Hagemeister	2014	SAS
100m Fly	57.00	Shawn Lin	2015	TAS
200m Free	1:48.95	Kei Hyogo	2014	SAS
200m Breast	2:17.90	Kei Hyogo	2013	SAS
200m Back	2:04.34	Collin Schuster	2018	SAS
200m IM	2:07.36	TarTar Jarusinchai	2018	ISB
400m Free	3:50.16	Kei Hyogo	2014	SAS
400m IM	4:19.57	Kei Hyogo	2014	SAS
800m Free	7:55.71	Kei Hyogo	2014	SAS
200m Free Relay	1:38.81	T.Brisson,B.Bordwell,M. Fordney, R.Pavone	2006	SAS
400m Free Relay	3:32.93	K.Hyogo, J.Hagemeister, C.Barnes, T.Hagemeister	2014	SAS
400m Medley Relay	4:00.40	C. Schuster, V. Liu, G. Bunker, Z. Goldwax	2017	SAS



# IASAS Swimming Championships 2019: MEDALS PRESENTATION SCHEDULE

## Thursday January 31, 2019

After Event	Award	Presented By
Boys 200m Freestyle	Girls 200m Freestyle Boys 200m Freestyle	SAS ISB
Boys 100m Breaststroke	Girls 100m Breaststroke Boys 100m Breaststroke	JIS ISM
Boys 50m Butterfly	Girls 50m Butterfly Boys 50m Butterfly	TAS ISKL
Boys 100m Backstroke	Girls 100m Backstroke Boys 100m Backstroke	SAS ISB
Boys 400m IM	Girls 400m Individual Medley Boys 400m Individual Medley	JIS ISM

## Friday February 1, 2019

After Event	Award	Presented By
Boys 200m Individual Medley	Girls 200m Freestyle Relay Boys 200m Freestyle Relay Girls 200m Individual Medley Boys 200m Individual Medley	SAS ISB TAS ISKL
Boys 800m Freestyle	Girls 800m Freestyle Boys 800m Freestyle	JIS ISM
Boys 200m Breaststroke	Girls 200m Breaststroke Boys 200m Breaststroke	TAS ISKL
Boys 100m Freestyle	Girls 100m Freestyle Boys 100m Freestyle	SAS ISB

**Saturday  
February 2, 2019**

After Event	Award	Presented By
Boys 400m Freestyle	Girls 400m Medley Relay Boys 400m Medley Relay Girls 400m Freestyle Boys 400m Freestyle	JIS ISM TAS ISKL
Boys 100m Butterfly	Girls 100m Butterfly Boys 100m Butterfly	SAS ISB
Boys 200m Backstroke	Girls 200m Backstroke Boys 200m Backstroke	JIS ISM
Boys 50m Freestyle	Boys 50m Freestyle Girls 50m Freestyle	TAS ISKL
At Closing Ceremony	Boys 400m Freestyle Relay Girls 400m Freestyle Relay	AICs

# IASAS Swimming Championships 2019:

## WARM UP SCHEDULE

Days Dates Times	LANES							
	1	2	3	4	5	6	7	8
Thursday January 31 8 - 8:45 AM		ISKL	ISKL	TAS	TAS	ISM	ISM	
Thursday January 31 8:45 - 9:30 AM		SAS	SAS	JIS	JIS	ISB	ISB	
Thursday January 31 9:30 - 9:50 AM		SAS	JIS	ISB	ISKL	TAS	ISM	
Thursday January 31 1 - 2:45 PM		SAS	JIS	ISB	ISKL	TAS	ISM	
Friday February 1 8:30 - 9:00 AM		SAS	SAS	JIS	JIS	ISB	ISB	
Friday February 1 9:00 - 9:30 AM		ISKL	ISKL	TAS	TAS	ISM	ISM	
Friday February 1 9:30 - 9:50 AM		ISKL	TAS	ISM	SAS	JIS	ISB	
Friday February 1 1 - 2:45 PM		ISM	ISB	ISKL	JIS	SAS	TAS	
Saturday February 2 8:30 - 9:00 AM		SAS	SAS	JIS	JIS	ISB	ISB	

Days Dates Times	LANES							
	1	2	3	4	5	6	7	8
Saturday February 2 9:30 - 9:30 AM		ISKL	ISKL	TAS	TAS	ISM	ISM	
Saturday February 2 1 - 2:45 PM		JIS	ISKL	ISM	SAS	ISB	TAS	

## IASAS Swimming Championships 2019: SEATING ASSIGNMENTS

Days Dates Times	SECTIONS					
	1	2	3	4	5	6
Thursday January 31 10:00 AM - 12:30 PM Morning Session	ISB	ISKL	ISM	JIS	SAS	TAS
Thursday January 31 3 - 5:30 PM Afternoon Session	ISKL	ISM	JIS	SAS	TAS	ISB



# IASAS Swimming Championships 2019: SEATING ASSIGNMENTS

Days Dates Times	LANES					
	1	2	3	4	5	6
Friday February 1 10:00 AM - 12:30 PM Morning Session	ISM	JIS	SAS	TAS	ISB	ISKL
Friday February 1 3 - 5:30 PM Afternoon Session	JIS	SAS	TAS	ISB	ISKL	ISM
Saturday February 2 10:00 AM - 12:30 PM Morning Session	SAS	TAS	ISB	ISKL	ISM	JIS
Saturday February 2 3 - 5:30 PM Afternoon Session	TAS	ISB	ISKL	ISM	JIS	SAS





**INTERNATIONAL SCHOOL BANGKOK**

**PANTHERS**

**Girls Swimming**

First Name	Last Name	Grade	Country
Marcelina	Lekawska	12	Poland
Mary Patricia	MacRae	12	Canada
Imogen	Alexander	12	Australia
Madison	Mehta	11	USA
Nolie	Giles	11	USA
Nora	Wiktorowicz	10	USA
Sasin	Thamakaison	10	Thailand
Hannah	Papps	10	USA
Lieve	Olufsen	10	Norway
Emma	Reed	10	USA
Pinmada	Makornwattana	9	Thailand
Darcy	Alexander	9	Australia

Captain 4 Year IASAS

**Head Coach**  
Corry Day &  
Ratapong Sirisont

**Asst. Coaches**  
Akiko Nagimine

**AIC**  
Justin Alexander



## INTERNATIONAL SCHOOL BANGKOK

# PANTHERS

### Boys Swimming

First Name	Last Name	Grade	Country
Thomas	Zhu	12	USA
Chanon	Wang	12	USA
Napat	Sriworakun	12	Thailand
Tee	Monsereenusorn	12	Thailand
Jamie	Jenviphakul	11	USA
Panas	Khongphatthanayothin	10	Thailand
Poramin	Makornwattana	10	Thailand
Blake	Eyre	10	USA
Grant	Hevland	10	USA
Aaron	Vongsouvane	9	USA
Pham	Jatabut	9	Thailand
Jonah	Jenviphakul	9	Taiwan

Captain  4 Year IASAS 

#### Head Coach

Corry Day &  
Ratapong Sirisont

#### Asst. Coaches

Akiko Nagimine

#### AIC

Justin Alexander

# International School Bangkok

## Swim Records

<b>ISB GIRLS SWIM RECORDS</b>			
Event	Time	Date	Name
50 Free	25.98	2015	Sidney Smith
100 Free	56.61	2015	Sidney Smith
200 Free	2:08.03	2018	Claire Hightower
400 Free	4:36.94	2018	Claire Hightower
800 Free	9:32.19	2018	Claire Hightower
100 Back	1:01.09	2013	Keaton Blovad
200 Back	2:14.32	2013	Keaton Blovad
100 Breast	1:11.22	2013	Keaton Blovad
200 Breast	2:50.33	2004	Sarina Hemungkorn
50 Fly	28.68	2013	Keaton Blovad
100 Fly	1:03.74	2011	Jane Rungrotekitsakul
200IM	2:16.54	2013	Keaton Blovad
400IM	5:18.11	2009	Taylor Burke
400m MR	4:41.83	2015	Smith, Sidney; Laidlaw, Maddie; Edison, Abby; Chavalitumrong, Um
400m FR	4:09.92	2015	Smith, Sidney; Edison, Abby; Itinger, Veronica; Chavalitumrong, Um
200m FR	1:52.51	2014	S.Smith,J.Thompson,U. Chavalitumrong,K.Tang



# International School Bangkok

## Swim Records

<b>ISB BOYS SWIM RECORDS</b>			
Event	Time	Date	Name
50 Free	24.20	2018	Tar Tar Jarusinchai
100 Free	52.45	2018	Tar Tar Jarusinchai
200 Free	1:55.80	2016	Tar Tar Jarusinchai
400 Free	4:08.82	2016	Tar Tar Jarusinchai
800 Free	8:42.95	2013	David Schwan
100 Back	1:00.52	2017	Tar Tar Jarusinchai
200 Back	2:11.56	2013	David Schwan
100 Breast	1:04.61	2018	Thana Jarusinchai
200 Breast	2:20.64	2018	Om Samanthai
50 Fly	26.25	2018	Tar Tar Jarusinchai
100 Fly	57.06	2018	Tar Tar Jarusinchai
200IM	2:05.95	2018	Tar Tar Jarusinchai
400IM	4:39.70	2018	Tar Tar Jarusinchai
400m MR	4:03.03	2018	Napat Sriworakun, Om Samanthai, Tee Amornkasemwong, Tee Monsereenusorn
400m FR	3:41.07	2018	Chanon Wang, Tan Amornkasemwong, Jamie Jenviphakul, Tar Tar Jarsuinchai
200m FR	1:40.89	2018	Jamie Jenviphakul, Tee Monsereenusorn, Chanon Wang, Napat Sriworakun



## INTERNATIONAL SCHOOL OF KUALA LUMPUR

# PANTHERS

### Girls Swimming

First Name	Last Name	Grade	Country
Anastasia	Marshall	12	United Kingdom
Akniya	Amirova	11	Kazakhstan
Cheryl	Choong	11	Malaysia
Wen Li	Yau	11	Malaysia
Saffira	Garwood	11	Australia
Elsa Emil	Rinaldi	11	Malaysia
Carina	Braune	10	Germany
Sofia	Grigera Knoop	10	Argentina
Eva	Jonge Poerink	10	Netherlands
Francesca	Marshall	10	United Kingdom
Ashley	Cho	9	USA
Natalie	Junker	9	USA

Captain ▼ 4 Year IASAS

#### Coaches

Steson Johnson & Brian Candler

#### AIC

Kathryn Kindle

#### Aquatics Director

George Carpozis



## INTERNATIONAL SCHOOL OF KUALA LUMPUR

# PANTHERS

### Boys Swimming

First Name	Last Name	Grade	Country
Samuel	Marriott	11	Canada
Richmond	Tan	11	Malaysia
Nolan	Besserer	10	France
Marcus	Choong	10	Malaysia
Jakub	Golebiewski	10	Poland
Vasily	Malashich	10	Russia
Matthias	Puc	10	France
Kieran	Tan	10	Malaysia
William	Foong	9	Malaysia
Zemin	Goh	9	Malaysia
Emilio	Hernandez Morales	9	USA
Josh	McCallum	9	United Kingdom

Captain 4 Year IASAS

#### Coaches

Steson Johnson & Brian Candler

#### AIC

Kathryn Kindle

#### Aquatics Director

George Carpouzis

## International School of Kuala Lumpur Swim Records

<b>ISKL GIRLS SWIM RECORDS</b>			
Event	Time	Date	Name
50 Free	27.92	2010	Sabrinne Gibson
100 Free	59.21	2015	Nadia Redza
200 Free	2:04.43	2015	Nadia Redza
400 Free	4:20.67	2015	Nadia Redza
800 Free	8:57.78	2015	Nadia Redza
100 Back	1:06.46	2010	Sabrinne Gibson
200 Back	2:22.06	2011	Sabrinne Gibson
100 Breast	1:12.08	2016	Nadia Redza
200 Breast	2:35.83	2014	Nadia Redza
50 Fly	30.05	2012	Isabella Scillitani
100 Fly	1:07.05	2017	Nadia Redza
200IM	2:24.29	2016	Nadia Redza
400IM	4:53.40	2015	Nadia Redza
400m MR	4:39.04	2017	N.Redza, ZS See, A.Jobling, V.Michael
400m FR	4:08.45	2015	A.Wilson, N.Redza, A.Jonling, V.Michael
200m FR	1:56.69	2010	S.Gibson, D.Redza, J.Lynn, B.Scillitani

## International School of Kuala Lumpur Swim Records

<b>ISKL BOYS SWIM RECORDS</b>			
Event	Time	Date	Name
50 Free	23.92	2010	Levar Goossen
100 Free	52.61	2010	Levar Goossen
200 Free	2:01.61	2009	Kareem Gibson
400 Free	4:15.71	2010	Kareem Gibson
800 Free	9:08.80	2010	Kareem Gibson
100 Back	1:00.38	2013	Walter Guiscardo/Julian Kurz (2017)
200 Back	2:10.57	2013	Walter Guiscardo
100 Breast	1:08.23	2009	Kareem Gibson
200 Breast	2:37.55	2008	Colin Simmons
50 Fly	26.36	2010	Levar Goossen
100 Fly	1:00.08	2009	Levar Goossen
200IM	2:15.60	2013	Walter Guiscardo
400IM	5:09.64	2013	Charlie Ellison/Enrique Valero Fan (2016)
400m MR	4:22.02	2010	A.Link, K.Gibson, L.Goossen, E.Goossen
400m FR	3:40.53	2010	K.Gibson, A.Link, E.Goossen, L.Goossen
200m FR	1:42.07	2013	K.Davidson, D.Fauzi, W.Guiscardo, J.Coyle



**JAKARTA INTERCULTURAL SCHOOL**

**DRAGONS**

**Girls Swimming**

First Name	Last Name	Grade	Country
Tilda	Eklund	12	Sweden
Lauren	Mooneyham	12	USA
Yuki	Uno	11	Japan
Allison	Farial	11	Indonesia
Elly	Smyth	11	Australia
Emily	Washburn	11	USA
Seung Min	Woo	10	Korea
Mansi	Topandasani	10	Indonesia
Michelle	Setiawan	10	Indonesia
Marin	Kobayashi	9	Japan
Charlotte	Leo	9	Singapore

Captain ▼ 4 Year IASAS

**Coaches**

Conrad Francis & Eddie Meinhold

**AIC**

Arif Purbo



## JAKARTA INTERCULTURAL SCHOOL

# DRAGONS

### Boys Swimming

First Name	Last Name	Grade	Country
Omar	Shaheen	12	Canada
Kent	Suhadi	11	Indonesia
Samuel	Lee	11	USA
Rintaro	Hori	11	Japan
Andrew	Rowe	11	New Zealand
Ali	Shaheen	10	Canada
Kai	Watanabe	10	Japan
Phillip	Ho	10	Indonesia
Matthew	Wanandi	10	Indonesia
Priosetanto	Joshua	10	USA
Nathan	Liftenegger	9	Austria

Captain
 
 4 Year IASAS

#### Coaches

Conrad Francis & Eddie Meinhold

#### AIC

Arif Purbo

## Jakarta Intercultural School Swim Records

JIS GIRLS SWIM RECORDS			
Event	Time	Date	Name
50 Free	27.45	2010	Netta Chalermplanupap
100 Free	1:00.61	2010	Netta Chalermplanupap
200 Free	2:09.52	2006	Natty Chalermplanupap
400 Free	4:34.19	2006	Natty Chalermplanupap
800 Free	9:26.95	2006	Natty Chalermplanupap
100 Back	1:06. 04	2017	Veronica A Stureborg
200 Back	2:25.14	2006	Lindsay Borman
100 Breast	1:19.64	2018	Clarissa Gunadharna
200 Breast	2:52.25	2016	Lilli Seubert
50 Fly	29.91	2016	Audree Khalishah
100 Fly	1:07.34	2017	Veronica A Stureborg
200IM	2:26.30	2006	Natty Chalermplanupap
400IM	5:10.72	2006	Natty Chalermplanupap
400m MR	4:42.50	2016	S. Kieft, L. Seubert, V. Stureborg, J. Dharmadji
400m FR	4:15.95	2009	Ne.Chalermplanupap, S.Rice, R.Norwinda, M.Tobias
200m FR	1:57.48	2018	C. Gunadharna, S. Woo, T. Eklund, A. Farial



# Jakarta Intercultural School

## Swim Records

JIS BOYS SWIM RECORDS			
Event	Time	Date	Name
50 Free	23.69	2018	Rizal Rowe
100 Free	52.67	2016	Arief Rowe
200 Free	1:58.01	2014	Jee Oung Hong
400 Free	4:10.44	2006	Ivor Mollema
800 Free	8:48.79	2006	Ivor Mollema
100 Back	1:00.77	2017	Rizal Rowe
200 Back	2:12.37	2012	Jee Oung Hong
100 Breast	1:08.29	2017	Lukas Seubert
200 Breast	2:29.02	2010	Justin Buck
50 Fly	26.39	2018	Rizal Rowe
100 Fly	58.32	2015	Jee Oung Hong
200IM	2:14.57	2019	Kent D Suhadi
400IM	4:48.05	2013	Jee Oung Hong
400m MR	4:11.16	2018	R. Rowe, R. Ross, K. Suhadi, J. Bergin
400m FR	3:37.92	2018	R. Rowe, K. Suhadi, O. Shaheen, J. Bergin
200m FR	1:41.01	2016	F. Ngo, T. Lee, J. Barber, R. Rowe



## INTERNATIONAL SCHOOL MANILA

# BEARCATS

### Girls Swimming

First Name	Last Name	Grade	Country
Jennifer	Van Ratingen	12	Australia
Linden	Heffelfinger	12	USA
Maia	Ner	12	Philippines
Samantha	Van Ratingen	12	Australia
Gabby	Velasco	11	USA
Rowan	Heffelfinger	11	USA
Danielle	Laminta	10	Philippines
Natalie	Gleyze	10	Philippines
Elena	Dickinson	10	UK
Mayako	Kruger	10	Canada
Amina	Konysbayeva	9	Kazakhstan
Amanta	Vidugiris	9	Kyrgyz Republic

Captain 4 Year IASAS

#### Head Coaches

Hazel Benipayo & Holly Chapman

#### AIC

Holly Chapman

#### Assistant Coach

Rod Sun



# INTERNATIONAL SCHOOL MANILA

# BEARCATS

## Boys Swimming

First Name	Last Name	Grade	Country
Sandro	Gotuaco	12	USA
Aldrin	Aujero	11	Philippines
Woosuk	Kim	11	Korea
Ian	Go	11	Philippines
Mirza	Sarac	11	Bosnia & Herzegovina
Nathan	Lacsamana	11	USA
Carlo	Chang	11	USA
Christopher	Card	11	USA
Jacobo	De Leon	10	Canada
Ganden	Medved Po	9	USA
Jeremy	Velasco	9	USA
Zachary	Card	9	USA

Captain ▾ 4 Year IASAS

### Head Coaches

Hazel Benipayo & Holly Chapman

### AIC

Holly Chapman

### Assistant Coach

Rod Sun

## International School Manila Swim Records

<b>ISM GIRLS SWIM RECORDS</b>			
Event	Time	Date	Name
50 Free	27.77	2005	Cha Inn Moon
100 Free	1:00.22	2005	Cha Inn Moon
200 Free	2:12.66	2015	Enya Zibell
400 Free	4:41.97	2015	Kate Watkins
800 Free	9:44.92	2015	Kate Watkins
100 Back	1:09.49	2017	Gabbie Ellis
200 Back	2:31.21	2015	Kate Watkins
100 Breast	1:18.60	2016	Maia Ner
200 Breast	2:51.37	2016	Maia Ner
50 Fly	30.65	2016	Gabbie Ellis
100 Fly	1:08.02	2017	Gabby Velasco
200IM	2:30.50	2015	Enya Zibell
400IM	5:21.11	2015	Enya Zibell
400m MR	4:44.56	2018	D. Laminta, M. Ner, D. Velasco, G. Ellis
400m FR	4:18.01	2018	N. Gleyze, S. Van Ratingen, J. Van Ratingen, A. To
200m FR	1:57.87	2017	N.Gonzales, A. Tolhurst, I.Gleyze, S. Van Ratingen

## International School Manila Swim Records

<b>ISM BOYS SWIM RECORDS</b>			
Event	Time	Date	Name
50 Free	24.44	2016	Dias Konysbayev
100 Free	53.65	2016	Dias Konysbayev
200 Free	1:54.86	2017	Dias Konysbayev
400 Free	4:15.79	2017	Dias Konysbayev
800 Free	8:56.70	2015	Dias Konysbayev
100 Back	59.03	2017	Dias Konysbayev
200 Back	2:07.18	2017	Dias Konysbayev
100 Breast	1:09.85	2014	Daiki Kuriyama
200 Breast	2:30.52	2014	Daiki Kuriyama
50 Fly	26.86	2015	Sturla Blom
100 Fly	59.03	2017	Dias Konysbayev
200IM	2:06.09	2018	Dias Konysbayev
400IM	4:51.81	2017	Dias Konysbayev
400m MR	4:10.73	2015	L.Fiechter, D.Konysbayev, S.Blom, R.Villarica
400m FR	3:44.26	2012	S.An, J.Jang, N.Sison, R.Oo
200m FR	1:44.98	2015	H.Cho, R.Villarica, L.Fiechter, K. Nam



**SINGAPORE AMERICAN SCHOOL**

# EAGLES

## Girls Swimming

First Name	Last Name	Grade	Country
Olivia	Morris	12	Australia
Alexandra	Walling	12	USA
Ann Hayden	Hirsch	11	USA
Isabelle	Riley	10	USA
Isabella	Shroff	10	USA
Isabelle	Trudel	10	USA
Lucie	Gray	10	New Zealand
Gabriella	Lombardi	10	USA
Emma	Bierley	9	USA
Giorgia	Christiansen	9	USA
Sophie	Grant	9	Scotland
Julia	Mayuzumi-Shiroishi	9	USA

Captain ▼ 4 Year IASAS

### Coaches

Aaron Gray & Michael Wahl

### AIC

Donna Schuster & Roger Anderegg



**SINGAPORE AMERICAN SCHOOL**

**EAGLES**

**Boys Swimming**

First Name	Last Name	Grade	Country
Daniel	Kwon	12	USA
Jonathan	Zhu	12	USA
Collin	Schuster	11	USA
Cooper	Donnalley	11	USA
Jay Woo	Kim	11	USA
Ethan	Creed	10	USA
Brian	Kwon	10	USA
Nathan	Schlicht	9	USA
James	Webster	9	USA
Alexander	Hebard	9	USA
Joseph	Hutchinson	9	USA

Captain 4 Year IASAS

**Coaches**

Aaron Gray & Michael Wahl

**AIC**

Donna Schuster & Roger Anderegg

## Singapore American School Swim Records

SAS GIRLS SWIM RECORDS			
Event	Time	Date	Name
50 Free	27.15	2015	Sydney Brown
100 Free	58.46	2006	Whitney Taylor
200 Free	2:04.87	2016	Harley Lopez Miro
400 Free	4:20.07	2016	Harley Lopez Miro
800 Free	9:09.97	2016	Kaitlyn Ritchey
100 Back	1:03.18	2016	Harley Lopez Miro
200 Back	2:15.07	2016	Harley Lopez Miro
100 Breast	1:15.40	2014	Megan O'Neill
200 Breast	2:45.32	2018	Izi Trudel
50 Fly	28.65	2017	Olivia Morris
100 Fly	1:03.53	2016	Ellie Wargo
200IM	2:24.76	2016	Hadley Chang Ackerman
400IM	5:06.12	2004	Sara Tan
400m MR	4:28.65	2016	H.Chuang, H.Ackerman, E.Wargo, M. Clark
400m FR	3:59.73	2016	C.Loï, M.Clark, K.Ritchey, H.Miro
200m FR	1:49.46	2015	S.Erdamar, H.Lopez Miro, K.Ritchey, S.Brown



# Singapore American School

## Swim Records

SAS BOYS SWIM RECORDS			
Event	Time	Date	Name
50 Free	22.93	2018	Collin Schuster
100 Free	51.18	2014	Kei Hyogo
200 Free	1:48.95	2014	Kei Hyogo
400 Free	3:50.16	2014	Kei Hyogo
800 Free	7:55.71	2014	Kei Hyogo
100 Back	55.63	2018	Collin Schuster
200 Back	2:02.46	2018	Collin Schuster
100 Breast	1:04.76	2012	Kei Hyogo
200 Breast	2:17.90	2013	Kei Hyogo
50 Fly	25.79	2013	Kei Hyogo
100 Fly	55.94	2013	Kei Hyogo
200IM	2:04.74	2013	Kei Hyogo
400IM	4:19.57	2014	Kei Hyogo
400m MR	4:00.40	2017	C. Schuster, V. Liu, G. Bunker, Z. Goldwax
400m FR	3:32.93	2014	K.Hyogo, C.Barnes, J.Hagemeister, T.Hagemeister
200m FR	1:38.81	2006	T.Brisson, B.Bordwell, M.Fordney, R.Pavone



**TAIPEI AMERICAN SCHOOL**

**TIGERS**

**Girls Swimming**

First Name	Last Name	Grade	Country
Sharon	Kuo	12	USA
Shawyuan	Hsu	12	USA
Nakiah	Pannell	11	USA
Jade	Wong	11	USA
Yuka	Miyazaki	11	Japan
Cybill	Lee	10	Australia
Siobhan	Hsu	10	USA
Dorothy	Chou	10	Canda
Chloe	Lim	9	South Korea
Annabelle	Wu	9	Canada
Yvonne	Kuo	9	USA
Jacqueline	Sung	9	USA

Captain 4 Year IASAS

**Coaches**

Shane Lawson & Corey Zimmerman

**AIC**

Stephen Kuhlke



## TAIPEI AMERICAN SCHOOL

# TIGERS

### Boys Swimming

First Name	Last Name	Grade	Country
Lucent	Lin	12	USA
Justin	Wu	12	USA
Benjamin	Wei	12	USA
David	Wang	12	USA
Ethan	Wu	12	USA
Jason	Weng	12	USA
Henry	Kuo	12	USA
Jason	Lin	10	USA
Ethan	Dawn	10	USA
Hironori	Kondo	10	Japan
Daolong	Yang	10	USA
Hermes	Loh	10	Australia

Captain 4 Year IASAS

#### Coaches

Shane Lawson & Corey Zimmerman

#### AIC

Stephen Kuhlke

## Taipei American School Swim Records

<b>TAS GIRLS SWIM RECORDS</b>			
Event	Time	Date	Name
50 Free	27.20	2019	Shawyuan Hsu
100 Free	58.94	2018	Jessica Wegner
200 Free	2:09.07	2005	Laura Skoda
400 Free	4:31.88	2005	Laura Skoda
800 Free	9:18.65	2005	Laura Skoda
100 Back	1:04.94	2015	Mallorie Hsu
200 Back	2:22.17	2015	Mallorie Hsu
100 Breast	1:16.13	2011	Tove Bjork
200 Breast	2:46.11	2011	Tove Bjork
50 Fly	28.64	2018	Jessica Wegner
100 Fly	1:03.04	2018	Jessica Wegner
200IM	2:28.14	2015	Jessica Wegner
400IM	5:19.36	2014	Mallorie Hsu
400m MR	4:44.83	2015	M.Hsu, K.Wu, J.Wegner, C.Claypool
400m FR	4:12.32	2017	S. Hsu, S. Kuo, N. Hon, J. Wegner
200m FR	1:53.00	2018	Shawyuan Hsu, Sharon Kuo, Natalie Hon, Jessica Wegner

# Taipei American School

## Swim Records

<b>TAS BOYS SWIM RECORDS</b>			
Event	Time	Date	Name
50 Free	24.14	2018	Hironori Kondo
100 Free	52.67	2015	Shawn Lin
200 Free	1:57.85	2015	Shawn Lin
400 Free	4:07.48	2000	Ryan Davis
800 Free	8:42.83	2000	Ryan Davis
100 Back	58.09	2018	Hironori Kondo
200 Back	2:08.03	2017	Hironori Kondo
100 Breast	1:05.52	2019	Jason Lin
200 Breast	2:21.35	2019	Jason Lin
50 Fly	25.78	2016	Shawn Lin
100 Fly	56.73	2015	Shawn Lin
200IM	2:07.36	2016	Shawn Lin
400IM	4:34.25	2015	Shawn Lin
400m MR	4:03.86	2010	W.Cheng, A.Li, V.Bjork, J.Lee
400m FR	3:41.17	2015	C.Wegner, D.Wang, B.Cheang, S.Lin
200m FR	1:40.14	2018	Ethan Dawn, Daolong Yang, Benjamin Wei, Hironori Kondo



# IASAS Swimming Handbook

## I. RULES

### A. Rule Book

FINA Swimming Rules (latest edition):

IASAS Swimming abides by FINA rules.

### B. General Rules:

1. There will be preliminaries and finals in all events except the:

- a. 4 x 50m Freestyle Relay;
- b. 400 m. individual medley;
- c. 800 m. freestyle;
- d. 4 x 100 m. medley relay; and
- e. 4 x 100 m. freestyle relay

For these exceptions there will be timed finals.

2. If, because of the small number of entries, heats are not required, then swimmers will automatically advance to the finals without preliminaries. If this should happen, then that final will be swum as a timed final.

3. In all events "consolations" (7-12) or (9-16) be swim prior to the Finals in the afternoon sessions. ie Event # 1 Consolations followed by Event # 1 Finals.

4. Consolations will be scored according to FINA rules and depending on the facility (6 – 7 – 8 Lane Pools) Score chart appears in Section VI. SCORING. No medals, certificates or ribbons are to be awarded for consolation finals.

5. The 400IM and the 800FR are officially schedule the same: two heats in the morning session and one in the afternoon session.

6. Prelims: Heats of boys and girls in 800FR may be combined (depending on number of entries) in order to save time, up to the meet director's discretion. Must have 1 lane in between in order to separate boys from girls.

## **II. ROSTERS**

Rosters (up to 16 boys) must be submitted two weeks prior to the tournament and include the following information:

- A. Name;
- B. Grade;
- C. Passport nationality;
- D. Birth date;
- E. Uniform number (both light and dark);
- F. Housing preferences.

## **III. ENTRIES**

A. Entries will be limited to four (4) entries per event per school for individual events, and one (1) entry per school per relay.

B. Entry Protocol

1. Entries must be sent to the host school no later than 6pm on the Monday of the IASAS Week.
2. Confirmation of entries will be made by email to each school by 10am on Tuesday.
3. The host school expects any changes by 7pm on Tuesday. No changes to entries can be made after this time.
4. All schools will receive an electronic copy of the psych sheets as soon as confirmation has been received from all schools.

Coaches must submit the names for relay teams, with two alternates and a time, 30 minutes after the conclusion of the morning's events. Times would be used for seeding, but not released by meet management to coaches. Changes to relay entries must be made before the start of the warm-up for the finals session to a designated person and place. Team names and times will be released to all coaches at that time.

## V. SEEDING

Lanes for the preliminary rounds will be seeded according to times submitted and according to F.I.N.A. procedures.

For the finals, swimmers will be assigned lanes according to the times swum in the heats.

## VI. SCORING

The points for the team standing will be as follows:

Scoring chart for events: Finals and Consolations:

Placing	8 Lanes	7 Lanes	6 Lanes
1	18	16	14
2	16	14	12
3	15	13	11
4	14	12	10
5	13	11	9
6	12	10	8
7	11	9	7
8	10	8	5
9	9	6	4
10	7	5	3
11	6	4	2
12	5	3	1
13	4	2	
14	3	1	
15	2		
16	1		



## **VII. DISQUALIFICATION**

A.A copy of the Disqualification Sheet will be given to the coach within 10 minutes after the heat and before the results have been posted. Time will be recorded on the DQ sheet at the time of delivery and a discussion is had with the coach. If a protest is made it must be within 30 minutes of the time recorded on the DQ sheet when delivered to the coach. (04/16)

B.It is recommended that relay starts need dual confirmation for disqualification.

## **VIII. OFFICIALS**

In addition to a Meet Director, the following officials must be provided for both the preliminaries and finals on all three days:

A.One(1) Head Referee,

B.One(1) Starter,

C.One(1) Official Scorekeeper

D.Two (2) stroke and Turn Judges,

E.Three (3) Finish Judges, and

F.Eighteen (18) Timers (if automatic timing is not used)

## **VII. FACILITIES**

A.IASAS swimming championships are to be held in only 25 m. pools

B.In the event that the IASAS Swimming Championships are held in an 8-lane pool, eight swimmers will swim in the finals. The top eight finishers in the final will score points. In a 7-lane pool, seven will swim in the finals and score points. Relays receive double points.

## **VII. SPECIAL EQUIPMENT**

Automatic or semi-automatic timing equipment is preferred.

## **XI. UNIFORMS**

See FINA

## **XII. AWARDS**

A.Championship Team:

1. IASAS Traveling Plaque
2. IASAS Championship Plaque
3. Team Members-Champion Chevrons (13)

Team medals are awarded to overall team tallies: First (Gold), Second (Silver), Third (Bronze)

B.Runner-up:

Team Members-Runner-up Chevrons (13)

C.Record Breaker Patches & Certificates:

1. All individual record breakers
2. All members of record breaker relay teams
3. If a record is tied both record holders will share the title and receive the record breaker patch and certificate.
4. The record holders should be listed in the Meet Records with the year each attained the record

D. FINA Certificate

The FINA High Point Award will be presented to the male and female swimmers who have scored the most points in an individual event.

E. Medals:

1. Individual Place Medals are awarded to the top three finishers in each event and relays are awarded to the top 3 teams.
2. When ties occur in an individual medal event, the medal award for a position will be made based on the number of places above the awardee. e.g. if two tie for first, the next award would be for third place. This will apply to all events.
3. In order to receive a medal the upper body must be covered by a team uniform jacket or shirt.
4. Awards – First place finishers receive a gold medal, second place receive a silver medal and third place receive a bronze medal.

## F. Timing

Awards are to be presented at the completion of the boys and girls races in each event. The 400 individuals medley medals will be presented at the beginning of the Friday afternoon finals. The 400 Medley Relay medals will be presented at the beginning of the Saturday afternoon finals



## WARM-UP TIMES

### Day 1 Morning





8:00 to 8:45	3 schools 2 lanes each
8:45 to 9:30	Remaining 3 schools 2 lanes each
9:30 to 9:50	All schools 1 lane each

### Day 2 & 3 Morning

8:30 to 9:00	3 schools 2 lanes each
9:00 to 9:30	Remaining 3 schools 2 lanes each

### Afternoon Warm-ups All 3 Days:

1. Open warm-up 1 pm to 2:45. In warm-up for finals each team should have their own lane assigned until 2:45pm.
2. There will be a 15 minute warm up before 400IM on day 1; medley relay on day 2; and freestyle relay on day 3.
3. The Meet Director(s) may at their discretion, allow a warm-up after event 16 and event 24.
4. This is a recommended time schedule to serve as a guide only. Internal recovery time is to remain constant. If local conditions and school schedules permit, add an additional half hour to the lunch break.
5. In the event there is not a separate pool for warm-ups or cool-downs, 5-minute cool down and/or warm-up sessions will be built into the schedule after the completion of the boys/girls races in each event.
6. During the five-minute "open-pool" between events, any swimmer may use the pool; this "open-Pool" is not event exclusive.

Boys	FINAL STANDINGS	Girls
	 CHAMPIONS Gold Medalists 	
	 2nd place Silver Medalists 	
	 3rd place Bronze Medalists 	
	4th Place	
	5th Place	
	6th Place	



*Check out all the Season 2 IASAS results for Basketball, Rugby/Touch, Swimming, and Tennis at:*

**[www.iasas.asia](http://www.iasas.asia)**

## SPECIAL RECOGNITION & ACKNOWLEDGEMENTS

It takes a large team to organize and manage an IASAS event(s).

Thank you to everyone that has had a part in supporting this event:

- Beatriz Gonzalez & Joan Badiango – ATAC Office staff
- ISM Parents and Faculty for housing the athletes
- ISM Parent Communtiy Association
- Brandon Hoover: ISM IT Director
- Tim Venhuis & Carl Strycharske: HS IT Support
- ISM BT team/Nadia Hartley: Video/IASAS Bulletin Publication
- ISM Administration: for their on-going support of the Athletics and Activities program
- Site Director: DJ Salonga
- ATAC Boys: Lito, Arnel, Ronald, Rod, Jojo
- Tournament officials from Aquatic Event Organizer
- Bearcat Varsity Council led by Annika Allado/Ursula Roscigno
- ISM Clinic Staff and Clinic Adminstrator Dorothee Binsfeld
- Security Office
- Transportation Office
- ISM Cafeteria Management and Staff
- Tournament T-shirt/ Program cover design by: Phoung Minh Bui/Sam Concepcion




# NOTES:

# FIRST LEVEL

POOL



 - TOILETS

# IASCAS SWIMMING



JANUARY 31 - FEBRUARY 2, 2019  
INTERNATIONAL SCHOOL MANILA

