

JAKARTA INTERCULTURAL SCHOOL

Welcomes
Athletes, Coaches & Spectators
From

INTERNATIONAL SCHOOL BANGKOK
INTERNATIONAL SCHOOL KUALA LUMPUR
INTERNATIONAL SCHOOL MANILA
SINGAPORE AMERICAN SCHOOL
TAIPEI AMERICAN SCHOOL

to the

36th edition of the IASAS SWIMMING CHAMPIONSHIPS

February 1 - 3, 2018
Jakarta, Indonesia

Visit the IASAS website: www.iasas.asia

Spectator Code of Conduct

At JIS we ask that spectators:

- Remember... sport is for personal development and FUN!
- Show individual and team support by making only positive comments.
- Refrain from using negative or abusive language, gestures and/or behaviour.
- Be courteous to opposing teams. Without them there would be no games.
- Show respect for the judgment and integrity of coaches, referees and officials.
- Be gracious in victory, accept defeat with dignity, and show compassion for all participants.
- Acknowledge fields, courts and equipment as the players' domain during games.
- Monitor the safety of children in the bleachers, and keep bleachers clean by using trash bins.

This Spectator Code of Conduct is based on the
Jakarta Intercultural School Core Values:

***Fun – Responsibility – Respect – Perseverance
Compassion – Balance – Integrity***

Selamat Datang IASAS Swimming!

Dear IASAS Swimming participants, coaches and parents

We welcome you as our esteemed guests, on behalf of all the students and staff at JIS, to IASAS Swimming for season 2017-18. As I am sure we would all agree, IASAS Swimming is one of the most exciting and spectator-friendly events on the IASAS Calendar and this year's Meet promises to live up to those lofty expectations. The IASAS swimming teams over the years have earned a healthy reputation as a competitive, yet incredibly supportive group, all united in their love of the water and an energetic spirit of rivalry. All our teams have worked hard through the season and we have come together as individual teams with a common goal in mind – success at IASAS.

IASAS is one of the most highly regarded leagues around the international circuit because of the sportsmanship, respect, camaraderie and skill that each of our teams bring. We hope that you are able to perform at your best, that you are able to make new friendships and that you are able to develop further as young athletes and as ambassadors to your school. But most of all, we hope that you will reflect back on the meet and feel that you have enjoyed every aspect of an IASAS event, both in and out of the pool.

I offer my sincere thanks to Mr. Stockman and his dedicated support team, as well our JIS Facilities crew and Booster Club who do so much behind the scenes. The hard work is done and now it is time to set the wheels in motion!

Best wishes to all teams and coaches.

Steve Clark
High School Principal
Jakarta Intercultural school

I.A.S.A.S RULES & GUIDELINES

Each participant and his/her parent must sign and return this form before traveling or hosting, by so doing they acknowledge that they fully understand and agree to abide by these RULES & GUIDELINES.

PARTICIPANTS

1. *Smoking, drinking alcohol, drug abuse, cheating, deceit, inappropriate sexual behavior (05/06), flagrant curfew violations and violations of the "off-limits" areas as well as aiding and abetting any of the above will not be permitted during any IASAS event. (4/01)*

When a student commits an infraction relating to alcohol, tobacco, drug abuse, cheating, deceit, disrespect, flagrant curfew / "off limits" areas violations, as well as aiding and abetting any of the above, the following shall apply:

i The student may no longer participate in that convention.

ii The student will be sent home at his/her parents' expense if it is feasible to do so.

iii Upon return to school, the following consequences will apply:

- Appropriate counseling will be required.
- The student will be required to spend *all* free periods and breaks (including lunch breaks) in a supervised environment. This consequence will last for 20 school days following the determination of the infraction of the IASAS rule.
- The student must leave campus at the end of the regular school day and may not come to school on weekends/holidays for a period of 40 instructional days. Any exceptions must have administrative approval, ie. additional study, band concert, curricular trips.
- The student will be excluded from co-curricular activities for a period of 40 school days following the determination of the infraction. The student will be excluded from any IASAS season/activity that begins within this 40-day period.
- Consequences related to third sport season infractions may carry over to the following school year in cases of late discovery.
- Revocation of IASAS Awards: Students will be ineligible for any awards pertaining to the activity.
- Other Individual School's Consequences: Depending on the severity and specifics of the infraction, individual IASAS schools may levy other consequences as per their school policy/handbooks, e.g. out-of-school suspension, exclusion from all IASAS events for one year.

iv. For a second offense, the student will automatically be excluded for one calendar year from all IASAS events, including the same convention the following year.

v. If at any time a student is suspended from further competition or involvement in an event, then the only results affected will be those happening after the infraction, and all pre-infraction results will stand.

vi Consequences will be carried over if the student transfers to another IASAS school.

2. *Participants must notify coaches of hosts before leaving tournament/convention sites. Exploration of the local environment will not be permitted without the knowledge and consent of the host parent/guardian.*
3. *Under no circumstances may housing assignments be changed*
4. *All visiting students must return to the host families' house before curfew-as set by the host school. Telephone calls will be made to each student every night to ensure that all students have returned safely and on time. Once a student is in and has answered the curfew call he/she may not leave the house. Note, however, that should an event finishes so late that students have less than one hour to make curfew, the curfew will be extended so that they have at least one hour to make curfew.*
5. *All laws of the host country must be observed. Guidelines are to be provided by host schools as required.*
6. *No disciplinary action will be taken by the Tournament/Convention Director without direct communication with the respective coach/sponsor or trip Administrator.*
7. *The host school will arrange transport to and from the airport as well as the tournament/convention site.*
8. *Any problems arising during the convention should be reported immediately to the host school for corrective measures.*
9. *Student medical release forms will be available at the convention site each day of the event.*
10. *All students must carry their Tournament/Convention Identification Cards with them.*

HOST FAMILIES

1. *All host families will be provided with complete Tournament/Convention details (schedules, curfews, policies, procedures, emergency phone numbers for coaches and important tournament personnel, etc.).*
2. *Host parents/guardians will not offer housing unless one of the parents/guardians is present for the duration of the tournament/convention.*
3. *Hosts are expected to cooperate with Tournament/Convention Director in ensuring student compliance with all IASAS policies relating to participation.*
4. *Any student who shows reluctance to fully comply with the above rules and regulations shall be reported to the Tournament/Convention Director who will report the matter to the student's coach and Administrator in charge with the expectation that action will be taken.*

Tournament Officials

IASAS events cannot happen without the support of our officials. To all players and school officials and spectators please be respectful at all times to our tournament officials. If there are any questions or concerns coaches should direct these via the site directors who will assist to clarify any concerns. Parents/spectators are not to approach officials at any time!

Spirit of IASAS

“IASAS is a prestigious and exemplary organization. What makes our tournaments and conventions special is the quality of character of the players, coaches, organizers and spectators involved in these events. The Spirit of IASAS award is awarded to a member of the IASAS community (individual or team) that exhibits outstanding sportsmanship, courage, spirit or a selfless act during an IASAS convention”

Nomination ballots will be readily available and we encourage participants involved with the tournament to submit a ballot to the site directors of in the ballot boxes located in the athlete rest area. The tournament director and attending AIC's will review ballots on Saturday after the coaches meeting to finalize the award recipients who will be recognized at the closing ceremony.

General Information From the JIS Athletics Office

Visitor IDs and entry to JIS

All IASAS athletes, coaches and visitors will be given a JIS gate/security pass upon entry. Participants must present the gate/security pass to JIS security guards when entering and leaving campus. These passes given to the athletes will be collected at the end of the tournament. The IDs given to visitors is a souvenir and may be kept. Vehicles without JIS stickers are not allowed to drive into JIS. Pedestrian access to the campus is via the Terogong Gate (Gate 1), located on Jalan Terogong Raya No. 33, up the hill from Hotel Kristal. Turn left as you leave the hotel. Should you choose to walk to or from the Kristal Hotel, be alert, keep your valuables secure and carry your handbag away from traffic.

Athletics Office

The High School Athletics Office is located inside the JIS High School Administration Office building, also known as the F-Module. If you have any questions or need assistance, see Mr. Stockman (+62 811 8713 076) or Ibu Natasha (+62812 868 90698).

Team Arrival & Departure Times

FLIGHT INFO	Flight Arrival January 31, 2018		Flight Departure February 4, 2018		Host Family drop-off time February 4, 2017
	School	Code	Arrival Time	Code	
ISB	TG 433	11:55	TG 434	13:05	10:00 AM
ISKL	OD 316	12:35	OD 315	13:15	10:15 AM
ISM	SQ 958	13:15	SQ 953	08:25	5:15 AM
SAS	SQ 958	13:15	SQ 957	11:15	8:00 AM
TAS	BR 237	13:20	BR 238	14:20	11:00 AM

Opening & Closing Ceremonies - Fine Arts Theatre (FAT)

This venue will be used for the Opening and Closing ceremonies of the event. Visiting spectators and parents are welcome and encouraged to join these events.

- The Opening Ceremony will be held on Thursday morning, February 1, at 7:30 AM.
- The Closing Ceremony is scheduled for an approximate 7:15 PM start on Saturday evening, February 3.

Closing Team Dinner

Complimentary food and drinks will be available for coaches and athletes on Saturday evening after the final events. The start time for this dinner is approximately 6:00 PM. The location of the dinner is the school's cafeteria called the Wantilan. Athletes are expected to dress in their IASAS travel attire. Food service in the Wantilan at this time is limited to only the athletes, coaches, and tournament officials.

Coaches/AIC Hospitality Room

Located in MPR 1 of the G-module building. Daily lunch, drinks and snacks, are provided by the JIS Booster Club. IASAS events will be streamed live and in this room access to computers will be available.

Coaches/AIC Transportation

JIS busses will be on standby, and a rotating schedule at the Hotel Kristal and the JIS Terogong Gate pick-up/drop-off area for coaches and AIC use. If a bus is not waiting out in the front of the Kristal Hotel or the JIS Terogong parking lot, please ask hotel staff or JIS transportation staff to call for you. These busses are for the use of Coaches and school AICs. It's requested that parents and spectators do not use these busses, or join the ride to and from the school with the coaches and AICs.

Severe Weather & Lightning Policy

The tournament will be governed by the Severe Weather & Lightning policies of Jakarta Intercultural School.

Medical Information

JIS will have 1 - 2 members of the JIS nursing staff stationed at the playing field for every game. This will be coordinated on the ground by our JIS Health Officer, the head of the JIS Nursing Department. Two ambulances will be on standby for transportation to:

- Rumah Sakit Pondok Indah
- SOS Cipete clinic

Water Bottles

IASAS policy states that all participants should bring their own water bottles. Water fountains are available at the pool as well as throughout JIS campus.

Food & Beverage at JIS

Food & beverage will be available for purchase in the main dining areas of the school and at the Food Vendor area near the pool.

Tournament Results

All results will be updated regularly on the IASAS Swimming website linked through the official IASAS website: www.iasas.asia. You may also download the app on your phone (for a fee) called 'Meet Mobile' to view the results.

T-shirts

Commemorative IASAS Swimming 2018 t-shirts are sold at the school for Rp 200,000.

Internet & Wifi Access

- Username: isguest
- Password: goldendragon

ATM and Banks

Inside JIS, there is an ATM at the Wantilan cafeteria. A Bank and Post Office and another ATM are available in H module at the front of school, beside the Parent Welcome Lounge (see map at the back cover). Outside of JIS, the most conveniently located ATMs are at Hero Supermarket, next to the Kristal Hotel, as well as at the Pondok Indah Mall (PIM).

Hotels near JIS

- [Hotel Kristal](#)
- [Swiss-Belhotel Jakarta Pondok Indah](#)
- [Mercure Jakarta Simaptupang](#)
- [Swiss-Belhotel Jakarta Simpatupang](#)

Important Phone Numbers

Jake Stockman – JIS Athletics Coordinator: +62 811 8713 076

Natasha Soedjono – JIS Athletics Secretary: +62812 868 90698

JIS Nurse: +6221 769 2555 ext 44444

JIS Transport Office: +6221 769 2555 ext 10844

JIS Security: +6221 769 2555 ext 77700

Blue Bird Taxi: +6221 794 1234

Kristal Hotel: +6221 750 7050

International SOS Medical: +6221 750 6001

Pondok Indah Hospital: +6221 765 7525

Local Customs to Keep in Mind

Indonesians dress well, even for just going to the mall. Smart casual is the norm. Dressing modestly is recommended. The left hand can be considered unclean in Indonesian culture and to use it to give or receive items, or to raise it in greeting may be out of place or insulting to the person receiving the gesture. Open displays of anger and displeasure are frowned upon. If you find yourself in a frustrating situation, take a deep breath, smile, excuse yourself (say, “maaf”). Other helpful words and phrases are in the table below:

Please	Silakan
Thank you	Terima Kasih
Yes	Ya
No	Tidak
How are you?	Apa kabar?
Good-bye	Selamat tinggal (you're leaving) Selamat jalan (you're staying)
Have a nice day	Hari baik
Excuse me	Permisi
Sorry	Maaf
Welcome!	Selamat Datang!
Good morning	Selamat pagi
Good evening	Selamat malam
I do not understand	Saya tidak mengerti
It's okay	Tidak apa-apa

Schedule of Events

Coaches and AICs Pre-Tournament Meeting

- Wednesday, January 31
 - 6:00 PM
 - 2nd floor of the Wantilan

Opening Ceremony

- Thursday, February 1
 - 7:30 AM
 - Fine Arts Theatre (FAT)

Coaches and AICs Meeting

- Saturday, February 3

- 12:30 PM
- Coaches' Hospitality Room, MPR 1

IASAS Banquet

- Saturday, February 3
 - 6:15 PM
 - 1st floor of the Wantilan

Closing Ceremony

- Saturday, February 3
 - 7:15 PM
 - Fine Arts Theatre (FAT)

IASAS Swimming Past Champions

	Boys Champions	Girls Champions
1983	SAS	SAS
1984	SAS	SAS
1985	ISM	SAS
1986	JIS	SAS
1987	JIS	ISM
1988	SAS	SAS
1989	JIS	SAS
1990	JIS	SAS
1991	JIS	JIS
1992	JIS	SAS
1993	JIS	JIS
1994	SAS	JIS
1995	SAS	JIS
1996	ISKL	JIS
1997	ISKL/SAS	JIS
1998	SAS	ISKL
1999	SAS	SAS
2000	SAS	SAS
2001	TAS	SAS
2002	SAS	SAS
2003	JIS	SAS
2004	SAS	SAS
2005	SAS	SAS
2006	SAS	SAS
2007	SAS	SAS
2008	SAS	SAS
2009	SAS	SAS
2010	TAS	SAS
2011	ISB	SAS
2012	SAS	ISKL
2013	SAS	SAS
2014	SAS	SAS
2015	SAS	SAS
2016	JIS	SAS
2017	JIS	SAS
2018	?????	?????

IASAS Girls Swim Records

EVENT	MARK	NAME	YEAR	SCHOOL
50m Free	25.98	Sidney Smith	2015	ISB
50m Fly	28.68	Keaton Blovad	2013	ISB
100m Free	56.61	Sidney Smith	2015	ISB
100m Breast	1:11.22	Keaton Blovad	2013	ISB
100m Back	1:01.09	Keaton Blovad	2013	ISB
100m Fly	1:03.53	Ellie Wargo	2016	SAS
200m Free	2:04.43	Nadia Redza	2015	ISKL
200m Breast	2:35.83	Nadia Redza	2014	ISKL
200m Back	2:14.32	Keaton Blovad	2013	ISB
200m IM	2:16.54	Keaton Blovad	2013	ISB
400m Free	4:20.07	Harley Lopez Miro	2016	SAS
400m IM	4:53.40	Nadia Redza	2015	ISKL
800m Free	8:57.78	Nadia Redza	2015	ISKL
200m Free Relay	1:52.38	W.Taylor, C.Taylor,K.De La Hoz, M.Ong	2006	SAS
400m Free Relay	3:59.73	C.Loij, Me Clark, K.Ritchey, H.Lopez Miro	2016	SAS
400m Medley Relay	4:28.65	H. Chuang, H.Ackerman, W.Wargo, Mo Clark	2016	SAS

IASAS Boys Swim Records

EVENT	MARK	NAME	YEAR	SCHOOL
50m Free	23.92	Levar Goossen	2010	ISKL
50m Fly	25:78	Shawn Lin	2016	TAS
100m Free	51.18	Kei Hyogo	2014	SAS
100m Breast	1:04.67	Martin Brekke	2014	ISB
100m Back	57.60	Jan Hagemeister	2014	SAS
100m Fly	57.00	Shawn Lin	2015	TAS
200m Free	1:48.95	Kei Hyogo	2014	SAS
200m Breast	2:17.90	Kei Hyogo	2013	SAS
200m Back	2:07.18	Dias Konysbayev	2017	ISM
200m IM	2:07.36	Shawn Lin	2016	TAS
400m Free	3:50.16	Kei Hyogo	2014	SAS
400m IM	4:19.57	Kei Hyogo	2014	SAS
800m Free	7:55.71	Kei Hyogo	2014	SAS
200m Free Relay	1:38.81	T.Brisson, B. Bordwell, M. Fordney, R. Pavone	2006	SAS
400m Free Relay	3:32.93	K. Hyogo, J. Hagemeister, C. Barnes, T. Hagemeister	2014	SAS
400m Medley Relay	4:00.40	C. Schuster, V. Liu, G. Bunker, Z. Goldwax	2017	SAS

IASAS Swimming Championships 2018: MEDALS PRESENTATION SCHEDULE

Thursday February 1, 2018		
After Event	Award	Presented By
Girls 200m Freestyle	Boys 200m Freestyle Girls 200m Freestyle	TAS ISKL
Girls 100m Breastroke	Boys 100m Breastroke Girls 100m Breastroke	JIS ISM
Girls 50m Butterfly	Boys 50m Butterfly Girls 50m Butterfly	SAS ISB
Girls 100m Backstroke	Boys 100m Backstroke Girls 100m Backstroke	TAS ISKL
Friday February 2, 2018		
After Event	Award	Presented By
Girls 200m Individual Medley	Boys 400m Individual Medley Girls 400m Individual Medley Boys 200m Freestyle Relay Girls 200m Freestyle Relay Boys 200m Individual Medley Girls 200m Individual Medley	JIS ISM SAS ISB TAS ISKL
Girls 800m Freestyle	Boys 800m Freestyle Girls 800m Freestyle	JIS ISM
Girls 200m Breastroke	Boys 200m Breastroke Girls 200m Breastroke	SAS ISB
Saturday February 3, 2018		
After Event	Award	Presented By
Girls 400m Freestyle	Boys 100m Freestyle Girls 100m Freestyle Boys 400m Medley Relay Girls 400m Medley Relay Boys 400m Freestyle Girls 400m Freestyle	TAS ISKL JIS ISM SAS ISB
Girls 100m Butterfly	Boys 100m Butterfly Girls 100m Butterfly	TAS ISKL
Girls 200m Backstroke	Boys 200m Backstroke Girls 200m Backstroke	JIS ISM
Girls 50m Freestyle	Boys 50m Freestyle Girls 50m Freestyle	SAS ISB
At Closing Ceremony	Boys 400m Freestyle Relay Girls 400m Freestyle Relay	AICs

IASAS Swimming Championships 2018: WARM-UP SCHEDULE

Days Dates Times	LANES							
	1	2	3	4	5	6	7	8
Thursday February 1 8 - 8:45 AM		ISB	ISB	ISKL	ISKL	ISM	ISM	
Thursday February 1 8:45 - 9:30 AM		JIS	JIS	SAS	SAS	TAS	TAS	
Thursday February 1 9:30 - 9:50 AM		JIS	SAS	TAS	ISB	ISKL	ISM	
Thursday February 1 1 - 2:45 PM		ISM	ISKL	ISB	TAS	SAS	JIS	
Friday February 2 8 - 8:45 AM		TAS	TAS	JIS	JIS	SAS	SAS	
Friday February 2 8:45 - 9:30 AM		ISM	ISM	ISB	ISB	ISKL	ISKL	
Friday February 2 9:30 - 9:50 AM		ISB	JIS	ISM	TAS	ISKL	SAS	
Friday February 2 1 - 2:45 PM		ISM	ISB	ISKL	JIS	SAS	TAS	
Saturday February 3 8 - 8:45 AM		TAS	TAS	ISB	ISB	JIS	JIS	
Saturday February 3 8:45 - 9:30 AM		ISKL	ISKL	SAS	SAS	ISM	ISM	
Saturday February 3 1 - 2:45 PM		SAS	ISKL	TAS	JIS	ISM	ISB	

IASAS Swimming Championships 2018: SEATING ASSIGNMENTS

Days Dates Times	SECTIONS					
	1	2	3	4	5	6
Thursday February 1 10:00 AM - 12:30 PM Morning Session	ISB	ISKL	ISM	JIS	SAS	TAS
Thursday February 1 3 - 5:30 PM Afternoon Session	ISKL	ISM	JIS	SAS	TAS	ISB
Friday February 2 10:00 AM - 12:30 PM Morning Session	ISM	JIS	SAS	TAS	ISB	ISKL
Friday February 2 3 - 5:30 PM Afternoon Session	JIS	SAS	TAS	ISB	ISKL	ISM
Saturday February 3 10:00 AM - 12:30 PM Morning Session	SAS	TAS	ISB	ISKL	ISM	JIS
Saturday February 3 3 - 5:30 PM Afternoon Session	TAS	ISB	ISKL	ISM	JIS	SAS

International School Bangkok

PANTHERS

Girls Swimming			
First Name	Last Name	Grade	Country
Anette	Bjaerum*#	12	Norway
Imogen	Alexander	11	Australia
Marcelina	Lekawska*	11	Poland
Mary	MacRae	11	USA
Nolie	Giles	10	USA
Claire	Hightower	10	USA
Madison	Mehta	10	USA
Sophie	Nguyen	9	USA
Hannah	Papps	9	USA
Sasin	Thamakaison	9	Thailand

Boys Swimming			
First Name	Last Name	Grade	Country
Thachathum (Touch)	Amornkasemwong#	12	Thailand
Thanadee (Tan)	Amornkasemwong#	12	Thailand
Theerut (Tee)	Amornkasemwong*#	12	Thailand
Thana (Tar Tar)	Jarusinchai*#	12	Thailand
Rachata	Jatabut	12	Thailand
Sirasith (Om)	Samanthai*#	12	Thailand
Tee	Monsereenusorn	11	Thailand
Napat	Sriworakun	11	Thailand
Chanon	Wang*	11	USA
Thomas	Zhu	11	USA
Jamie	Jenviphakul	10	USA
David	Enfinger	9	USA

Captain * 4 Year IASAS #

Head Coach: Corry Day

Assistant Coaches: Akiko Nagimine & Nuk Sirisont

AIC: Justin Alexander

International School Bangkok

Swim Records

ISB GIRLS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	25.98	2015	Sidney Smith
100 Free	56.61	2015	Sidney Smith
200 Free	2:10.41	2017	Claire Hightower
400 Free	4:40.21	2017	Claire Hightower
800 Free	9:53.73	1999	Krista Thomas
100 Back	1:01.09	2013	Keaton Blovad
200 Back	2:14.32	2013	Keaton Blovad
100 Breast	1:11.22	2013	Keaton Blovad
200 Breast	2:50.33	2004	Sarina Hemungkorn
50 Fly	28.68	2013	Keaton Blovad
100 Fly	1:03.74	2011	Jane Rungrotekitsakul
200IM	2:16.54	2013	Keaton Blovad
400IM	5:18.11	2009	Taylor Burke
400m MR	4:41.83	2015	Smith, Sidney; Laidlaw, Maddie; Edison, Abby; Chavalitumrong, Um
400m FR	4:09.92	2015	Smith, Sidney; Edison, Abby; Itinger, Veronica; Chavalitumrong, Um
200m FR	1:52.51	2014	S.Smith,J.Thompson,U.Chavalitumrong,K.Tang
ISB BOYS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	24.60	2017	Tar Tar Jarusinchai
100 Free	53.01	2017	Tar Tar Jarusinchai
200 Free	1:55.80	2016	Tar Tar Jarusinchai
400 Free	4:08.82	2016	Tar Tar Jarusinchai
800 Free	8:42.95	2013	David Schwan
100 Back	1:00.52	2017	Tar Tar Jarusinchai
200 Back	2:11.56	2013	David Schwan
100 Breast	1:04.67	2014	Martin Brekke
200 Breast	2:20.83	2014	Martin Brekke
50 Fly	26.48	2015	Tar Tar Jarusinchai
100 Fly	57.76	2017	Tar Tar Jarusinchai
200IM	2:08.02	2017	Tar Tar Jarusinchai
400IM	4:39.70	2017	Tar Tar Jarusinchai
400m MR	4:03.20	2013	A.Brekke, M.Brekke, J.Batchelor, D.Schwan
400m FR	3:43.16	2016	C.Sawintara, T.Amornkasemwong, W.Chairin, T.Jarusinchai
200m FR	1:42.30	2016	Amornkasemwong, Tee Jenviphakul, Jamie Monsreenusron, Tee Jarusinchai, TarTar

International School of Kuala Lumpur

PANTHERS

Girls Swimming			
First Name	Last Name	Grade	Country
Nur Serena	Ahmad Faizal	12	Malaysia
Virginia Flora	Davis*	12	USA
Hirona	Morihisa*	12	Japan
Anastasia	Marshall	11	United Kingdom
Victoria	Foong	10	Malaysia
Aerin	Shahman	10	Malaysia
Wen Li	Yau	10	Malaysia
Anna	Gelaude	9	USA
Sofia	Grigera Knoop	9	Argentina
Kelly	Irahola Vallejos	9	Bolivia
Francesca	Marshall*	9	United Kingdom
Lieve	Olufsen	9	Norway

Boys Swimming			
First Name	Last Name	Grade	Uniform #
Adrien	Dorleans#	12	France
Charlton	MacDonald-Butler	12	Australia
Ryan	Stocek*#	12	Canada
Nicholas	Bulow	11	USA
Amir	Mohd Azman	11	Malaysia
Max	Rausch*	11	Germany
Samuel	Marriott	10	Canada
Conner	Mi	10	Canada
Brandon	Tran	10	USA
Marcus	Choong	9	Malaysia
Kuba	Golebiewski	9	Poland
Kieran	Tan	9	Malaysia

Captain * 4 Year IASAS

Coaches: Steson Johnson & Brian Candler AIC: Kathryn Kindle

International School of Kuala Lumpur

Swim Records

ISKL GIRLS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	27.92	2010	Sabrinne Gibson
100 Free	59.21	2015	Nadia Redza
200 Free	2:04.43	2015	Nadia Redza
400 Free	4:20.67	2015	Nadia Redza
800 Free	8:57.78	2015	Nadia Redza
100 Back	1:06.46	2010	Sabrinne Gibson
200 Back	2:22.06	2011	Sabrinne Gibson
100 Breast	1:12.08	2016	Nadia Redza
200 Breast	2:35.83	2014	Nadia Redza
50 Fly	30.05	2012	Isabella Scillitani
100 Fly	1:07.05	2017	Nadia Redza
200IM	2:24.29	2016	Nadia Redza
400IM	4:53.40	2015	Nadia Redza
400m MR	4:39.04	2017	N.Redza, ZS See, A.Jobling, V.Michael
400m FR	4:08.45	2015	A.Wilson, N.Redza, A.Jonling, V.Michael
200m FR	1:56.69	2010	S.Gibson, D.Redza, J.Lynn, B.Scillitani
ISKL BOYS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	23.92	2010	Levar Goossen
100 Free	52.61	2010	Levar Goossen
200 Free	2:01.61	2009	Kareem Gibson
400 Free	4:15.71	2010	Kareem Gibson
800 Free	9:08.80	2010	Kareem Gibson
100 Back	1:00.38	2013	Walter Guiscardo/Julian Kurz (2017)
200 Back	2:10.57	2013	Walter Guiscardo
100 Breast	1:08.23	2009	Kareem Gibson
200 Breast	2:37.55	2008	Colin Simmons
50 Fly	26.36	2010	Levar Goossen
100 Fly	1:00.08	2009	Levar Goossen
200IM	2:15.60	2013	Walter Guiscardo
400IM	5:09.64	2013	Charlie Ellison/Enrique Valero Fan (2016)
400m MR	4:22.02	2010	A.Link, K.Gibson, L.Goossen, E.Goossen
400m FR	3:40.53	2010	K.Gibson, A.Link, E.Goossen, L.Goossen
200m FR	1:42.07	2013	K.Davidson, D.Fauzi, W.Guiscardo, J.Coyle

Jakarta Intercultural School

DRAGONS

Girls Swimming			
First Name	Last Name	Grade	Country
Clarissa	Gunadharna	12*#	Indonesia
Riwa	Tamai	12#	Japan
Christabel	Utama	12*#	Indonesia
Tilda	Eklund	11	Sweden
Lauren	Mooneyham	11	USA
Maeve	Englehart	10	USA
Allison	Farial	10	Indonesia
Kalea	Sastra	10	Indonesia
Yuki	Uno	10	Japan
Emily	Washburn	10	USA
Mansi	Topandasani	9	Indonesia
Seungmin	Woo	9	Korea

Boys Swimming			
First Name	Last Name	Grade	Country
John	Bergin*#	12	USA
Rizal	Rowe*#	12	New Zealand
William	Schnieders	11	USA
Nathan	Setiawan	11	Indonesia
Omar	Shaheen	11	Canada
Samuel	Lee	10	USA
Rahil	Ross	10	USA
Andrew	Rowe	10	New Zealand
Kent	Suhadi	10	Indonesia
Joshua	Priosoetanto	9	USA
Ali	Shaheen	9	Canada
Matthew	Wanandi	9	Indonesia

Captain * 4 Year IASAS #

Coaches: Fran Hall, Arif Purbo, and Eddie Meinhold
AIC: Jake Stockman

Jakarta Intercultural School

Swim Records

JIS GIRLS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	27.45	2010	Netta Chalermpanupap
100 Free	1:00.61	2010	Netta Chalermpanupap
200 Free	2:09.52	2006	Natty Chalermpanupap
400 Free	4:34.19	2006	Natty Chalermpanupap
800 Free	9:26.95	2006	Natty Chalermpanupap
100 Back	1:06.04	2017	Veronica A Stureborg
200 Back	2:25.14	2006	Lindsay Borman
100 Breast	1:20.04	2016	Lilli Seubert
200 Breast	2:52.25	2016	Lilli Seubert
50 Fly	29.91	2016	Audree Khalishah
100 Fly	1:07.34	2017	Veronica A Stureborg
200IM	2:26.30	2006	Natty Chalermpanupap
400IM	5:10.72	2006	Natty Chalermpanupap
400m MR	4:42.50	2016	S. Kieft, L. Seubert, V. Stureborg, J. Dharmadji
400m FR	4:15.95	2009	Ne.Chalermpanupap, S.Rice, R.Norwinda, M.Tobias
200m FR	1:58.24	2015	J.Dharmadji, C.Gunadharna, A.Khalishah, S.Kieft
JIS BOYS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	23.92	2016	Arief Rowe
100 Free	52.67	2016	Arief Rowe
200 Free	1:58.01	2014	Jee Oung Hong
400 Free	4:10.44	2006	Ivor Mollema
800 Free	8:48.79	2006	Ivor Mollema
100 Back	1:00.77	2017	Rizal Rowe
200 Back	2:12.37	2012	Jee Oung Hong
100 Breast	1:08.29	2017	Lukas Seubert
200 Breast	2:29.02	2010	Justin Buck
50 Fly	26.52	2017	Ralph Lee
100 Fly	58.32	2015	Jee Oung Hong
200IM	2:15.93	2012	Jee Oung Hong
400IM	4:48.05	2013	Jee Oung Hong
400m MR	4:11.16	2018	R. Rowe, R. Ross, K. Suhadi, J. Bergin
400m FR	3:39.51	2015	JO.Hong, J.Mierzejewski, TH.Lee, A.Rowe
200m FR	1:41.01	2016	F. Ngo, T. Lee, J. Barber, R. Rowe

International School Manila

BEARCATS

Girls Swimming			
First Name	Last Name	Grade	Uniform #
Gabbie	Ellis#	12	Philippines
Andie	Tolhurst#	12	Australia
Natalia	Gonzales*#	12	USA
Maia	Ner	11	Philippines
Jennifer	Van Ratingen	11	Australia
Samantha	Van Ratingen*	11	Australia
Linden	Heffelfinger	11	USA
Enrica	Lim	11	USA
Gabby	Velasco	10	USA
Rowan	Heffelfinger	10	USA
Danielle	Laminta	9	Philippines
Natalie	Gleyze	9	Philippines

Boys Swimming			
First Name	Last Name	Grade	Uniform #
Dias	Konsysbayev*#	12	Kazakhstan
Robbie	Villarica*#	12	USA
Sandro	Gotuaco	11	USA
Hyrum	Liddicoat	11	Australia
David	Zhang	11	USA
Byeong	Lee	11	Korea
Ian	Go	10	Philippines
Mirza	Sarac	10	Bosnia and Herzegovina
Carlo	Chang	10	USA
Aldrin	Aujero	10	Philippines
Jon	Nielsen	10	Denmark
Jacobo	De Leon	9	Canada

Captain * 4 Year IASAS #

Head Coaches: Hazel Benipayo & Holly Chapman
 Assistant Coach: Rod Sun
 AIC: Holly Chapman

International School Manila

Swim Records

ISM GIRLS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	27.77	2005	Cha Inn Moon
100 Free	1:00.22	2005	Cha Inn Moon
200 Free	2:12.66	2015	Enya Zibell
400 Free	4:41.97	2015	Kate Watkins
800 Free	9:44.92	2015	Kate Watkins
100 Back	1:09.49	2017	Gabbie Ellis
200 Back	2:31.21	2015	Kate Watkins
100 Breast	1:18.60	2016	Maia Ner
200 Breast	2:51.37	2016	Maia Ner
50 Fly	30.65	2016	Gabbie Ellis
100 Fly	1:08.02	2017	Gabby Velasco
200IM	2:30.50	2015	Enya Zibell
400IM	5:21.11	2015	Enya Zibell
400m MR	4:44.67	2017	G. Ellis, M. Ner, D. Velasco, J. Van Ratingen
400m FR	4:23.31	2016	S.Van Ratingen, J.Van Ratingen, D.Velasco, M.Ner
200m FR	1:57.87	2017	N.Gonzales, A. Tolhurst, I.Gleyze, S. Van Ratingen
ISM BOYS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	24.44	2016	Dias Konysbayev
100 Free	53.65	2016	Dias Konysbayev
200 Free	1:54.86	2017	Dias Konysbayev
400 Free	4:15.79	2017	Dias Konysbayev
800 Free	8:56.70	2015	Dias Konysbayev
100 Back	59.03	2017	Dias Konysbayev
200 Back	2:07.18	2017	Dias Konysbayev
100 Breast	1:09.85	2014	Daiki Kuriyama
200 Breast	2:30.52	2014	Daiki Kuriyama
50 Fly	26.86	2015	Sturla Blom
100 Fly	59.03	2017	Dias Konysbayev
200IM	2:07.72	2017	Dias Konysbayev
400IM	4:51.81	2017	Dias Konysbayev
400m MR	4:10.73	2015	L.Fiechter, D.Konysbayev, S.Blom, R.Villarica
400m FR	3:44.26	2012	S.An, J.Jang, N.Sison, R.Oo
200m FR	1:44.98	2015	H.Cho, R.Villarica, L.Fiechter, K. Nam

Singapore American School

EAGLES

Girls Swimming			
First Name	Last Name	Grade	Country
Anna	Bierley	11	United States
Olivia	Morris	11	Australia
Alexandra (Lexie)	Walling*	11	United States
Ally	Fukada	10	United States
Ann Hayden	Hirsch*	10	United States
Anne	Schneeberger	10	United States
Lucie	Gray	9	New Zealand
Erika	Hailey	9	United States
Isabelle	Riley	9	United States
Julia	Sharkowicz	9	United States
Isabella (Bella)	Shroff	9	United States
Isabelle (Izi)	Trudel	9	United States

Boys Swimming			
First Name	Last Name	Grade	Country
Michael	Loi*	12	United States
Daniel	Kwon	11	United States
Ernest	Wang	11	United States
Jonathan	Zhu	11	United States
Jim Ming (Jimmy)	Cheng	10	United States
Cooper	Donnalley	10	United States
Collin	Schuster*	10	United States
Ethan	Creed	9	United States
Brian	Kwon	9	United States

Captain * 4 Year IASAS #

Coaches: Aaron Gray & Michael Wahl
AIC: David Schuster

Singapore American School

Swim Records

SAS GIRLS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	27.15	2015	Sydney Brown
100 Free	58.46	2006	Whitney Taylor
200 Free	2:04.87	2016	Harley Lopez Miro
400 Free	4:20.07	2016	Harley Lopez Miro
800 Free	9:09.97	2016	Kaitlyn Ritchey
100 Back	1:03.18	2016	Harley Lopez Miro
200 Back	2:15.07	2016	Harley Lopez Miro
100 Breast	1:15.40	2014	Megan O'Neill
200 Breast	2:46.84	2014	Megan O'Neill
50 Fly	28.65	2017	Olivia Morris
100 Fly	1:03.53	2016	Ellie Wargo
200IM	2:24.76	2016	Hadley Chang Ackerman
400IM	5:06.12	2004	Sara Tan
400m MR	4:28.65	2016	H.Chuang, H.Ackerman, E.Wargo, M. Clark
400m FR	3:59.73	2016	C.Loij, M.Clark, K.Ritchey, H.Miro
200m FR	1:49.46	2015	S.Erdamar, H.Lopez Miro, K.Ritchey, S.Brown
SAS BOYS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	23.91	2017	Collin Schuster
100 Free	51.18	2014	Kei Hyogo
200 Free	1:48.95	2014	Kei Hyogo
400 Free	3:50.16	2014	Kei Hyogo
800 Free	7:55.71	2014	Kei Hyogo
100 Back	57.54	2014	Collin Schuster
200 Back	2:07.64	2015	Kenny Liu
100 Breast	1:04.76	2012	Kei Hyogo
200 Breast	2:17.90	2013	Kei Hyogo
50 Fly	25.79	2013	Kei Hyogo
100 Fly	55.94	2013	Kei Hyogo
200IM	2:04.74	2013	Kei Hyogo
400IM	4:19.57	2014	Kei Hyogo
400m MR	4:00.40	2017	C. Schuster, V. Liu, G. Bunker, Z. Goldwax
400m FR	3:32.93	2014	K.Hyogo, C.Barnes, J.Hagemeister, T.Hagemeister
200m FR	1:38.81	2006	T.Brisson, B.Bordwell, M.Fordney, R.Pavone

Taipei American School

TIGERS

Girls Swimming			
First Name	Last Name	Grade	Country
Natalie	Hon*#	12	USA
Sharon	Kuo	11	USA
Trinity	Chang	12	USA
Nakiah	Pannell	10	USA
Nicole	Chang*	12	USA
Shawyuan	Hsu	11	USA
Vivian	Chien	12	Australia
Alexis	Chang	9	USA
Siobhan	Hsu	9	USA
Cybill	Lee	9	Australia
Jessica	Wegner*#	12	USA
Jade	Wong	10	USA

Boys Swimming			
First Name	Last Name	Grade	Country
Jack	Chen#	12	USA
Nicholas	Lin	12	USA
Daolong	Yang	9	USA
Ethan	Dawn	9	USA
Hironori	Kondo	9	Japan
Jason	Lin	9	USA
David	Wang*	11	USA
Lucent	Lin	11	USA
Justin	Wu*	11	USA
Ethan	Wu	11	USA
Benjamin	Wei	11	USA
Jason	Weng	11	USA

Captain * 4 Year IASAS #

Coaches: Corey Zimmerman & Stephen Kuhlke
AIC: Sarah Zimmerman

Taipei American School

Swim Record

TAS GIRLS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	27.70	2015	Mallorie Hsu
100 Free	59.25	2017	Jessica Wegner
200 Free	2:09.07	2005	Laura Skoda
400 Free	4:31.88	2005	Laura Skoda
800 Free	9:18.65	2005	Laura Skoda
100 Back	1:04.94	2015	Mallorie Hsu
200 Back	2:22.17	2015	Mallorie Hsu
100 Breast	1:16.13	2011	Tove Bjork
200 Breast	2:46.11	2011	Tove Bjork
50 Fly	28.98	2017	Jessica Wegner
100 Fly	1:04.36	2017	Jessica Wegner
200IM	2:28.14	2015	Jessica Wegner
400IM	5:19.36	2014	Mallorie Hsu
400m MR	4:44.83	2015	M.Hsu, K.Wu, J.Wegner, C.Claypool
400m FR	4:12.32	2017	S. Hsu, S. Kuo, N. Hon, J. Wegner
200m FR	1:55.17	2015	J.Wegner, J.Chen, C.Claypool, M.Hsu
TAS BOYS SWIM RECORDS			
EVENT	TIME	DATE	NAME
50 Free	24.30	2016	Shawn Lin
100 Free	52.67	2015	Shawn Lin
200 Free	1:57.85	2015	Shawn Lin
400 Free	4:07.48	2000	Ryan Davis
800 Free	8:42.83	2000	Ryan Davis
100 Back	58.86	2011	Shawn Lin
200 Back	2:08.03	2017	Hironori Kondo
100 Breast	1:05.81	2016	Carl Wegner
200 Breast	2:25.80	2016	Carl Wegner
50 Fly	25.78	2016	Shawn Lin
100 Fly	56.73	2015	Shawn Lin
200IM	2:07.36	2016	Shawn Lin
400IM	4:34.25	2015	Shawn Lin
400m MR	4:03.86	2010	W.Cheng, A.Li, V.Bjork, J.Lee
400m FR	3:41.17	2015	C.Wegner, D.Wang, B.Cheang, S.Lin
200m FR	1:40.43	2015	B.Cheang, D.Wang, C. Wegner, S.Lin

IASAS Swimming Handbook

I. RULES

A. Rule Book:

FINA Swimming Rules (latest edition):
IASAS Swimming abides by FINA rules.

B. General Rules:

1. There will be preliminaries and finals in all events except the:
 - a. 4 x 50m Freestyle Relay;
 - b. 400 m. individual medley;
 - c. 800 m. freestyle;
 - d. 4 x 100 m. medley relay; and
 - e. 4 x 100 m. freestyle relayFor these exceptions there will be timed finals.
2. If, because of the small number of entries, heats are not required, then swimmers will automatically advance to the finals without preliminaries. If this should happen, then that final will be swum as a timed final.
3. In all events "consolations" (7-12) **or** (9-16) be swim prior to the Finals in the afternoon sessions. ie Event # 1 Consolations followed by Event # 1 Finals.
4. Consolations will be scored according to FINA rules and depending on the facility (6 – 7 – 8 Lane Pools) Score chart appears in Section VI. SCORING. No medals, certificates or ribbons are to be awarded for consolation finals.
5. For timed finals: 400IM top two heats during the finals and 800FR top heat in the afternoon and all the other heats are raced in the morning.
6. Prelims: Heats of boys and girls in 800FR may be combined (depending on number of entries) in order to save time, up to the meet director's discretion. **Must** have 1 lane in between in order to separate boys from girls.

II. ROSTERS

Rosters (up to 12 boys and 12 girls) must be submitted two weeks prior to the tournament and include the following information:

- A. Name:
- B. Grade:
- C. Passport nationality:
- D. Birth date: and
- E. Housing preferences

III. ENTRIES

- A. Entries will be limited to four (4) entries per event per school for individual events, and one (1) entry per school per relay.
- B. Entry Protocol
 - 1) Entries must be sent to the host school no later than 6pm on the Monday of the IASAS Week.
 - 2) Confirmation of entries will be made by email to each school by 10am on Tuesday.
 - 3) The host school expects any changes by 7pm on Tuesday. No changes to entries can be made after this time.
 - 4) All schools will receive an electronic copy of the psych sheets as soon as confirmation has been received from all schools.
- C. No entries will be entered as a "no time-NT."

- D. Coaches must submit the names for relay teams, with two alternates and a time, 30 minutes after the conclusion of the morning's events. Times would be used for seeding, but not released by meet management to coaches. Changes to relay entries must be made before the start of the warm-up for the finals session to a designated person and place. Team names and times will be released to all coaches at that time.

IV. SCRATCHES

If a swimmer scratches from any event, he/she may not swim in any event for the rest of the day. No penalty shall apply for withdrawal or failure to compete in an individual event if it is determined by the Meet Director that the failure to compete is caused by 'circumstances beyond control of the swimmer' or in the event of illness or injury.

V. SEEDING

- A. Lanes for the preliminary rounds will be seeded according to times submitted and according to F.I.N.A. procedures.

For the finals, swimmers will be assigned lanes according to the times swum in the heats.

VI. SCORING

The points for the team standing will be as follows:

Scoring chart for events: Finals and Consolations:

Placing	8 Lanes	7 Lanes	6 Lanes
1	18	16	14
2	16	14	12
3	15	13	11
4	14	12	10
5	13	11	9
6	12	10	8
7	11	9	7
8	10	8	5
9	9	6	4
10	7	5	3
11	6	4	2
12	5	3	1
13	4	2	
14	3	1	
15	2		
16	1		

VII. DISQUALIFICATION

- A. The athlete and coach must be notified of the disqualification with a full explanation immediately after he/she finishes the event. A copy of the Disqualification Sheet will be given to the coach within 10 minutes after the heat and before the results have been posted. Time will be recorded on the DQ sheet at the time of delivery and a discussion is had with the coach. If a protest is made it must be within 30 minutes of the time recorded on the DQ sheet when delivered to the coach. (04/16)
- B. It is recommended that relay starts need dual confirmation for disqualification.

VIII. OFFICIALS

In addition to a Meet Director, the following officials must be provided for both the preliminaries and finals on all three days:

- A. One (1) Head Referee,
- B. One (1) Starter,
- C. One (1) Official Scorekeeper,
- D. Two (2) stroke and Turn Judges,
- E. Three (3) Finish Judges, and
- F. Eighteen (18) Timers (if automatic timing is not used)

IX. FACILITIES

- A. IASAS swimming championships are to be held in only 25 m. pools
- B. In the event that the IASAS Swimming Championships are held in an 8-lane pool, eight swimmers will swim in the finals. The top eight finishers in the final will score points. In a 7-lane pool, seven will swim in the finals and score points. Relays receive double points.

X. SPECIAL EQUIPMENT

Automatic or semi-automatic timing equipment is preferred.

XI. UNIFORMS

See FINA

XII AWARDS

A. Championship Team:

- 1 IASAS Traveling Plaque
- 2 IASAS Championship Plaque
- 3 Team Members-Champion Chevrons (13)

Team medals are awarded to overall team tallies: First (Gold), Second (Silver), Third (Bronze)

B. Runner-up:

Team Members-Runner-up Chevrons (13)

C. Record Breaker Patches & Certificates:

- 1 All individual record breakers
- 2 All members of record breaker relay teams
- 3 If a record is tied both record holders will share the title and receive the record breaker patch and certificate.
- 4 The record holders should be listed in the Meet Records with the year each attained the record

D. FINA Certificate

The FINA High Point Award will be presented to the male and female swimmers who have scored the most points in an individual event.

E. Medals:

- 1. Individual Place Medals are awarded to the top three finishers in each event and relays are awarded to the top 3 teams.

2. When ties occur in an individual medal event, the medal award for a position will be made based on the number of places above the awardee. e.g. if two tie for first, the next award would be for third place. This will apply to all events.
3. In order to receive a medal the upper body must be covered by a team uniform jacket or shirt.
4. Awards – First place finishers receive a gold medal, second place receive a silver medal and third place receive a bronze medal.

E. Timing

Awards are to be presented at the completion of the boys and girls races in each event. The 400 individuals medley medals will be presented at the beginning of the Friday afternoon finals. The 400 Medley Relay medals will be presented at the beginning of the Saturday afternoon finals.

WARM-UP TIMES

Day 1 Morning

- 8:00 to 3 schools 2 lanes each
- 8:45
- 8:45 to Remaining 3 schools 2 lanes each
- 9:30
- 9:30 to All schools 1 lane each
- 9:50

Days 2 & 3 Morning

- 8:30 to 3 schools 2 lanes each
- 9:00
- 9:00 to Remaining schools 3 schools 2 lanes each
- 9:30

Afternoon Warm-ups All 3 Days:

- 1 Open warm-up 1 pm to 2:45. In warm-up for finals each team should have their own lane assigned until 2:45pm.
- 2 There will be a 15 minute warm up before 400IM on day 1; medley relay on day 2; and freestyle relay on day 3.
- 3 The Meet Director(s) may at their discretion, allow a warm-up after event 16 and event 24.
- 4 This is a recommended time schedule to serve as a guide only. Internal recovery time is to remain constant. If local conditions and school schedules permit, add an additional half hour to the lunch break.
- 5 In the event there is not a separate pool for warm-ups or cool-downs, 5-minute cool down and/or warm-up sessions will be built into the schedule after the completion of the boys/girls races in each event.
- 6 During the five-minute “open-pool” between events, any swimmer may use the pool; this “open-Pool” is not event exclusive.

IASAS SWIMMING CHAMPIONSHIPS

Heats are swum from 10:00a.m Finals are swum from 3:00p.m

*400M and 800 Fr will be swum as a straight final with only the fastest heat being swum in the finals session

Day One			
Event #	Event	Stroke	Gender
1	200m	Freestyle	Boys
2	200m	Freestyle	Girls
		5 minute Cool down	
3	100m	Breaststroke	Boys
4	100m	Breaststroke	Girls
		5 minute Cool down	Awards Events 1 & 2
5	50m	Butterfly	Boys
6	50m	Butterfly	Girls
		5 minute Cool down	Awards Events 3 & 4
7	100m	Backstroke	Boys
8	100m	Backstroke	Girls
		5 minute Cool down	Awards Events 5 & 6
9	400m	Individual Medley	Boys
10	400m	Individual Medley	Girls
		15 minute warm up time	Awards Events 7 & 8
11	Relay	4x50m Freestyle Relay	Boys
12	Relay	4x50m Freestyle Relay	Girls

Day Two			
Event #	Event	Stroke	Gender
13	200m	Individual Medley	Boys
14	200m	Individual Medley	Girls
		5 minute Cool down	Awards Events 9-12
15	800m	Freestyle	Boys*
16	800m	Freestyle	Girls*
		5 minute Cool down	Awards Events 13 & 14
17	200m	Breaststroke	Boys
18	200m	Breaststroke	Girls
		5 minute Cool down	Awards Events 15 & 16
19	100m	Freestyle	Boys
20	100m	Freestyle	Girls
		15 minute warm-up time	Awards Events 17 & 18
21	Relay	4x100m Medley Relay	Boys
22	Relay	4x100m Medley Relay	Girls

Day Three			
Event #	Event	Stroke	Gender
23	400m	Freestyle	Boys
24	400m	Freestyle	Girls
		5 minute Cool down	Awards Events 19-22
25	100m	Butterfly	Boys
26	100m	Butterfly	Girls
		5 minute Cool down	Awards Events 23 & 24
27	200m	Backstroke	Boys
28	200m	Backstroke	Girls
		5 minute Cool down	Awards Events 25 & 26
29	50m	Freestyle	Boys
30	50m	Freestyle	Girls
		15 minute warm-up time	Awards Events 27 & 28
31	Relay	4x100m Freestyle Relay	Boys
32	Relay	4x100m Freestyle Relay	Girls
			Awards Events 29 & 32

Boys	Final Standings	Girls
	CHAMPIONS Gold Medalists	
	2nd place Silver Medalists	
	3rd place Bronze Medalists	
	4th place	
	5th place	
	6th place	

*Check out all the Season 2 IASAS results for
Basketball, Rugby/Touch, Swimming, and Tennis at:*

www.iasas.asia

Special Recognition & Acknowledgements

It takes the help of so many wonderful groups of people to organize and manage an IASAS event. Special recognition for their efforts go to:

- Ibu Natasha Soedjono – for her amazing dedication and support as the HS Athletics Secretary, and unrelenting patience as she works daily with the JIS HS Athletics Coordinator.
- The JIS Booster Club for their enthusiasm and vision as they support JIS hosted IASAS events.
- The JIS Facilities Dept., for the vision, patience, and tireless efforts to create the look and feel of all venues associated with IASAS Swimming 2018.
- Student website gurus, Anish Tiwari & Kritin Dhoka, and all JIS Tech. Dept. staff that helped to develop the website and handled our tech needs.
- Pak Donny in the JIS Communications Dept. for his talents as a graphics designer for all the images and posters associated with this IASAS event.
- Pak Abdus for his work in providing banners, t-shirts, and all the other stuff that often gets overlooked – this guy can get anything done!
- The JIS Transportation Office for managing all transportation needs.
- All student photographers and Student Ambassadors that are helpful resources in many areas during IASAS events.
- The JIS Health Dept. for supplying all nurses and taking care of our medical needs.

And last, but certainly not least, all of the JIS host families that graciously opened their homes to welcome visiting IASAS athletes for the IASAS Swimming Championships 2018 – their generous hospitality makes wonderful events like this possible!