



**TRACK & FIELD**

**IASAS**

**ISB JIS ISKL ISM SAS TAS  
JAKARTA 10-12 APRIL 2014**



# Jakarta International School

**Welcomes  
Athletes, Coaches & Spectators  
From**

INTERNATIONAL SCHOOL BANGKOK  
INTERNATIONAL SCHOOL KUALA LUMPUR  
INTERNATIONAL SCHOOL MANILA  
SINGAPORE AMERICAN SCHOOL  
TAIPEI AMERICAN SCHOOL

**To the 32<sup>nd</sup> Annual  
IASAS Track & Field  
Championships**

**April 10-12, 2014  
Jakarta, Indonesia**

**Visit the IASAS website: [www.iasas.asia](http://www.iasas.asia)**

# From the JIS High School Principal

Dear IASAS Track & Field Competitors, Coaches, AICs and Parents,

A very sincere welcome from Jakarta International School to you all. After weeks of training and preparation, the time has come to test your skills, speed, strength and endurance against your IASAS rivals.

We last hosted IASAS Track & Field in 2009 and we are thrilled that such a large and exciting event is finally returning to our school. With new and upgraded facilities, it promises to be an event to remember!

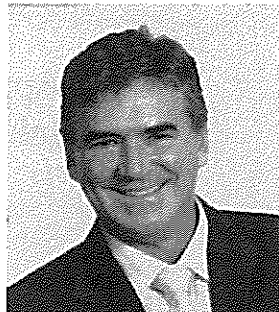
During your time with us, we stand at the ready to serve you in any way possible. During the next few days, our campus is your campus, so please avail yourselves of all that we have to offer.

My sincere thanks go out to all people who have helped bring this tournament to fruition, in particular, Mr. Nevin Odden, our Athletics Coordinator, JIS Facilities Department, the Booster Club and all JIS parents who have opened their doors to house our visiting athletes. Your efforts and support are truly appreciated.

I hope you all enjoy the tournament immensely, for the competition, the fun, the camaraderie, the inspiring moments of courage and determination and the chance to simply be a part of such a great experience in true IASAS spirit. To all our Seniors who are competing in their final IASAS event, our congratulations and thanks go out to all of you!

Best of luck to all competitors,

Steve Clark  
High School Principal  
Jakarta International School



# General Information From the JIS Athletics Office

## Arrival/Departure Times:

Wednesday, April 9

ISB arrives TG 433 11:35pm, host pick up 2:30pm

ISM arrives PR 539 12:10pm, host pick up 3:15pm

TAS arrives BR 237 1:10pm, host pick up 4:00pm

SAS arrives GA 829 1:15pm, host pick up 4:15pm

ISKL arrives MH 721 2:55pm, host pick up 6:00pm

Sunday, April 13

SAS host drop off 8:00am, depart GA 828 11:30am

ISB host drop off 9:00am, depart TG 434 12:35am

ISM host drop-off 10:00am, depart PR 540 1:40pm

TAS host drop off 10:30am depart BR 238 2:15pm

ISKL host drop-off 12:15pm, depart MH 7203:45pm

**Athletes Rest Area:** Located in the Wantilan Cafeteria, HS Library, and Wantilan 3. These public facilities will be the competitors' rest area throughout the Meet. Please DO NOT leave valuables unattended.

**Athletics Office:** Located inside the JIS High School Office. If you have any questions or need assistance, see Mr. Odden, the HS Athletics Coordinator (+62 81 58197300 cell) or IbuNatasha Soedjono, the HS Athletics Secretary (+62 81 286890698 cell).

**Closing Awards Ceremony & Team Dinner:** Complimentary food and drinks will be available for coaches & athletes on Saturday evening starting from 5:30 in the Wantilan 3 cafeteria. The awards ceremony is scheduled for 7:00pm in the High School Gym. Athletes are expected to dress in IASAS travel attire.

**Coaches/AIC Hospitality Room:** Located at the P Module, room P3. There you can enjoy lunch, drinks and snacks, all provided by the Booster Club. IASAS events will be streamed live and you'll have access to computers. The Hospitality Room is open Thursday & Friday 8:00am to 6:00pm, and Saturday 7:30am to 2:00pm.

**Coaches/AIC Transport:** JIS buses will be on standby from 6am to 9pm for coaches & AIC use. If a bus is not waiting out in the front of the Kristal Hotel or the JIS Terogong Raya parking lot, please ask hotel staff or JIS transportation staff to call for you. The JIS Transport Office Number: 021 769 2555 ext 10844.

**Coaches/AIC Meeting:** The welcoming Coaches/AIC dinner will be held in the Coaches/AIC Hospitality Room located at the P Module, room P3, on Wednesday evening, 7:00pm. There will also be a coaches' debrief held in the Coaches/AIC Hospitality Room during day 3 on Saturday, roughly 1:00-2:30pm.

**Food:** Food can be found throughout our JIS campus at the Booster Hut, the HS Student Store, the Wantilan Cafeteria, the Vive Café, the MS D'Toko, and local vendors located outside our HS Gym.

**Gate Pass:** All IASAS athletes, coaches & visitors will be given a JIS gate/security pass upon entry. Participants must present the gate/security pass to JIS security guards when entering & leaving campus. These will be collected at the Meet's end.

## Important Phone Numbers:

- Nevin Odden, JIS High School Athletics Coordinator +62 81 58197300
- Natasha Soedjono, JIS High School Athletics Secretary + 6281 286890698
- JIS Nurse 021 769 2555 ext 44444

- JIS Security 021 769 2555 ext77700
- Blue Bird Taxi 021 794 1234
- Kristal Hotel 021 750 7050
- International SOS Medical 021 750 6001
- Pondok Indah Hospital 021 769 6001

**Internet Access for Guests:** Computers for athletes are located in the HS Library. If you have your own laptop and need help setting this up, you can visit our Help Desk in the Wantilan cafeteria.

Network Name: @JIS

Username: iasas

Password: iasas2014

**Locker Room:** There are various locker rooms available for athletes throughout the HS & MS Gyms. Please provide your own towel & shampoo for showers. Please DO NOT leave any bags or valuables in the locker room.

#### **Medical:**

1. In case of injury or illness, whether before, during or after the competitions, the school nurse or Meet organizer should be notified. The nurse will be located at the nurses' station at Field 1 and outside the HS gym, and at the Nurses Hut located next to the HS Office.
2. Any injured athlete should not leave campus for any medical care without first consulting the Meet organizer and nurse on duty.
3. The school nurses are permitted to issue students only non-prescription medication.
4. In case of an injury or illness off-campus resulting in need of assistance, students should call NevinOdden, the JIS Athletic Coordinator +62 81 58197300 and their host families.
5. In case of emergency, there will be an ambulance available at the campus all 3 days of the competition.

**Opening Ceremony:** Begins Day 1, April 10, at Field 1 starting at 8:30am.

**Photo Schedule:** Track & Field photos will be taken at Field 1 following the Opening Ceremony, 8:45am...TAS boys &TAS girls first, then all remaining SAS, ISM, ISKL, ISB & JIS teams.

**Results:** All results will be posted on bulletin boards at the Field 1 tower and updated regularly on the IASAS website:[www.iasas.asia/](http://www.iasas.asia/) (look for the Track & Field link under the 3<sup>rd</sup> Season tab).

**T-Shirt:** IASAS t-shirts are available(Rp100,000 each) at the Booster Concession Stand in the MS Gym's upper court. Only athletes and coaches may purchase t-shirts on Thursday; t-shirts will be made available to the public from Friday onward. IASAS water bottles, stadium cushions, towels and other merchandise will also available at the Booster Concession Stand.

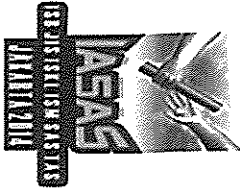
**Water Bottles:** IASAS policy states that all participants should bring their own water bottles. Water coolers are available at Field 1 as well as throughout the JIS campus.

# IASAS Track & Field/Meet Timeline

| <b>Wednesday, 9 April</b>     |                                                            |
|-------------------------------|------------------------------------------------------------|
| 14:15 Orientation<br>H Module | ISB arrives <i>TG 433 11:55</i> , host pick up 14:30       |
| 15:00 Orientation<br>H Module | ISM arrives <i>PR 539 12:10</i> , host pick up 15:15       |
| 16:00 Orientation<br>H Module | TAS arrives <i>BR 237</i> at 13:10, host pick up 16:00     |
| 16:15 Orientation<br>H Module | SAS arrives <i>GA 829 13:15</i> , host pick up 16:15       |
| 17:45 Orientation<br>H Module | ISKL arrives <i>MH 721 14:55</i> , host pick up 18:00      |
| 19:00                         | Coaches dinner & meeting in P2                             |
| <b>Thursday, 10 April</b>     |                                                            |
| 07:30                         | Session 1 Starts                                           |
| 08:30                         | Opening Ceremony                                           |
| 08:45                         | Team photos HS Gym (ISB, ISKL, ISM, JIS, SAS, TAS)         |
| 11:15                         | Lunch on own in Wantilan cafeteria or with on-site vendors |
| 15:00                         | Session 2 Starts                                           |
| 17:45                         | Host family pick up                                        |
| <b>Friday, 11 April</b>       |                                                            |
| 09:00                         | Session 3 Starts                                           |
| 11:45                         | Lunch on own in Wantilan cafeteria or with on-site vendors |
| 15:00                         | Session 4 starts                                           |
| 17:45                         | Host family pick up                                        |
| <b>Saturday, 12 April</b>     |                                                            |
| 09:00                         | Session 5 Starts                                           |
| 11:45                         | Lunch on own in Wantilan cafeteria or with on-site vendors |
| 13:00                         | Coaches lunch & meeting P2                                 |
| 15:00                         | Session 6 starts                                           |
| 17:45                         | Team dinner in Wantilan 3                                  |
| 19:00                         | Awards Ceremony in HS Gym                                  |
| 20:00                         | Host family pick-up                                        |
| <b>Sunday, 13 April</b>       |                                                            |
| 08:00 TR Parking Lot          | SAS host drop off 08:00 depart GA 828 at 11:30             |
| 09:00 TR Parking Lot          | ISB host drop-off 09:00, depart TG 434 13:05               |
| 09:30 TR Parking Lot          | ISM host drop off 10:00, depart PR 540 13:40               |
| 10:30 TR Parking Lot          | TAS host drop off 10:30am, depart BR 238 14:15             |
| 12:15 TR Parking Lot          | ISKL host drop-off 12:15, depart MH 720 15:45              |



LOCATION MAP CILANDAK CAMPUS

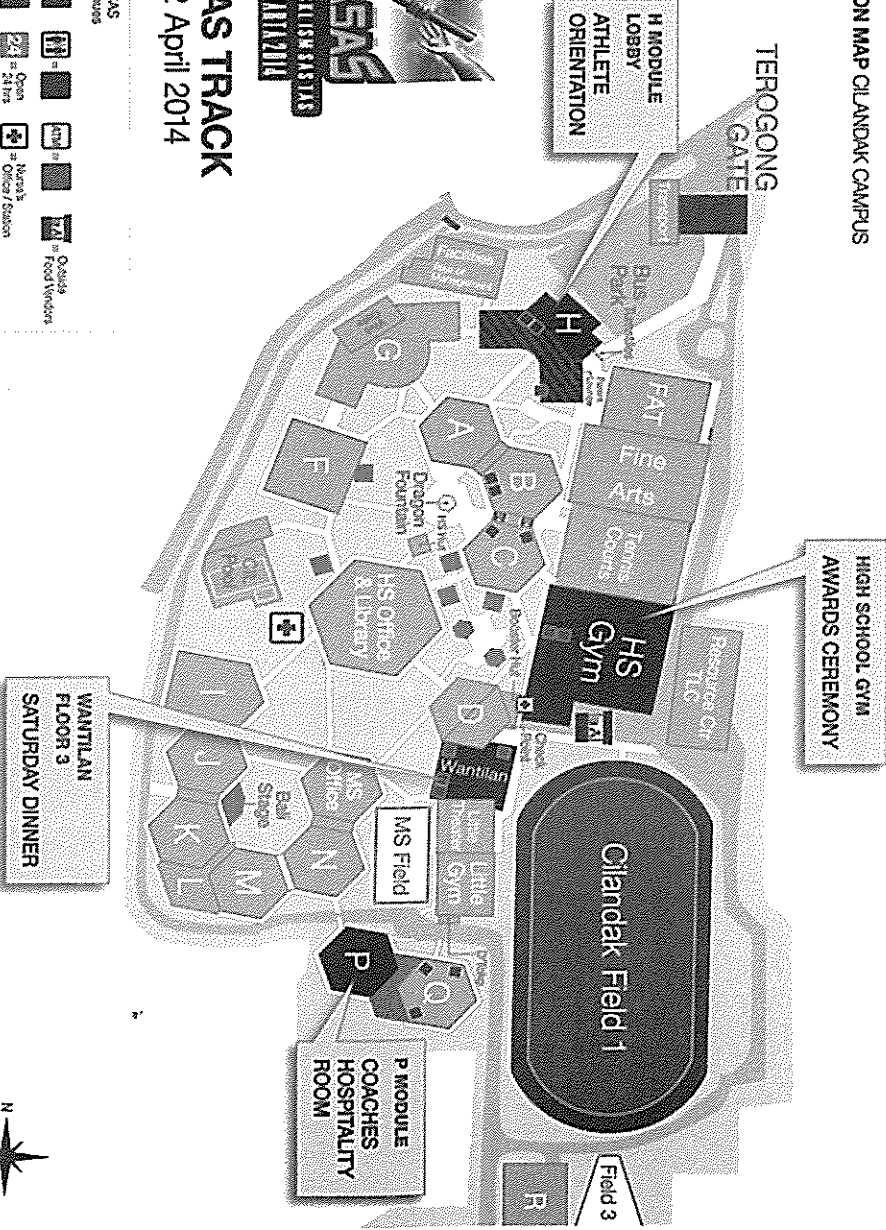


**IASAS TRACK**  
10-12 April 2014

Legend for map symbols:

- IASAS Venue (dark grey square)
- Open 24 hrs (circle with '24')
- Open 24 hrs (circle with '24' and 'Open')
- Market (circle with 'M')
- Office / Station (circle with 'O')
- Queue (circle with 'Q')
- Food Vendors (circle with 'F')

ONLY GROUND FLOOR TICKETS APPEAR ON THIS MAP





# IASAS Track & Field Schedule

## IASAS TRACK AND FIELD DULE

### Session: 1 IASAS Track Thursday April 10

| Event Time | Event # | Event                   |         |
|------------|---------|-------------------------|---------|
| 7:30 AM    | #1      | Boys 3000 Meter Run     | Finals  |
| 8:00 AM    | #2      | Girls 3000 Meter Run    | Finals  |
| 9:00 AM    | #3      | Boys Triple Jump        | Finals  |
| 9:00 AM    | #4      | Girls Javelin           | Finals  |
| 9:30 AM    | #5      | Boys 100 Meter Dash     | Prelims |
| 10:00 AM   | #6      | Girls 100 Meter Dash    | Prelims |
| 10:30 AM   | #7      | Boys 400 Meter Hurdles  | Prelims |
| 11:00 AM   | #8      | Girls 400 Meter Hurdles | Prelims |

### Session: 2 IASAS Track Thursday April 10

| Event Time | Event # | Event                   |         |
|------------|---------|-------------------------|---------|
| 3:00 PM    | #9      | Boys 200 Meter Dash     | Prelims |
| 3:00 PM    | #10     | Girls High Jump         | Finals  |
| 3:30 PM    | #11     | Girls 200 Meter Dash    | Prelims |
| 3:30 PM    | #12     | Boys Shot Put           | Finals  |
| 4:00 PM    | #13     | Boys 4x800 Meter Relay  | Finals  |
| 4:30 PM    | #14     | Girls 4x800 Meter Relay | Finals  |
| 5:00 PM    | #15     | Boys 4x100 Meter Relay  | Finals  |
| 5:30 PM    | #16     | Girls 4x100 Meter Relay | Finals  |

### Session: 3 IASAS Track Friday April 11

| Event Time | Event # | Event                   |         |
|------------|---------|-------------------------|---------|
| 9:00 AM    | #17     | Boys 110 Meter Hurdles  | Prelims |
| 9:00 AM    | #18     | Girls Discus            | Finals  |
| 9:30 AM    | #19     | Girls 100 Meter Hurdles | Prelims |
| 9:30 AM    | #20     | Boys Long Jump          | Finals  |
| 10:00 AM   | #21     | Boys 400 Meter Dash     | Prelims |
| 10:30 AM   | #22     | Girls 400 Meter Dash    | Prelims |
| 11:00 AM   | #9      | Boys 200 Meter Dash     | Finals  |
| 11:30 AM   | #11     | Girls 200 Meter Dash    | Finals  |

### Session: 4 IASAS Track Friday April 11

| Event Time | Event # | Event                    |        |
|------------|---------|--------------------------|--------|
| 3:00 PM    | #7      | Boys 400 Meter Hurdles   | Finals |
| 3:00 PM    | #23     | Girls Triple Jump        | Finals |
| 3:30 PM    | #8      | Girls 400 Meter Hurdles  | Finals |
| 3:30 PM    | #24     | Boys Discus              | Finals |
| 4:00 PM    | #25     | Boys 800 Meter Run       | Finals |
| 4:30 PM    | #26     | Girls 800 Meter Run      | Finals |
| 5:00 PM    | #27     | Boys 1800 Sprint Medley  | Finals |
| 5:30 PM    | #28     | Girls 1800 Sprint Medley | Finals |

### Session: 5 IASAS Track Saturday April 12

| Event Time | Event # | Event                   |        |
|------------|---------|-------------------------|--------|
| 9:00 AM    | #17     | Boys 110 Meter Hurdles  | Finals |
| 9:00 AM    | #29     | Boys High Jump          | Finals |
| 9:00 AM    | #30     | Girls Shot              | Finals |
| 9:30 AM    | #19     | Girls 100 Meter Hurdles | Finals |
| 9:30 AM    | #31     | Boys Javelin            | Finals |
| 9:30 AM    | #32     | Girls Long Jump         | Finals |
| 10:00 AM   | #21     | Boys 400 Meter Dash     | Finals |
| 10:30 AM   | #22     | Girls 400 Meter Dash    | Finals |

### Session: 6 IASAS Track Saturday April 12

| Event Time | Event # | Event                   |        |
|------------|---------|-------------------------|--------|
| 3:00 PM    | #33     | Boys 1500 Meter Run     | Finals |
| 3:30 PM    | #34     | Girls 1500 Meter Run    | Finals |
| 4:00 PM    | #5      | Boys 100 Meter Dash     | Finals |
| 4:30 PM    | #6      | Girls 100 Meter Dash    | Finals |
| 5:00 PM    | #35     | Boys 4x400 Meter Relay  | Finals |
| 5:30 PM    | #36     | Girls 4x400 Meter Relay | Finals |



# IASAS Track and Field



## IASAS Girls' Records

| EVENT           | MARK                | NAME                                            | YEAR | SCHOOL |
|-----------------|---------------------|-------------------------------------------------|------|--------|
| 100 m Dash      | 12.32               | Tanaisha Fraser                                 | 1994 | ISB    |
| 200 m Dash      | 25.75               | Tanaisha Fraser                                 | 1994 | ISB    |
| 400 m Dash      | 57.20               | Jenny Melsom                                    | 2001 | SAS    |
| 800 m Run       | 2:19:68             | Rosie Weber                                     | 2011 | JIS    |
| 1500 m Run      | <del>4:56.27</del>  | <del>Prenna Bhargava</del> 4:54.57 Molly Bailey | 2011 | ISM    |
| 3000 m Run      | <del>10:56.35</del> | <del>Ruby Hohensee</del> 10:45.60 Molly Bailey  | 2012 | SAS    |
| 100 m Hurdles   | 15.50               | Amalie Iuel                                     | 2012 | ISB    |
| 400 m Hurdles   | 1:03.09             | Amalie Iuel                                     | 2012 | ISB    |
| High Jump       | 1.70m               | Amalie Iuel                                     | 2012 | ISB    |
| Long Jump       | 5.42m               | Amelia Clark                                    | 2006 | JIS    |
| Triple Jump     | 11.05m              | Amelia Clark                                    | 2007 | JIS    |
| Shot Put        | 10.75m              | Emma Graddy                                     | 2011 | SAS    |
| Discus          | 33.02m              | Moana Kiwala                                    | 2001 | JIS    |
| Javelin         | 37.89m              | Amanda Giles                                    | 2013 | JISB   |
| 4 x 100 m Relay | 50.48               | Patra-Yanan, Giles, Iuel, Henderson             | 2012 | ISB    |
| 4 x 400 m Relay | 4:11.51             | Malmberg, Koncki, Juliano, Subramanian          | 2013 | SAS    |
| 4 x 800 m Relay | 9:48.00             | Hohensee, Alberts, Kim, Lydens                  | 2009 | SAS    |
| Medley Relay    | 4:21.60             | Patra-Yanan, Giles, Iuel, Henderson             | 2012 | ISB    |

2014  
2014 ISM

## IASAS Boys' Records

| EVENT           | MARK               | NAME                                          | YEAR | SCHOOL |
|-----------------|--------------------|-----------------------------------------------|------|--------|
| 100 m Dash      | 10.93              | Harold Manning                                | 1999 | ISB    |
| 200 m Dash      | 21.87              | Harold Manning                                | 2000 | ISB    |
| 400 m Dash      | 49.34              | Harold Manning                                | 2000 | ISB    |
| 800 m Run       | 1:58.09            | Robert Koehlmoos                              | 2012 | JIS    |
| 1500 m Run      | <del>4:10.75</del> | <del>Colin Webster</del> 4:09.51 Aiden Kinney | 1991 | TAS    |
| 3000 m Run      | 9:21.75            | Joseph Lu                                     | 2008 | TAS    |
| 110 m Hurdles   | 14.89              | Barron Witherspoon                            | 2008 | TAS    |
| 400 m Hurdles   | 56.20              | Chris Lonergan                                | 1999 | SAS    |
| High Jump       | 1.95m              | Mike Dixon                                    | 1996 | ISKL   |
| Long Jump       | 7.05m              | Mike Dixon                                    | 1997 | ISKL   |
| Triple Jump     | 13.66m             | Mike Dixon                                    | 1997 | ISKL   |
| Shot Put        | 16.34m             | Nando Dobroke                                 | 1984 | ISM    |
| Discus          | 45.22m             | Steve Porter                                  | 1995 | TAS    |
| Javelin         | 61.20m             | Bryce Berkompas                               | 1997 | ISB    |
| 4 x 100 m Relay | 43.70              | Kobayashi, Woldring, Theuer, McIntyre         | 2013 | ISM    |
| 4 x 400 m Relay | 3:27.14            | Grundy, McMillan, Womack, Lonergan            | 1999 | SAS    |
| 4 x 800 m Relay | 8:13.55            | Fiero, Nealon, Nealon, Hanson                 | 1991 | SAS    |
| Medley Relay    | 3:34.84            | Hasagawa, Donohue, Hanson, G. Nealon          | 1991 | SAS    |

2014 JIS

# Previous IASAS Track & Field Champions

| Year | Boys             | Girls            |
|------|------------------|------------------|
| 1983 | SAS              | SAS              |
| 1984 | ISKL             | SAS              |
| 1985 | ISB              | JIS              |
| 1986 | ISB/JIS          | JIS              |
| 1987 | JIS              | JIS              |
| 1988 | JIS              | JIS              |
| 1989 | JIS              | JIS              |
| 1990 | JIS              | JIS              |
| 1991 | JIS              | JIS              |
| 1992 | JIS/SAS          | SAS              |
| 1993 | JIS              | JIS              |
| 1994 | JIS              | JIS              |
| 1995 | ISKL             | JIS              |
| 1996 | ISKL             | JIS              |
| 1997 | JIS              | SAS              |
| 1998 | SAS              | SAS              |
| 1999 | SAS              | SAS              |
| 2000 | SAS              | SAS              |
| 2001 | SAS              | SAS              |
| 2002 | SAS              | SAS              |
| 2003 | <i>Cancelled</i> | <i>Cancelled</i> |
| 2004 | SAS              | SAS              |
| 2005 | SAS              | SAS              |
| 2006 | SAS              | SAS              |
| 2007 | SAS              | JIS              |
| 2008 | SAS              | TAS              |
| 2009 | SAS              | SAS              |
| 2010 | SAS              | SAS              |
| 2011 | TAS              | SAS              |
| 2012 | SAS              | SAS              |
| 2013 | ISM              | ISB              |
| 2014 | ISM              | SAS              |

## ISB Track & Field Girls

| First Name        | Last Name     | Grade | Nationality | Uniform |
|-------------------|---------------|-------|-------------|---------|
| Mizuki            | Awamura #     | 12    | Japan       | 113     |
| Kataleeya (Katie) | Henderson #   | 12    | Thailand    | 116     |
| Lauren            | Nelson        | 12    | USA         | 131     |
| Tippapon (Cha)    | Patra-Yanan # | 12    | Thailand    | 128     |
| Hikaru            | Uchida        | 12    | Japan       | 184     |
| Rebecca (Becky)   | Bradley *     | 10    | UK          | 108     |
| Jazmyn (Jaz)      | Green         | 10    | USA         | 107     |
| Katherine (Kathy) | Miller        | 10    | USA         | 122     |
| Kadia             | Garabadian    | 9     | Thailand    | 102     |
| Kana              | Ichimura      | 9     | Japan       | 103     |
| Nicharee (Emmy)   | Khawsam-ang   | 9     | Thailand    | 139     |
| Varisa            | Limpijankit   | 9     | Thailand    | 136     |
| Fredrikke         | Rusten        | 9     | Norway      | 114     |
| Kayla             | Sadowski      | 9     | USA         | 138     |
| Madison           | Warta         | 9     | USA         | 111     |

## ISB Track & Field Boys

| First Name        | Last Name  | Grade | Nationality  | Uniform |
|-------------------|------------|-------|--------------|---------|
| ByungJoon (Bryan) | Ahn        | 12    | Korea        | 151     |
| Benjamin (Ben)    | Blackstone | 12    | USA          | 153     |
| Mitchell          | Craig      | 12    | USA          | 160     |
| Jack              | Melhorn    | 12    | USA          | 183     |
| Andrew (Andy)     | Real       | 12    | Thailand/USA | 156     |
| David             | Collins    | 11    | Australia    | 169     |
| Dylan             | Harvey     | 11    | Canada       | 196     |
| Ryan              | Jones      | 11    | USA          | 150     |
| Jan               | Logrono    | 11    | Philippines  | 154     |
| Zachary (Zach)    | Mcvey      | 11    | USA          | 199     |
| Robbie            | Melhorn    | 11    | USA          | 181     |
| John Paul (JP)    | Rivera     | 11    | Philippines  | 194     |
| Afi               | Blackshear | 10    | USA          | 164     |
| Patrick           | Rivera     | 9     | Philippines  | 185     |
| Andrew (Drew)     | Thornton   | 9     | USA          | 198     |

Captain\*      4 Year IASAS #

Coaches: Chris Bell, UgoCostessi, Lee O'Rourke, Dan Bentley, Ryan Haynes

AIC: Andy Vaughan

## JISTrack & Field Girls

| First Name | Last Name | Grade | Nationality   | Uniform |
|------------|-----------|-------|---------------|---------|
| Chloe      | Cook *    | 12    | United States | 203     |
| Erica      | Johnson   | 12    | United States | 218     |
| Julian     | Furry     | 11    | United States | 205     |
| Isobel     | Ngo *     | 11    | Singapore     | 208     |
| Alona      | Belousova | 10    | Singapore     | 231     |
| Juliana    | Courogen  | 10    | United States | 201     |
| Valentina  | Friedl    | 10    | United States | 233     |
| Emma       | Fukar     | 10    | Austria       | 202     |
| Laila      | Juul-Dam  | 10    | Denmark       | 211     |
| Tiffany    | Lee       | 10    | Malaysia      | 207     |
| Tara       | Marijewko | 10    | Germany       | 216     |
| Rhode      | Thijssen  | 10    | Netherlands   | 217     |
| Janice     | Gabriel   | 9     | United States | 213     |
| Shannon    | Stewart   | 9     | United States | 229     |
| Claire     | Varnai    | 9     | United States | 237     |

## JISTrack & Field Boys

| First Name | Last Name      | Grade | Nationality    | Uniform |
|------------|----------------|-------|----------------|---------|
| Aidan      | Kinney *       | 12    | United States  | 261     |
| Kyle       | Ongko          | 12    | Indonesia      | 269     |
| Ben        | Pyburn         | 12    | United Kingdom | 251     |
| Hwajin     | Cho            | 11    | Korea          | 258     |
| Zinzan     | Newton         | 11    | United Kingdom | 257     |
| Rey        | Petrovic       | 11    | Serbia         | 280     |
| Aga        | Widjojo        | 11    | Indonesia      | 270     |
| Sam        | van der Linden | 11    | Netherlands    | 250     |
| Ernest     | Bethe *        | 10    | United States  | 262     |
| Camden     | Lambe          | 10    | United States  | 272     |
| Angus      | Proudfoot      | 10    | Australia      | 254     |
| Alejandro  | Septien        | 10    | Mexico         | 264     |
| Ido        | Saharyunma     | 10    | Indonesia      | 279     |
| Marcelo    | Amorelli       | 9     | Austria        | 266     |
| Paul       | Olsen          | 9     | United States  | 252     |

Captain\*      4 Year IASAS #

Coaches: Anthony Dickinson, Steve Clark, Kyle Redshaw, Scott Burns, Shiheim Wilson-Lee

## ISKLTrack & Field Girls

| First Name     | Last Name   | Grade | Nationality | Uniform |
|----------------|-------------|-------|-------------|---------|
| Ida            | Berge       | 12    | Norway      | 350     |
| Saskia         | Blackburn # | 12    | UK          | 371     |
| Magdalena      | Casey * #   | 12    | Canada      | 374     |
| Iona           | Stylianides | 12    | UK          | 368     |
| Emilie         | Indreberg   | 11    | Norway      | 366     |
| Jayse Xiang Yi | Lee         | 11    | Malaysia    | 359     |
| Bianca         | Mak *       | 11    | Malaysia    | 363     |
| NurAnisah      | Norazmi     | 11    | Malaysia    | 373     |
| Isabel         | Belash      | 10    | USA         | 362     |
| Alexis         | Belash      | 10    | USA         | 360     |
| Stephanie      | Govaerts    | 10    | Netherlands | 380     |
| Sol            | Aguero      | 9     | Spain       | 364     |
| Lily           | Casey       | 9     | Canada      | 384     |
| Natalie        | Kundenholdt | 9     | USA         | 377     |
| Stephanie      | Vessel      | 9     | Australia   | 372     |

## ISKLTrack & Field Boys

| First Name | Last Name      | Grade | Nationality | Uniform |
|------------|----------------|-------|-------------|---------|
| Philipp    | Efstathiou * # | 12    | Germany     | 321     |
| Andrew     | Honderich      | 12    | USA         | 333     |
| Andrew     | Livesay        | 12    | USA         | 332     |
| Martin     | Sung #         | 12    | Korea       | 327     |
| Conor      | Cheng          | 11    | Australia   | 328     |
| Jaya       | DeHart         | 11    | USA         | 357     |
| Ismail     | Elkhamissy *   | 11    | Egypt       | 322     |
| Murray     | Linn           | 11    | UK          | 317     |
| Greg       | Robertson      | 11    | UK          | 326     |
| Hendrik    | Timmer         | 11    | Netherlands | 330     |
| Aiyan      | Ahmad          | 10    | Pakistan    | 329     |
| Joshua     | Cooper         | 10    | New Zealand | 301     |
| Alec       | Savoy          | 10    | USA         | 325     |
| Cameron    | McCutcheon     | 9     | USA         | 305     |

Captain \* 4 Year IASAS #

Coaches: Dale Smith, Ismael Somart, JeyenRamachandran, Peter Casey, Muthoo Nadarajan

AIC: Tina Casey

## ISMTrack & Field Girls

| First Name | Last Name | Grade | Nationality | Uniform |
|------------|-----------|-------|-------------|---------|
| Iria       | Jimenez   | 12    | Belgium     | 436     |
| Amy        | Mes * #   | 12    | Netherlands | 414     |
| Valerie    | Toze #    | 12    | UK          | 426     |
| Hermina    | Dube      | 11    | USA         | 420     |
| Lucia      | Felix     | 11    | Mexico      | 408     |
| Emily      | Kobayashi | 11    | Japan       | 421     |
| Ruci       | Naiqama   | 11    | Fiji        | 402     |
| Johanna    | Verbeeck  | 11    | Belgium     | 422     |
| Natasha    | Carlisle  | 10    | UK          | 438     |
| Claire     | Deplanck  | 10    | Singapore   | 437     |
| Meagan     | Martin    | 10    | USA/UK      | 430     |
| Molly      | Bailey    | 9     | USA         | 417     |
| Paulina    | Karlsson  | 9     | Sweden      | 410     |
| Akira      | Sugata    | 9     | Japan       | 424     |
| Ayaka      | Sugiyama  | 9     | Japan       | 425     |

## ISMTrack & Field Boys

| First Name | Last Name   | Grade | Nationality | Uniform |
|------------|-------------|-------|-------------|---------|
| Red        | Giuliano *  | 12    | USA         | 461     |
| Callum     | Gregori * # | 12    | Australia   | 451     |
| Jacob      | Hobbins #   | 12    | UK          | 475     |
| Kento      | Kobayashi   | 12    | Japan       | 499     |
| Daniel     | Lawrie      | 12    | UK          | 495     |
| Andres     | Limcaoco #  | 12    | Philippines | 458     |
| William    | McIntyre    | 12    | Australia   | 463     |
| Brenden    | Andoseh     | 11    | USA         | 482     |
| Timm       | Hartel      | 11    | Germany     | 462     |
| George     | Petrucci    | 11    | USA         | 484     |
| Rinzin     | Alling      | 10    | USA         | 452     |
| Hampus     | Blomqvist   | 10    | Sweden      | 464     |
| Fergus     | Gregori     | 10    | Australia   | 453     |
| Joseph     | Kilama      | 9     | USA         | 465     |
| Dirk       | Staal       | 9     | USA         | 467     |

Captain\* 4 Year IASAS #

Coaches: Samuel Cook, CrisanneRoseleip, Steve Dodd, Dennis Respecki, Mark Cooling, Patrick Unso

AIC: Mark Pekin

## SASTrack & Field Girls

| First Name | Last Name        | Grade | Nationality | Uniform |
|------------|------------------|-------|-------------|---------|
| Justice    | Hewlett * #      | 12    | USA         | 520     |
| Ananya     | Subrahmanian * # | 12    | USA         | 525     |
| Zoe        | Bonnette         | 11    | USA         | 522     |
| Nina       | Hanz             | 11    | German/USA  | 505     |
| Paola      | Hoffer           | 11    | SWISS       | 510     |
| Ellie      | Koncki           | 11    | USA         | 506     |
| Abbo       | Nathan           | 11    | USA         | 516     |
| Jackie     | Parker           | 11    | USA         | 504     |
| Serena     | Sung-Clarke      | 11    | USA         | 502     |
| Savanna    | Thomas           | 11    | USA         | 545     |
| Chloe      | Ferguson         | 10    | USA         | 515     |
| Emma       | Gordon           | 10    | USA         | 513     |
| Emma Blair | Hall             | 10    | USA         | 503     |
| Chloe      | Scott            | 10    | USA         | 519     |
| Kiersten   | Potter           | 9     | USA         | 524     |

## SASTrack & Field Boys

| First Name | Last Name | Grade | Nationality | Uniform |
|------------|-----------|-------|-------------|---------|
| Eugene     | Chiang    | 12    | USA         | 560     |
| Spencer    | Dunn      | 12    | USA         | 568     |
| Vince      | Favati    | 12    | USA         | 587     |
| Garret     | Holt * #  | 12    | USA         | 566     |
| Kevin      | Hurh      | 12    | USA         | 588     |
| Thomas     | Milne *   | 12    | Canada      | 567     |
| Michael    | Ongko     | 12    | USA         | 555     |
| Will       | Senior *  | 12    | USA         | 565     |
| Hunter     | Collins   | 11    | USA         | 591     |
| Jack       | Devins    | 11    | Canada      | 569     |
| Gabe       | Goh       | 11    | Singapore   | 551     |
| Liam       | Dunn      | 10    | USA         | 572     |
| Robert     | Moritz    | 10    | USA         | 562     |
| Ian        | Woodard   | 10    | USA         | 584     |
| Aadiraj    | Batlaw    | 9     | USA         | 552     |

Captain\*      4 Year IASAS #

Coaches: Jim Baker, Kristen O'Connor, Cassandra Tioh

AIC: Rick Silverman



## TASTrack & Field Girls

| First Name | Last Name  | Grade | Nationality | Uniform |
|------------|------------|-------|-------------|---------|
| Sheridan   | Harris * # | 12    | USA         | 640     |
| Christina  | Hemphill   | 12    | USA         | 614     |
| Lorraine   | Lin #      | 12    | Canada      | 613     |
| Monica     | O'Neal     | 12    | USA         | 648     |
| Anne       | Roffler    | 12    | USA         | 642     |
| Karen      | Wu         | 12    | USA         | 603     |
| Vivian     | Cheng      | 11    | USA         | 697     |
| Karen      | Hsiung     | 11    | USA         | 615     |
| Meghan     | Roffler    | 11    | USA         | 645     |
| Shizuka    | Tei        | 10    | Japan       | 610     |
| Nico       | Whiteford  | 10    | USA         | 601     |
| Ashley     | Yao        | 10    | Canada      | 609     |
| April      | Chu        | 9     | USA         | 604     |
| Lauryn     | Van Dooren | 9     | Australia   | 624     |
| Nancy      | Zuniga     | 9     | Mexico      | 607     |

## TASTrack & Field Boys

| First Name | Last Name | Grade | Nationality | Uniform |
|------------|-----------|-------|-------------|---------|
| Andrew     | Cho       | 12    | ROK         | 675     |
| Kevin      | Lin #     | 12    | USA         | 665     |
| Eugene     | Wang      | 12    | USA         | 667     |
| Daniel     | Lin       | 11    | USA         | 694     |
| Alex       | Sheu      | 11    | USA         | 695     |
| Jonny      | Xu        | 11    | USA         | 656     |
| Jason      | Dong      | 10    | USA         | 662     |
| Austin     | Huang     | 10    | Canada      | 674     |
| Brian      | Liang     | 10    | USA         | 650     |
| Luke       | Pettigrew | 10    | New Zealand | 668     |
| Daniel     | Wang      | 10    | Canada      | 666     |
| Jester     | Yang      | 10    | Canada      | 654     |
| Leon       | Yim       | 10    | USA         | 652     |
| Andrew     | Hu        | 9     | USA         | 686     |
| Li An      | Pan       | 9     | South Afrca | 664     |

Captain\*      4 Year IASAS #

Coaches: Mel Vicars, Shaun O'Rourke, Marcus Wolak, Terry Lagerquist, Robin Tuliao  
AIC: Andrew Lowman

# IASAS Track & Field Rules

## RULE BOOK:

IAAF Competition Rules (latest edition).

## MEET RULES:

1 Scratches: If an athlete scratches from an event after the meet begins, the athlete may not participate further in the meet and they may not be replaced by a substitute. (5/98)  
In the case of extenuating circumstances and in the interest of safety, the Tournament Director and the AIC's from each school will have the right to override this rule. (05/05)

2 Reporting for An Event: Competitors must report to the marshals at least 15 minutes before the start of the event. If there is a time conflict between a running event and a field event, the track event will take precedence. Athletes are reminded that they must check in with both events on time. When moving from a field event to a running event, the athlete must report back to field event within 15 minutes of the conclusion of the race.

## 3 Specifications:

- \* 110m Hurdles 10 at 3' [ 0.914m]
- \* 100m Hurdles 10 at 2'6" [0.762m]
- \* 400m Hurdles Boys 10 at 2'9" [0.838m]
- \* 400m Hurdles Girls 10 at 2'6" [0.762m]
- \* Shot Put 5kg (Boys) and 4kg (Girls)
- \* Discus 1.5kg (Boys) and 1kg (Girls)
- \* Javelin 700gm (Boys) and 600gm (Girls)

4 Race time will be called or clock will be available near the finish line for all races 800m and above. (5/95)

5 Triple jump starting distance from the pit will be 7.5m for girls and 10.0m for boys.

6 The host school must provide all approved throwing implements to be used in competition. They must be clearly marked, and no other implements should be at the competitions site. (5/00)

7 Lane Assignments: All preliminary lane assignments will be according to Matrix. The seeding for the finals in any event will be done using the I.A.A.F. rules: Lane tracks Fastest Draw From 3 4 5 6; Slowest Draw From 1 2 7 8; 6 Lane tracks Seeded 4-3-5-2-6-1 (05/08)

Re-seeding procedure for when a heat has two or less runners—heats will be balanced as follows: There shall not be more than one runner from each school per heat, and whenever possible the original matrix will be followed. (5/96)

A double waterfall start shall be used for the boys/girls 800m, and the boys/girls 3,000m. The first group of runners will line up in lane 1-4 and the next group of runners will line up in lanes 5-8 at the first turn stagger mark. A runner in the waterfall lanes 1-4 cannot start in Lane 5. (5/98).

A line of cones will be set up along the inside of lane 5, all the way around until the point where the outside group of runners may cut in. (04/13)

On a 6-lane track: a double waterfall start shall be used for the boys/girls 800m. The first group of runners (maximum #6) will line up from lanes 1-3 with 3 runners from 3 schools lining up immediately behind this group. The next group of runners (maximum #6) will line up in lanes 4-6 with the remaining 3 runners from 3 schools lining up behind them. The #3 ranked runner from each school must take up a position behind their own teammate on the waterfall. A line of cones will be set up along the inside of lane 3, all the way around until the point where the outside group of runners may cut in. (04/13)

## 8 Field Events:

Competitors will compete in three flights: 1st flight will consist of 3rd seeds from each school. 2nd flight will include 2nd seeds from each school. 3rd flight will include 1st seeds from each school. The IASAS matrix will determine the order of individuals within each flight. A participant also entered in a running event may be placed in an alternative flight in order to facilitate competing in the running event. (5/02)

In the finals, the highest qualifier throws or jumps last. The first to jump or throw is the lowest qualifier. (5/98)  
Finals in the applicable field events should not start until all preliminary attempts are finished. (5/00)

Warm-ups: 25 minutes prior to the start of the field event there is a 15 minute warm up for all then a 10min. warm-up prior to the event for all flights and finals if requested, each getting 2 practice jump/throws if they wish. (04/09)  
An athlete returning from a track event may have 2 warm-up jumps or throws before competing. (5/98)

High Jump: A jumper may have to leave in the middle of the competition to compete in another event. If the bar is raised in their absence they can have up to 2 warm-up jumps and then return to the height at which they were due to jump. (5/98)

Boys Starting Height 150 cm, increases by 5cm above 160, then increases by 3cm

Girls Starting Height 115 cm, increases by 5cm above 135, then increases by 3cm (05/05)

## 9 Relays:

Medley run in lanes for three turns. Third runner breaks after 1st bend. 1st runner in lanes 2-8 run less than 200 meters. 2nd runner must receive baton in exchange box which is marked 10 meters before and 10 meters after the start for the 200m. The runner can use a 10m acceleration zone. 3rd runner must not utilize an acceleration zone. A 20m exchange box must be used and must stand at the back of the exchange box at the start of the race. 4th runner uses 20m exchange box. The officials will determine stacking order.

4x800 One turn stagger. Runner must not utilize an acceleration zone. A 20m exchange box must be used.

#### 10 False Starts:

Only one false start per race will be allowed without the disqualification of an athlete. The first false start in a race is charged to the field. Any athlete making further false starts in the race shall be disqualified from the race. (04/10)

#### ROSTERS

Rosters (up to 15 boys and 15 girls) must be submitted two weeks prior to the meet.

#### ENTRIES

A. All entries will be submitted as a digital file as determined by the host school. (4/06)

B. A school may enter a maximum of three (3) entries per event.

C. A school may enter only one relay team per relay event.

D. Athletes may enter a maximum of six events only.

E. Individual entries of athletes for events must be submitted two (2) weeks before the Championship.

F. The entries must be ranked 1, 2, 3 in order of performance for both Track and Field events (04/09)

G. The track entries sheet and the Team Manager file must be submitted by 12 noon three days prior to the event. Please note that the official entry sheet to be used is located in the Forms section of the IASAS Handbook. (04/13)

H. Relay entries: coaches may submit six names on relays. If the name is submitted it counts as an event whether the runner participates or not. If a substitute is not named and a runner is replaced, then the runner is out of the meet. (In the 4x4 it becomes academic). (5/98)

I. When electronic timing is used, the first place finisher in each heat is entered plus the next fastest times. When electronic timing is not used, the two fastest times from each heat will advance in the finals, and the next fastest times will also advance. (5/96)

#### UNIFORMS

All runners in relays must be dressed exactly the same and must be screened by the Marshall of the Course before they are allowed to compete. (5/93)

#### OFFICIALS

A. The number and source of officials is to be determined by the host school. Whenever possible, the host school should utilize host country international sporting organizations to officiate the meet. Any coach of any IASAS team may not serve as an official during the competition. (5/00)

B. If possible, the host school will designate areas for access for one designated photographer from each IASAS school. This photographer may not be a coach and must wear the photo vest provided by the host school (coaches may not wear the photo vest). Please note that there is to be no interaction between photographers and competing athletes in the competition area. (05/07)

C. If a full complement (see IAAF rules) of judges and officials is not available, then a strategy will be circulated as to how infractions and or problems be handled. (5/99)

#### PROTESTS

All protests are to go through the Tournament Director to the Meet Manager. The Meet Manager will make inquiries on the protest and give his or her decision. If there is unhappiness over the decision, the protest can be appealed to the Meet Referee in writing through the Tournament Director. The decision of the Meet Referee will be final. At no time are athletes, coaches, accompanying administrators or parents to approach or question Meet Officials of decisions.

#### SCORING

All boys' and girls' events will be scored separately. The point style for scoring will:

Individual Events / Relay Events

First Place 7 / 10

Second Place 5 / 8

Third Place 4 / 6

Fourth Place 3 / 4

Fifth Place 2 / 2

Sixth Place 1 / 0

#### AWARDS

Individual Place Medals are awarded to the top three finishers in each individual event. All six finalists in individual events will be recognized at the dais during the medal presentation ceremonies. (04/2012)

NOTE: When ties occur in an individual medal event, the medal award for a position will be made based on the number of places above the awardee. E.g. If two tie for first, the next award would be the third place award; if two tie for second, the next award will be for fourth place. This will apply to all events, both athletic and non-athletic. (5/97)



# Visitors' Information Packet

## From the Booster Club

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**IASAS Track & Field**  
**Jakarta International School**  
**April 10-12, 2014**

April 10, 2014

Dear Visitors,

On behalf of the JIS Parents' Booster Club, SelamatDatang di Jakarta International School! (Welcome to JIS!)

We're delighted to welcome you to this year's IASAS Track & Field, and hope that you enjoy your visit.

We have prepared this **Welcome Booklet** to help you navigate your way in and around JIS.

**Coaches** are invited to the **hospitality room** at module P3. There you can enjoy a light lunch and all day refreshments, compliments of the Booster. IASAS events will be streamed live and you'll have access to desktops and laptop charging stations. The Hospitality Room is open Thursday and Friday, 8:00 AM to 6:00 PM and Saturday, 8:00 AM to 2:00 PM.

**Parents** can rest in air-conditioned comfort at the Wantilan Cafeteria.

Stop by and chat with us! We are happy to assist you or answer questions you may have. Visit us at the Booster Hut, near the High School Gym or at the Information Center, at the second floor of the Middle School Gym. You may also call us at +6221 7692.555 ext 10423 from 8am-4pm.

Warm regards,

Kathleen Ngkaion

President, JIS Parents' Booster Club

On behalf of the JIS Parents' Booster Club Board 2011/14:

Andreas Van Der Linden

Cathy Begg

FatmaLekhraj

JantiBrasali

Joell Caldwell

Kelly Malmquist

Kelli Lambe

Michelle Wee

Nadia Widjojo

Shanti Sidhu

## ***Access to Campus***

Vehicles without JIS stickers are not allowed to drive into JIS. Pedestrian access to the Cilandak Campus is via the Terogong Gate (Gate 1), located on Jalan Terogong Raya No. 33, up the hill from Hotel Kristal. Turn left as you leave the hotel.

Should you choose to walk to or from the Kristal, be alert, keep your valuables secure and carry your handbag away from traffic.

If walking into the campus, you will need to exchange a photo ID for a Dragon gate pass. This is your temporary JIS ID. Please guard it as you would any ID badge and show it to Security personnel when passing through JIS security checkpoints. Remember to return this pass and claim your ID before you leave campus.

## ***Airport Departure Tax***

Keep in mind that all travelers from the Soekarno-Hatta International airport are required to pay Rp 150,000 upon departure. Make sure that you retain enough Rupiah notes for this. You may also pay in US dollars (approximately \$18) but change will be given in Rupiah.

## ***ATM and Banks***

Inside JIS, there is an ATM at the Wantilan Cafeteria. A Bank and Post Office and another ATM are available in H module at the front of school (behind the Parent Welcome Lounge)

Outside of JIS, the most conveniently located ATMs are at Hero Supermarket, next to the Kristal Hotel as well as the Pondok Indah Mall (PIM)

## ***Awards Ceremony & Team Dinner***

All parents are invited to the Awards Ceremony on Saturday evening, 7:00 PM at the High School Gym. IASAS delegates enjoy a complimentary dinner Saturday starting at 5:45pm in Wantilan 3 Cafeteria.

## ***The Booster Hut***

Come visit the Booster Hut for food and drinks, to pick up JIS souvenirs like our ever-popular hoodies and pajamas or to enjoy one of the Hut's signature treats – Caramelitas, Vanilla Bean-Banana Cake or Red Velvet cupcakes. Follow the Booster Hut signs. (Open 9AM to 6PM, Thursday and Friday; Saturday 8AM-3PM).

## ***Cell Phones and Telephones***

You can get prepaid SIM cards for your mobile phone at 7-11, which is walking distance from both JIS and the Kristal Hotel or at the small kiosk near the checkout counter at Hero supermarket. Most kiosks sell standard, micro (iphone/ipad) and nano (iphone 5) SIM cards. You can also buy top-up value cards (puls) from the same stores.

When dialing from a cellphone to a landline, use the standard format: + (country code) (area code) (phone number). To call a local number you would dial +62 21 (phone number).

To make a local call from a landline, simply dial the number with no prefixes. For direct international call from a landline, dial 001 or 007 + country code + area code + phone number.

## ***Coaches' Room***

Coaches and Admin are invited to the **Boosters' Hospitality Room at Module P3**. There you can enjoy a light lunch and all day refreshments, compliments of the Boosters. IASAS events will be streamed live and you'll have access to desktops and laptop charging stations. The Hospitality Room is open Thursday and Friday, 8:00 AM to 6:00 PM and Saturday, 8:00 AM to 2:00 PM

## ***Currency Exchange***

Only exchange US\$ or other currencies at banks or at foreign currency exchange counters inside malls. At JIS, the bank is located in the H-module, near the front of school and is open from 8:30AM -2PM. There is also a foreign exchange counter inside Hero near Kristal.

Generally, foreign exchange counters give better rates than banks.

Keep in mind that US\$ bills must be unmarked and uncreased - in mint condition. If there is so much as a bent corner on your note, it cannot be exchanged at full value or it may be refused outright. US Dollar bills circulated before 1999 as well as those whose serial numbers start with the letters A - G will not be accepted. No such restrictions apply to other currencies.

## ***Food and Drinks On Campus***

***Food and beverage vendors***, specially brought in for IASAS, are located ***outside the High School Gym***. ***The Booster Hut*** serves drinks, grab and go lunches, snacks and a wide array of popular home-baked treats. All of the preceding outlets accept only cash.

***The Wantilan Cafeteria*** has hot meals, snacks and drinks. The cafeteria uses a cashless payment system; you may purchase vouchers from the e-terminals at the cafeteria

Follow the posted signs to get to the areas mentioned above.

## ***Grocery Stores***

See “Shopping” section for address and details about the malls where some of these grocery stores are located

**Hero** – next to Kristal Hotel and in Pondok Indah Mall I

**Food Hall** – at the Basement of the Sogo Department Store in Pondok Indah Mall II

**Ranch Market** – Across from Pondok Indah Mall I

**Matahari** – at Cilandak Town Square

**Carrefour** - Jl. TB. Simatupang No. 1, LebakBulus. This is the closest hypermart to JIS; good for making bulk purchases

## ***Hospitals and Clinics***

**Pondok Indah Hospital** - Jl Metro Duta Kav UE. Ph: (021) 765-1883, (021) 765-7525. Located near Pondok Indah Plaza, this is the hospital closest to JIS. Most staff and all doctors speak English.

**International SOS** - JIPuriSakti #10, Cipete.Ph (021) 750-5559. Ambulance service and emergencies: 021-7506001. For both medical and dental concerns. This is about 20 minutes away from JIS. All staff and doctors speak English and there is an expat medical consultant available. SOS facilitates referrals to Singapore as well as emergency transport (airlift).

**Dr. Budimulia Dental Clinic** - JalanGedungHijau 1 No 4, Pondok Indah.Ph (021) 7652721. If you have a dental emergency, this is the closest dental clinic to JIS. DrBudimulia and Dr. Amelia speak English.

## **Internet/Wifi Access**

The air conditioned High School Library will be open from 8 am -5:30 pm on Thursday and Friday and from 8 am to 12 noon on Saturday. A courtesy bank of computers will be available for visitors. The username is: iasasandpassword is: iasas2014.

For wireless access on campus password, go to your wifi settings and select @JIS. Then open your browser. You will be automatically directed to the JIS login page. Type in username: iasasandpassword : iasas2014.

## **Local Customs to Keep In Mind**

Indonesians dress well, even for just going to the mall. Smart casual is the norm. Dress modestly. Long shorts and sleeveless tops are okay but Daisy Dukes and tank tops (short shorts and spaghetti straps) are not.

Never use your left hand to give or receive items nor raise it in greeting. The left hand is considered unclean in Indonesian culture and to use it as above is a great insult.

Open displays of anger and displeasure are frowned upon. If you find yourself in a frustrating situation, take a deep breath, smile, excuse yourself ( say, "maaf"), walk away to calm down and return when you feel composed.

## **Lost and Found**

Enquire at the Information desk. At the end of the day, all found items will be kept at the Checkpoint, next to the Booster Hut. The Checkpoint closes on Friday at 4:30 PM.

## **Rest Area for Parents**

You can rest and recharge in air-conditioned comfort in the WantilanCafeteria. Follow the posted signs

## **Restaurants**

*There are many excellent restaurants in Jakarta although sadly most are located in the city, about an hour away from JIS. There is a selection of good eating places nearby. Ask the parents at the Information Centre for their recommendations. Should you choose to venture outside Pondok Indah, remember that traffic in Jakarta can be daunting, especially if it is raining. Factor that into any schedule you may have. See "Shopping" section for details and addresses of the malls. Restaurants near JIS include:*

**Peppenero** - Plaza Pondok Indah 2 Blok BA 25-26, Jl. Metro Pondok Indah. Italian food. Great value for money.

**PIM 1 and 2** - There is good selection of restaurants at PIM. **Pizza Marzano** serves Italian food. **Kinara** is a popular Indian restaurant in Kemang with a satellite branch inside the Food Hall at the basement of Sogo Department Store in PIM 2. **Sushi Tei** is always reliable for Japanese. **Duck King** is a Chinese restaurant renowned for their roast duck. **Din Tai Fung** another Chinese restaurant, specializes in dumplings. **Bakmi GM**, a local favorite, has very good Indonesian stir-fried noodles. The "pangsitgoreng" is a must try. **Area 51**, a new food court in PIM, has many good fast food restaurants like **Yoshinoya Beef Bowl**, **Fat Burger and Pepper Lunch**. There are lots of folks who claim the local donut chain **J Co Donuts** is better than **Krispy Kreme** both of which have branches at PIM, **Bakerzin** is a casual dining bistro with great desserts. **Outback Steakhouse** is the go-to place for steaks and ribs. These are a just a few of the options at PIM

**Cilandak Town Square aka Citos** (pronounced Chee-tos) - Plenty of casual dining restaurants

**Gandaria** - a very wide selection of restaurants set in a path reminiscent of old Batavia, meandering around the mall. Some standouts are **May Star Chinese** restaurant, **KafeBetawi** (Indonesian), **Munchees** (casual dining), **The Butcher** (steaks and burgers), **Basilico**(Italian), **Abgujung**(Korean). There is also a very good and interesting food court



## Shopping

*Ask 10 women in Jakarta for the best place to shop and you'll get 10 different answers. This section highlights popular stores that are relatively close to JIS or that offer one-stop shopping for local items and handicrafts. Most malls open at 10 am and close at 10 pm. Store hours for individual shops vary but generally, most business hours are 11 am to 5 pm.*

**Pondok Indah Mall (aka "PIM")** – open 10-10, Jl Metro Pondok Indah Blok 3B; about 10-15 min by taxi. Houses department stores, cinemas, supermarkets, restaurants and eateries including the ever-popular Krispy Kreme donuts

**Cilandak Town Square aka Citos (pronounced "Chee-tos")** - Jl TB Simatupang, Cilandak; about 10-15 min by taxi. An open air mall with shops, restaurants, cinema, supermarket. There is also a mini bazaar on Thursdays

**Gandaria City** - Jl Sultan IskandarMuda No 8, Kebayoran Lama. A new mall, with interesting local boutiques side by side with familiar chain stores. They also have a very wide selection of restaurants, set in a path reminiscent of old Batavia, meandering around the mall.

**Pasaraya Grande** – JlInskandarsyah II, #2, Blok II; 30-40 mins by taxi. A large store with 6 levels. Two levels are dedicated to Indonesian arts, handicrafts and batik

**Batik Canting** – by appointment only: JlNiagaHijau IX/24; 15 mins from JIS. The owner, IbuHartati, has very high end Cirebon art jackets and batik. Call for an appointment: (021)740-2651

**Kemang Raya** - This street houses many shops including Fandiasta (pearls), ChicMart (silver jewelry, Asian handicrafts) and Bin House (designer batik scarves and clothing), to name a few

## Spas and Salons

*As with many cities in Asia, Jakarta is a salon and spa heaven. Massages are inexpensive and can be a great way to unwind after a long day. Make sure to try a "cream bath". Contrary to the name, this is an indulgent hair-conditioning treatment, where essential oils and creams are massaged into the hair and scalp. A shoulder, back and arm massage follows. Blissful! If you need refreshing and recharging, try a "Lulur" (body scrub). It will leave your skin glowing. Calling ahead for reservations is recommended.*

**BersihSehat** - Jl. Metro Pondok Indah, Jakarta Selatan, Jakarta - (021) 750-1342. Traditional Indonesian lulur and massage by well-trained masseuses. Very clean and popular. If you have time, the pre-massage Lulur (body scrub) is a must try

**Jamu** - JICipete VIII, #94B, Cipete, 021-765-9691/9693 [15-25 min from JIS] cream bath, manicure, pedicure, massage, waxing, facials

**KMD Hair Salon** – at the Kristal Hotel, 021-7581-8027 cut & color, manicure, pedicure, cream bath

**RanggonFeliz** – Cilandak Tengah 3 #3; Cipete, 021-769-4338[15-25 mins from JIS] cream bath, manicure, pedicure, waxing, massage, reflexology.

**Relax Living** – Pondok Indah Plaza II/BA 46, Jl Metro Duta Niaga, 021-765-4606 foot massage and reflexology

## Taxis

Use only Blue Bird or Silver Bird taxis. Blue Birds are compact sedans whilst Silver Birds are executive (Crowns) or luxury (Mercedes Benz) Town Cars. To book a taxi, call +62 21-798-1234 and specify which type you want. Generally taxis will be available at the Terogong entrance after the last game each day. You may also call the booking line or ask a JIS guard to flag one in the street.

## Tipping

At restaurants, a tip of Rp10,000 – 20,000 per person in your dining party is sufficient for most dining places that have sit down service. You do not need to tip at fastfood counters and food courts.

For salon services, a tip of Rp 20,000 per person for salon and spa services are good, however, if you get your hair cut or colored, tip the stylist at least 10% of the bill.

At massage and reflexology centers, tip at least Rp20,000 for an hour-long foot reflexology. Tips increase incrementally depending on how long and involved your massage goes. Rp50,000 for a 2 hour massage is good.

You do not need to tip taxi drivers.

### ***T-shirts***

Commemorative IASAS t-shirts are sold at the Booster Hut for Rp100,000. Only athletes and coaches may purchase these T-shirts on Thursday. They will be available to the public from Friday.

### ***Useful phrases***

In the Indonesian language, “c” is pronounced “ch”

Good morning/afternoon/evening/night - Selamat pagi/siang/sore/malam

How are you - Apa Kabar

Do you speak English? - Bisabicara bahasa Inggris?

Thank you - Terimakasih

You're welcome - Kembali

Sorry/Excuse me - Maaf

Rest room - Kamar kecil

Go straight - Terus

Turn right/left - Belokkanan/kiri

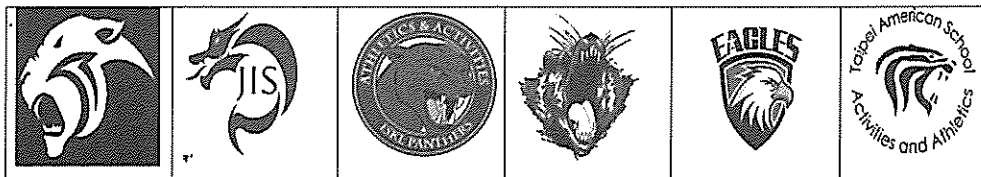
Stop - Berhenti

### ***Water (Drinking Water)***

Bottled water is not sold on campus, so plan to bring a water bottle each day and refill it. Reusable water bottles are available for sale in the Booster Hut and at the Information Centre.

The water on campus from the drinking fountains is safe and clean. There are also water dispensers everywhere.

Elsewhere, in a hotel or restaurant, for example, ask for bottled water (“Aqua dingin” = cold water; “Aqua biasa” = room temperature water; “Tanpa es batu” = no ice; “Air panas” = hot water).



## **SELAMAT BERTANDING IASAS TEAMS!**

# Acknowledgements

It takes a large team to organize and manage an IASAS event. Many, many thanks to all the volunteers who played an important role! Special kudos to:

- Rachel Nolan, Natasha Soedjono, Krista Utomo – for the amazing support of the activities/athletics office team
- JIS Parents' Booster Club – for their outstanding support and care of coaches, athletes & visiting parents.
- David Brown, Robert Giannella & Facilities – for working overtime to create an excellent venue.
- JIS Transport Office & Blue Bird Bus Company – for providing safe transportation for the event.
- Hidayat Gunawan, Christina Devitt & IS- for their technical expertise!
- All JIS host families – thank you for your generous hospitality in providing homes for our guests!

|                              |                                                                                                                                                                                                                                                                  |
|------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Clerk of Course              | Margaret Clark                                                                                                                                                                                                                                                   |
| Referees                     | Jake Stockman, Murray Hodgson                                                                                                                                                                                                                                    |
| Timing                       | Duane Melsom, Dan Skimin                                                                                                                                                                                                                                         |
| Results                      | Linda Round, Peter Round                                                                                                                                                                                                                                         |
| Event Coordinators           | Ann Durham, Kelli Lambe, Geoff Papadiuk, Shawn Jeffrey, Steve Druggan, Brian Feeley, Matt Schafer, Susan Burns                                                                                                                                                   |
| Finish Line                  | Annie Andrews, Calvin Irawan, Dan Machacek, Paul Brown, Seamus O'Hanlon, Sheryl Gruber                                                                                                                                                                           |
| Track Check In               | Kate Hodgson                                                                                                                                                                                                                                                     |
| Announcers                   | Mark Murnane, Wayne Kaler, Christophe Henry, Tom Bartlett                                                                                                                                                                                                        |
| Student Volunteers           | Janna Capetti, Nora Trapp, Jacinth Jones, Aarumbh Pradhan, Jason Sorensen, Maddy Dismuke, Alex Hartmann, Justin Pejman, Neel Karve, Muhammad Haikal, Michelle Keller, Emma Janelle, Charlotte Hejl, Amalia Boutrop, Robyn Shan, Olivia Courogen, Latasha Harahap |
| Officials, Timers            | Persatuan Atletik Seluruh Indonesia (PASI)                                                                                                                                                                                                                       |
| Web Site                     | Shreyas Patil                                                                                                                                                                                                                                                    |
| Event Maintenance Leader     | Kancah Citra                                                                                                                                                                                                                                                     |
| Photographer                 | Will Woodruff                                                                                                                                                                                                                                                    |
| Medical                      | Helen Thain                                                                                                                                                                                                                                                      |
| Housing, Banquet Catering    | Natasha Soedjono, Sodexo                                                                                                                                                                                                                                         |
| Video Streaming              | JIS Information Services                                                                                                                                                                                                                                         |
| Coaches/AIC hospitality room | JIS Booster Club                                                                                                                                                                                                                                                 |
| Event Tees                   | Jos Van Der Sluijs, Booster Club                                                                                                                                                                                                                                 |
| Programs, Banners            | Abdus Syaker                                                                                                                                                                                                                                                     |
| Tournament Map               | Donny Haryadi                                                                                                                                                                                                                                                    |

Apologies to anyone I've missed!

Regards,

Nevin Odden, IASAS Meet Coordinator



## IASAS GOLF TAS 10-12 APRIL

Two days of Stroke Play will be held at the Linkou International Golf and Country Club. Tee times will begin at 8:00am on April 10<sup>th</sup>, Linkou offers 27 holes so we will split up to make for a shorter day. Genders will compete on their own course each day. Marshalls will be on the course with groups.

Day 2 proceedings will begin at 7:30am using the same format as above but the genders reversed.

Day 3 will be played at Hsin Fu Golf Club which also offers 27 holes. Day Three is Match Play. Tee Time is 11:00am. We will have dinner and the award ceremony at the course at 5:30pm. Links and photos of the golf courses are forthcoming on our website.

|      |    | TIME |         |      |    |      |
|------|----|------|---------|------|----|------|
| JIS  | vs | SAS  | 8:30am  | ISB  | vs | ISKL |
| ISB  | vs | ISM  | 9:45am  | JIS  | vs | TAS  |
| ISKL | vs | TAS  | 11:00am | SAS  | vs | ISM  |
| SAS  | vs | ISB  | 12:15pm | ISKL | vs | JIS  |
| TAS  | vs | JIS  | 1:30pm  | ISM  | vs | ISB  |
| ISM  | vs | ISKL | 2:45pm  | TAS  | vs | SAS  |
| TAS  | vs | SAS  | 4:00pm  | ISKL | vs | ISM  |
| ISKL | vs | ISB  | 5:15pm  | JIS  | vs | SAS  |
| JIS  | vs | ISM  | 6:30pm  | ISB  | vs | TAS  |

| GYM 2 - BOYS |    | TIME | GCS     |      |    |      |
|--------------|----|------|---------|------|----|------|
| SAS          | vs | ISKL | 8:00am  | ISM  | vs | JIS  |
| ISB          | vs | JIS  | 9:15am  | TAS  | vs | ISKL |
| ISM          | vs | TAS  | 10:30am | SAS  | vs | ISB  |
| JIS          | vs | ISKL | 11:45am | ISKL | vs | TAS  |
| TAS          | vs | ISB  | 1:00pm  | ISM  | vs | SAS  |
| SAS          | vs | ISM  | 2:15pm  | ISB  | vs | JIS  |

|         |    |         |        |         |    |         |
|---------|----|---------|--------|---------|----|---------|
| BOYS 4  | vs | BOYS 5  | 4:30pm | BOYS 3  | vs | BOYS 6  |
| GIRLS 4 | vs | GIRLS 5 | 6:00pm | GIRLS 3 | vs | GIRLS 6 |

|         |    | TIME |        |         |    |    |
|---------|----|------|--------|---------|----|----|
| BOYS 2  | vs | *    | 8:00am | BOYS 1  | vs | ** |
| GIRLS 2 | vs | *    | 9:30am | GIRLS 1 | vs | ** |

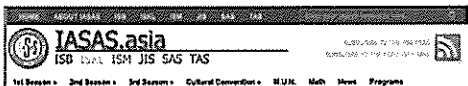
|  |  |         |  |                         |  |
|--|--|---------|--|-------------------------|--|
|  |  | 12:30pm |  |                         |  |
|  |  | 2:00pm  |  | GIRLS 5 3rd Place Match |  |
|  |  | 3:30pm  |  |                         |  |
|  |  | 5:00pm  |  |                         |  |

## Check out all the IASAS season 3 results at:

[www.iasas.asia](http://www.iasas.asia)

|      |    | TIME    | LD       |      |    |      |
|------|----|---------|----------|------|----|------|
| ISM  | vs | ISKL    | 8:45 am  | SAS  | vs | TAS  |
| SAS  | vs | JIS     | 10:30 am | ISM  | vs | ISB  |
| TAS  | vs | ISB     | 12:15 pm | ISKL | vs | JIS  |
| ISKL | vs | SAS     | 2:00 pm  | TAS  | vs | ISM  |
| ISB  | vs | ISM     | 3:45 pm  | JIS  | vs | SAS  |
| JIS  | vs | TAS     | 5:30 pm  | ISB  | vs | ISKL |
| ISB  | vs | ISKL    | 8:00 am  | TAS  | vs | JIS  |
| TAS  | vs | SAS     | 9:45 am  | ISM  | vs | ISKL |
| ISM  | vs | JIS     | 11:30 am | SAS  | vs | ISB  |
| ISKL | vs | TAS     | 1:15 pm  | JIS  | vs | ISM  |
| SAS  | vs | ISM     | 3:00 pm  | ISB  | vs | TAS  |
| JIS  | vs | ISB     | 4:45 pm  | ISKL | vs | SAS  |
| ISM  | vs | TAS     | 8:00 am  | JIS  | vs | ISB  |
| ISB  | vs | SAS     | 9:45 am  | TAS  | vs | ISKL |
| ISKL | vs | JIS     | 11:30 am | SAS  | vs | ISM  |
|      |    | 2:15 pm |          |      |    |      |
|      |    | 4:00 pm |          |      |    |      |
|      |    | 5:45 pm |          |      |    |      |

Saturday, April 12, 8:00pm - Closing Ceremony in the Auditorium





# Spectator Code of Conduct

At JIS we ask that spectators:

- Remember...sport is for personal development and FUN!
- Show individual and team support by making only positive comments.
- Refrain from using negative or abusive language, gestures and/or behavior.
- Be courteous to opposing teams. Without them there would be no games.
- Show respect for the judgment and integrity of coaches, referees and officials.
- Be gracious in victory, accept defeat with dignity, and show compassion for all participants.
- Acknowledge fields, courts and equipment as the players' domain during games.
- Monitor the safety of children in the bleachers, and keep bleachers clean by using trash bins.

This Spectator Code of Conduct is based on the Jakarta International School Core Values:

**Fun Responsibility Respect Perseverance**  
**Compassion Balance Integrity**