

| IASAS Track & Field Schedule in Singapore | | | | |
|---|---------|---------------------------|--------|-------------|
| Thursday, April 8, 2010 | | | | |
| Time | Event # | Event | Gender | Final /Heat |
| 7:30am | | Opening Ceremony - HS Gym | | |
| 9:00am | 1 | 3000 m | Boys | Final |
| 9:30am | 2 | 3000 m | Girls | Final |
| 10:00am | 3 | Triple Jump | Boys | Final |
| 10:30am | 4 | Javelin | Girls | Final |
| 11:00am | 5 | 100 m | Boys | Heats |
| 11:30am | 6 | 100 m | Girls | Heats |
| 12:00am | 7 | 400 m Hurdles | Boys | Heats |
| 12:30am | 8 | 400 m Hurdles | Girls | Heats |
| 3:30pm | 9 | 200 m | Boys | Heats |
| | 10 | High Jump | Girls | Final |
| | 11 | Shot Put | Boys | Final |
| 4:00pm | 12 | 200 m | Girls | Heats |
| 4:30pm | 13 | 4 x 800 m | Boys | Final |
| 5:00pm | 14 | 4 x 800 m | Girls | Final |
| 5:30pm | 15 | 4 x 100 m | Boys | Final |
| 6:00pm | 16 | 4 x 100 m | Girls | Final |
| Friday, April 9, 2010 | | | | |
| 9:00am | 17 | 110 m Hurdles | Boys | Heats |
| | 18 | Discus | Girls | Final |
| | 19 | Long Jump | Boys | Final |
| 9:30am | 20 | 100 m Hurdles | Girls | Heats |
| 10:00am | 21 | 400 m | Boys | Heats |
| 10:30am | 22 | 400 m | Girls | Heats |
| 11:00am | 9 | 200 m | Boys | Final |
| 11:30am | 12 | 200 m | Girls | Final |
| 3:30pm | 7 | 400 m Hurdles | Boys | Final |
| | 23 | Discus | Boys | Final |
| | 24 | Triple Jump | Girls | Final |
| | 8 | 400 m Hurdles | Girls | Final |
| 4:00pm | 25 | 800 m | Boys | Final |
| 4:30pm | 26 | 800 m | Girls | Final |
| 5:00pm | 27 | Medley Relay | Boys | Final |
| 6:00pm | 28 | Medley Relay | Girls | Final |
| Saturday, April 10, 2010 | | | | |
| 9:00am | 17 | 110 m Hurdles | Boys | Final |
| | 30 | Long Jump | Girls | Final |
| | 29 | High Jump | Boys | Final |
| | 32 | Javelin | Boys | Final |
| 9:30am | 20 | 100 m Hurdles | Girls | Final |
| 10:00am | 21 | 400 m | Boys | Final |
| 10:30am | 22 | 400 m | Girls | Final |
| | 31 | Shot Put | Girls | Final |
| 3:30pm | 33 | 1500 m | Boys | Final |
| 4:00pm | 34 | 1500 m | Girls | Final |
| 4:30pm | 5 | 100 m | Boys | Final |
| 5:00pm | 6 | 100 m | Girls | Final |
| 5:30pm | 35 | 4 x 400 m | Boys | Final |
| 6:00pm | 36 | 4 x 400 m | Girls | Final |

ISB • JIS • ISKL • ISM • SAS • TAS

27TH ANNUAL IASAS TRACK & FIELD CHAMPIONSHIPS

INTERNATIONAL SCHOOL BANGKOK
 JAKARTA INTERNATIONAL SCHOOL
 INTERNATIONAL SCHOOL KUALA LUMPUR
 INTERNATIONAL SCHOOL MANILA
 SINGAPORE AMERICAN SCHOOL
 TAIPEI AMERICAN SCHOOL

APRIL 8 — 10, 2010
 SINGAPORE

ISB • JIS • ISKL • ISM • SAS • TAS

Arrival & Departure Schedule

Arrival- Wednesday, April 7, 2010

| SCHOOL | FLIGHT | PICK-UP TIMES |
|--------|--------|---------------|
| ISM | PR503 | 3:30pm |
| JIS | SQ957 | 4:00pm |
| ISB | SQ975 | 5:30pm |
| ISKL | BUS | 6:00pm |
| TAS | SQ877 | 8:15pm |

Departure - Sunday, April 11, 2010

| SCHOOL | FLIGHT | DROP-OFF TIMES |
|--------|--------|----------------|
| ISB | SQ972 | 6:45am |
| ISM | PR502 | 7:45am |
| ISKL | BUS | 8:45am |
| TAS | SQ878 | 9:15am |
| JIS | SQ958 | 9:30am |

Important Phone Numbers

Ms. Mimi Molchan
Event/Activities / Athletic Director

Mr. Dave Norcott
HS Principal

Mr. Doug Neihart
HS Deputy Principal

Mrs. Lauren Mehrbach
HS Deputy Principal

York Hotel
YMCA (TAS only)

Comfort Taxi
City Cab

Singapore

Officials

| | |
|--------------------------------|--|
| Event Director: | Mimi Molchan |
| Track Steward: | Mike Molly |
| Meet Secretary: | Nattasha Jamaluddin |
| Chief Track & Field Officials: | Singapore Athletics Association |
| Start Coordinator: | Gordon Simpson |
| Electronic Results: | Aaron Gray, Duane Melsom & Paul Welsh |
| Clerk of Course: | Tico Oms |
| Head Timer: | Holly Kreutter |
| Finish Judges: | Eric Burnett, Kim Criens & Dave Dixon |
| Discus - Javelin - Shot Put: | Scott Graddy, Steve Kreutter & Brent Mutsch |
| High Jump: | Jill Friend, Adam Miller & Dave Norcott |
| Long & Triple Jump: | Ian Coppell & Paul Terrile |
| Announcer: | Rick Silverman |
| Results & Medals: | Junia Baker & Sarie Simpson |
| Field Crew: | Toh & Prakash |
| Student Workers: | SAS Athletic Council & Newspaper Staff |
| Medical Crew: | Tomo Tanabe & Emergencies First Aid and Rescue |
| IASAS Website: | Jerry Szombathy & Carson DeBerry |

Singapore

IASAS Track & Field Past Champions

| Year | Boys | Girls |
|------|-----------|--------|
| 1983 | SAS | SAS |
| 1984 | ISKL | SAS |
| 1985 | ISB | JIS |
| 1986 | ISB / JIS | JIS |
| 1987 | JIS | JIS |
| 1988 | JIS | JIS |
| 1989 | JIS | JIS |
| 1990 | JIS | JIS |
| 1991 | JIS | JIS |
| 1992 | JIS / SAS | SAS |
| 1993 | JIS | JIS |
| 1994 | JIS | JIS |
| 1995 | ISKL | JIS |
| 1996 | ISKL | JIS |
| 1997 | JIS | SAS |
| 1998 | SAS | SAS |
| 1999 | SAS | SAS |
| 2000 | SAS | SAS |
| 2001 | SAS | SAS |
| 2002 | SAS | SAS |
| 2003 | **SARS | **SARS |
| 2004 | SAS | SAS |
| 2005 | SAS | SAS |
| 2006 | SAS | SAS |
| 2007 | SAS | JIS |
| 2008 | SAS | TAS |
| 2009 | SAS | SAS |

** SARS - No track and field meet on that year

Singapore

IASAS Track & Field Record

| IASAS Boys' Track and Field Records | | | | |
|--------------------------------------|----------|---|------|--------|
| Event | Mark | Name | Year | School |
| 100m Dash | 10.93 | Harold Manning | 1999 | ISB |
| 200m Dash | 21.87 | Harold Manning | 2000 | ISB |
| 400m Dash | 49.34 | Harold Manning | 2000 | ISB |
| 800m Run | 1:59.60 | Mark Carney | 1994 | JIS |
| 1500m Run | 4:10.75 | Colin Webster | 1994 | TAS |
| 3000m Run | 9:21.75 | Joseph Lu | 2008 | TAS |
| 110m Hurdles | 14.89 | Barron Witherspoon | 2008 | SAS |
| 400m Hurdles | 56.20 | Chris Lonergan | 1999 | SAS |
| High Jump | 1.95m | Mike Dixon | 1996 | ISKL |
| Long Jump | 7.05m | Mike Dixon | 1997 | ISKL |
| Triple Jump | 13.66m | Mike Dixon | 1997 | ISKL |
| Shot Put | 16.34m | Nando Dobroke | 1984 | ISM |
| Discus | 45.22m | Steve Porter | 1995 | TAS |
| Javelin | 61.20m | Bryce Berkompas | 1997 | ISB |
| 4 X 100m Relay | 43.75 | C. Lonergan, E. Grundy, D. McMillan, P. Ackerman | 1999 | SAS |
| 4 X 200m Relay | 1:33.65 | Meerbott, Bever, van Elsas, Pape | 1989 | JIS |
| 4 X 400m Relay | 3:27.14 | E. Grundy, D. McMillan, J. Womack, C. Lonergan | 1999 | SAS |
| 4 X 800m Relay | 8:13.55 | M. Nealon, G. Nealon, J. Fierro, J. Hanson | 1991 | SAS |
| Medley Relay | 3:34.84 | T. Hasagawa, A. Donohue, J. Hanson, G. Nealon | 1991 | SAS |
| IASAS Girls' Track and Field Records | | | | |
| Event | Mark | Name | Year | School |
| 100m Dash | 12.32 | Tanaisha Fraser | 1994 | ISB |
| 200m Dash | 25.75 | Tanaisha Fraser | 1994 | ISB |
| 400m Dash | 57.20 | Jenny Melsom | 2001 | SAS |
| 800m Run | 2:22.14 | Cindi Yim | 2007 | TAS |
| 1500m Run | 4:59.56 | Claire Treilibs | 1996 | JIS |
| 3000m Run | 10:59.28 | Claire Treilibs | 1996 | JIS |
| 100m Hurdles | 15.62 | Briana Witherspoon | 2006 | SAS |
| 400m Hurdles | 1:03.73 | Amelia Clark | 2007 | JIS |
| High Jump | 1.64m | Erin Bailey | 1995 | SAS |
| Long Jump | 5.42m | Amelia Clark | 2006 | JIS |
| Triple Jump | 11.05m | Amelia Clark | 2007 | JIS |
| Shot Put | 10.59m | Myriam Laverdure | 1987 | JIS |
| Discus | 33.02m | Moana Kiwala | 2001 | JIS |
| Javelin | 37.56m | Myriam Laverdure | 1987 | JIS |
| 4 X 100m Relay | 51.06 | Y. Ito, J. Armitage, L. Granerod, T. Fraser | 1993 | ISB |
| 4 X 200m Relay | 1:51.21 | Udy, Widosuwito, Anderson, Miller | 1990 | JIS |
| 4 X 400m Relay | 4:11.77 | A. Auger, L. Balducci, C. Yim, A. Chang | 2007 | TAS |
| 4 X 800m Relay | 9:48.00 | R. Hohensee, J. Alberts, L. Kim, A. Lydens | 2009 | SAS |
| Medley Relay | 4:23.88 | N. Irani, I. Shaulis, T. St. Clair, J. Alberts | 2009 | SAS |

Singapore

4 Year IASAS Track & Field Participants

Jakarta International School
*James Angove

International School Kuala Lumpur
*Kelsey Drawhorn

International School Manila
*Jimmy Go

Singapore American School
*Alexis Lauzon *Max Shaulis

Taipei American School
*Abraham Ho *Andrew Liou

| IASAS Track & Field Medals Presentation Schedule | | |
|---|--------------------|--------------------------|
| Thursday, April 8, 2010 | | |
| After Event | Award | Presented by |
| Boys 100m Heats | 3000m Boys | Ismael Somart - ISB |
| Girls 100m Heats | 3000m Girls | Steve Clark - JIS |
| Boys 200m Heats | Triple Jump Boys | Bill Mitchell - ISKL |
| Girls 200m Heats | Javelin Girls | Shellie Banks - ISM |
| Girls 4 X 100m Final | Shot Put Boys | Melissa Vicars - TAS |
| | High Jump Girls | Ugo Costessi - ISB |
| | 4 X 800m Boys | Tony Dickinson - JIS |
| | 4 X 800m Girls | Darren Smith - ISKL |
| | 4 X 100m Boys | Kristen O'Connor - SAS |
| | 4 X 100m Girls | Larita Hamilton - ISM |
| Friday, April 9, 2010 | | |
| Girls 400m Heats | Discus Girls | Chrisanne Roseleip - TAS |
| Boys 200m Final | Long Jump Boys | Michael Sissons - ISB |
| Boys 400m Hurdles Final | 200m Boys | Murray Hodgson - JIS |
| | 200m Girls | Nadarajan Moothu - ISKL |
| Girls 400m Hurdles Final | 400m Hurdles Boys | Dale Smith - SAS |
| Boys 800m Final | 400m Hurdles Girls | Sara Kopp - ISM |
| Girls 800m Final | 800m Boys | Marcus Wolak - TAS |
| | Triple Jump Girls | James Tang - ISB |
| Boys Medley Relay Final | 800m Girls | Jim Baker - SAS |
| Girls Medley Relay Final | Discus Boys | Brian Donalson - SAS |
| | Medley Boys | Kyle Redshaw - JIS |
| | Medley Girls | Brian Foudy - ISKL |
| Saturday, April 10, 2010 | | |
| Girls 100m Hurdles Final | 110m Hurdles Boys | Craig Wislang - ISM |
| Boys 400m Final | 100m Hurdles Girls | Terry Lagerquist - TAS |
| Girls 400m Final | Long Jump Girls | Andy Davies - ISB |
| | Javelin Boys | Tim Stuart - JIS |
| | 400m Boys | Dave Neudorf - ISKL |
| | 400m Girls | Mark Cooling - ISM |
| Boys 1500m Final | High Jump Boys | Thomas Santowski - ISM |
| | Shot Put Girls | Shaun O'Rourke - TAS |
| Girls 1500m Final | 1500m Boys | Jim Baker - SAS |
| Boys 100m Final | 1500m Girls | Ismael Somart - ISB |
| Girls 100m Final | 100m Boys | Steve Clark - JIS |
| Boys 4 X 400m Final | 100m Girls | Bill Mitchell - ISKL |
| At closing ceremony | 4 X 400m Boys | Steve Dodd - ISM |
| | 4 X 400m Girls | Dave Norcoff - SAS |

IASAS Track & Field Championships 2010

INTERNATIONAL SCHOOL BANGKOK

GIRLS

| Name | Grade | Nationality | Uniform # |
|-----------------------|-------|----------------|-----------|
| Taylor Boelkes | 11 | American | 105 |
| Sarah Lewis * | 11 | United Kingdom | 116 |
| Kelsey Noah | 11 | American | 112 |
| Tomoyo Onda | 11 | Japanese | 117 |
| Gabriella Boulton | 10 | American | 107 |
| Gin Burapachaisri | 10 | American | 114 |
| Halle Jourdan | 10 | American | 101 |
| Rhian Morgan | 10 | American | 103 |
| Victoria Baldos | 9 | American | 104 |
| Becca Chairin | 9 | American | 111 |
| Laetitia Devarrewaere | 9 | Belgium | 102 |
| Amy Elliott | 9 | United Kingdom | 110 |
| Earn Khunpinit | 9 | Thai | 109 |
| Erika Nagasaki | 9 | Japanese | 115 |
| Nisha Stickles | 9 | American | 118 |

COACHES: Ismael Somart, Michael Sissons, Ugo Costessi & James Tang



PANTHERS

BOYS

| Name | Grade | Nationality | Uniform # |
|-----------------------|-------|-------------------|-----------|
| Mateusz Dziewicki | 12 | Poland | 161 |
| Jin Maekawa * | 12 | Japanese/Thai | 164 |
| Masanobu Shibata | 12 | Japanese | 153 |
| Yoshitaka Tamiya | 12 | Japanese | 152 |
| David Batchelor | 11 | American | 163 |
| Jonathan Devarrewaere | 11 | Belgium | 160 |
| Zach Greer * | 11 | American | 157 |
| Andreas Rauch | 11 | German/Indonesian | 162 |
| Omri Schulman | 11 | Israeli | 156 |
| Tamrong Teo * | 11 | Thai | 168 |
| Greg Ah-Fenne | 10 | French | 154 |
| Patrick Davies | 10 | Australian | 155 |
| Yuhei Nukui | 10 | Japanese | 159 |
| Toto Snidvongs | 10 | Thai | 151 |
| Taylor Bonneau | 9 | American | 172 |

COACHES: Ismael Somart, Michael Sissons, Ugo Costessi & James Tang

AIC: Andy Davies

CAPTAINS: *

Singapore

IASAS Track & Field Championships 2010

ISB Track & Field Records

| ISB GIRLS TRACK & FIELD RECORDS | | | |
|---------------------------------|----------|-----------|--|
| Event | Time | Date | Name |
| 100m | 12.32 | 1994 | Tanaisha Fraser |
| 200m | 25.48 | 1994 | Tanaisha Fraser |
| 400m | 58.70 | 1999 | Tyler Caudle |
| 800m | 2:31.20 | 2005 | Jessy Tang |
| 1500m | 5:03.50 | 2004 | Jessy Tang |
| 3000m | 11:24.40 | 2005 | Jessy Tang |
| 100m Hurdles | 16.05 | 2002 | Chiaki Tokunaga |
| 400m Hurdles | 1:06.50 | 2003 | Malai Tananone |
| High Jump | 1.55m | 2006 | Jillian Kramer |
| Long Jump | 5.13m | 2004 | Mizuho Fukazawa |
| Triple Jump | 10.23m | 1993 | Hansje Gold |
| Shot Put | 8.64m | 1991 | Darlene Gabler |
| Discus | 25.28m | 2004 | Andrea Zvinakis |
| Javelin | 30.66m | 1995 | Linn Granerod |
| 4X100m Relay | 51.06 | 1993 | Y. Ito, J. Armitage, L. Granerod, T. Fraser |
| 4X400m Relay | 4:14.20 | 2002 | M. Hanson, E. Rock, C. Tokunaga, M. Tananone |
| 4X800m Relay | 10:31.90 | 1995 | E. Stewart, E. Shearer, C. Gordon, Y. Nakatani |
| Medley Relay | 4:29.10 | 2002 | M. Hanson, E. Rock, M. Tananone, R. Souza |
| ISB BOYS TRACK & FIELD RECORDS | | | |
| Event | Time | Date | Name |
| 100m | 10.80 | 2000 | Harold Manning |
| 200m | 21.87 | 2000 | Harold Manning |
| 400m | 49.34 | 2000 | Harold Manning |
| 800m | 2:01.86 | 2005 | Paul McGowan |
| 1500m | 4:11.80 | 2003 | Dan Holligan |
| 3000m | 9:49.22 | 2008 | Tad Carlson |
| 110m Hurdles | 15.58 | 1986 | Hajime Kawano |
| 400m Hurdles | 58.25 | 2008 | Martijn Fleuren |
| High Jump | 1.80m | 1986/1988 | Roger Wedderburn / Mike Howeler |
| Long Jump | 6.51m | 1985 | Gary Matticks |
| Triple Jump | 13.21m | 1986 | Hajime Kawano |
| Shot Put | 13.13m | 2002 | Rick Reynolds |
| Discus | 38.45m | 2005 | Paul McGowan |
| Javelin | 61.20m | 1997 | Bryce Berkompas |
| 4X100m Relay | 44.49 | 2008 | P. Brougham, E. Engebretsen, K. Sakamoto, M. Fleuren |
| 4X400m Relay | 3:32.73 | 2008 | P. Brougham, K. Takahasi, K. Sakamoto, M. Fleuren |
| 4X800m Relay | 8:25.90 | 2000 | E. Tomioka, B. Holligan, R. Kramer, P. McGowan |
| Medley Relay | 3:45.80 | 2005 | P. Wungcharoen, A. Murata, M. Anderson, R. Kramer |

Singapore

JIS Track & Field Records

| JIS GIRLS TRACK & FIELD RECORDS | | | |
|---------------------------------|----------|------|---|
| Event | Time | Date | Name |
| 100m | 12.59 | 2005 | Amelia Clark |
| 200m | 26.07 | 2006 | Amelia Clark |
| 400m | 58.52 | 2007 | Amelia Clark |
| 800m | 2:20.85 | 2006 | Amelia Clark |
| 1500m | 4:59.56 | 1996 | Claire Treilibs |
| 3000m | 10:40.22 | 1996 | Claire Treilibs |
| 100m Hurdles | 15.66 | 2005 | Amelia Clark |
| 400m Hurdles | 1:03.73 | 2007 | Amelia Clark |
| High Jump | 1.61m | 2009 | Shanita Glenn |
| Long Jump | 5.42m | 2006 | Amelia Clark |
| Triple Jump | 11.05m | 2007 | Amelia Clark |
| Shot Put | 10.59m | 1987 | Myriam Laverdure |
| Discus | 33.37m | 1996 | Megan Bever |
| Javelin | 37.56m | 1987 | Myriam Laverdure |
| 4X100m Relay | 51.98 | 2001 | A. Ronaldson, A. Belkowski, M. Kiwala, M. Oyoyo |
| 4X400m Relay | 4:16.19 | 1989 | C. Weatherhead, B. Udy, N. Kiuchi, N. van der Lee |
| 4X800m Relay | 9:59.12 | 1997 | M. Keith, J. Harris, S. Stromme, C. Treilibs |
| Medley Relay | 4:24.31 | 2006 | I. Tilborg, S. Briggs, L. Nelson, A. Clark |

| JIS BOYS TRACK & FIELD RECORDS | | | |
|--------------------------------|---------|------|---|
| Event | Time | Date | Name |
| 100m | 10.71 | 1990 | Grant Bever |
| 200m | 22.49 | 1990 | Grant Bever |
| 400m | 50.45 | 2001 | Dion Cinavilakeba |
| 800m | 1:59.60 | 1994 | Mark Carney |
| 1500m | 4:11.98 | 1994 | Mark Carney |
| 3000m | 9:29.55 | 2008 | Tom Boyd |
| 110m Hurdles | 15.08 | 1994 | Masataka Fukushima |
| 400m Hurdles | 57.90 | 1989 | Trey Meerbott |
| High Jump | 1.85m | 1983 | Kevin Stokes |
| Long Jump | 6.59m | 1990 | Grant Bever |
| Triple Jump | 12.82m | 2007 | Andrew Briggs |
| Shot Put | 14.87m | 2003 | Sander Wieriks |
| Discus | 42.22m | 1993 | Ben Taylor |
| Javelin | 55.52m | 2002 | Matthew Smothermon |
| 4X100m Relay | 44.56 | 1989 | T. Meerbott, M. van Elsas, G. Bever, T. Pape |
| 4X400m Relay | 3:28.47 | 1990 | D.J. Bernard, C. Crissman, G. Bever, T. Pape |
| 4X800m Relay | 8:23.45 | 1991 | J. Weller, D.J. Bernard, S. Verdina, T. Weber |
| Medley Relay | 3:43.81 | 2009 | N. Nemaiceff, A. Krohn, D. Clark, J. Angove |

Singapore

JAKARTA INTERNATIONAL SCHOOL

GIRLS

| Name | Grade | Nationality | Uniform # |
|--------------------|-------|-------------|-----------|
| Eva Claasen | 12 | Netherlands | 215 |
| Julia Fie'eiki | 12 | American | 217 |
| Rosie Weber * | 11 | Australian | 205 |
| Michelle Arifin | 10 | Indonesian | 202 |
| Annie Borch | 10 | Canadian | 204 |
| Harriet Fisher * | 10 | New Zealand | 216 |
| Rosemary Fisher | 10 | New Zealand | 218 |
| Annie Polis | 10 | American | 220 |
| Monica Pranatajaya | 10 | Indonesian | 207 |
| Isobel Angove | 9 | Australian | 210 |
| Megan Crabtree | 9 | American | 206 |
| Lotte Habers | 9 | Netherlands | 201 |
| Katie Osterlund | 9 | American | 203 |
| Yurino Sanada | 9 | Japanese | 211 |
| Carrigan Whiteley | 9 | American | 208 |

COACHES: Tony Dickinson & Murray Hodgson

DRAGONS



GIRLS

| Name | # | Grade | Nationality | Uniform # |
|----------------|---|-------|---------------|-----------|
| James Angove * | # | 12 | Australian | 222 |
| Oran Domingue | | 12 | American | 239 |
| Derek Eggerman | | 12 | American | 226 |
| Blake Jones | | 12 | American | 225 |
| Andy Krohn * | | 12 | Austrian | 230 |
| Nico Nemaiceff | | 12 | Ecuadorian | 231 |
| Antonia Rogers | | 12 | American | 232 |
| Bob Scholten | | 12 | Netherlands | 242 |
| Kevin Bunter | | 10 | British | 243 |
| Mitch Choo | | 10 | Malaysian | 224 |
| James Eve | | 10 | South African | 228 |
| Nick Mitchell | | 10 | New Zealand | 229 |
| Aditya Raikar | | 10 | Indian | 223 |
| David Scholten | | 10 | Netherlands | 240 |
| Mauro Benzgon | | 9 | Filipino | 227 |

COACHES: Steve Clark & Kyle Redshaw

AIC: Tim Stuart

CAPTAINS: * 4 YEAR PARTICIPANT: #

Singapore

IASAS Track & Field Championships 2010

INTERNATIONAL SCHOOL KUALA LUMPUR

GIRLS

| Name | # | Grade | Nationality | Uniform # |
|-----------------|---|-------|----------------|-----------|
| Kelsey Drawhorn | * | 12 | American | 381 |
| Sofia Andersson | | 11 | Sweden | 365 |
| Gillian Chang | | 11 | Canadian | 368 |
| Sabrinne Gibson | * | 11 | American | 372 |
| Natalie Goodall | | 11 | United Kingdom | 385 |
| Adelene Lai | | 11 | Malaysian | 377 |
| Kat Rainey | | 11 | American | 354 |
| Anna Boucout | | 10 | Australian | 362 |
| Amber Kuilderd | | 10 | Netherlands | 369 |
| Katrina Scatter | | 10 | Malaysian | 374 |
| Haruko Ayabe | | 9 | Japanese | 386 |
| Natalia Danny | | 9 | Malaysian | 350 |
| Erica Remington | | 9 | American | 366 |
| Elsie Tulley | | 9 | Australian | 389 |

COACHES: Darren Smith & Nadarajan Moothu

PANTHERS



BOYS

| Name | # | Grade | Nationality | Uniform # |
|----------------------|---|-------|-------------|-----------|
| Kareem Gibson | | 12 | American | 331 |
| Chad Kuilderd | * | 12 | Netherlands | 347 |
| Takeshi Nakagawa | | 12 | Japanese | 341 |
| Ruben 's Gravemade | | 11 | Netherlands | 327 |
| Bob Angell | | 11 | Canadian | 320 |
| Camille Dilindi | | 11 | French | 322 |
| Glenn Kromhout | * | 11 | Netherlands | 325 |
| Daniel Link | | 11 | German | 338 |
| Shamil Norshidi | | 11 | Malaysian | 324 |
| Paolo Del Val | | 10 | Filipino | 326 |
| Joseph Ekberg | | 10 | American | 334 |
| Kris Karkov | | 10 | Denmark | 345 |
| Taraz Lee Jaya Gopan | | 10 | Malaysian | 321 |
| Conor Neudorf | | 10 | Canadian | 349 |
| Ryan Powley | | 10 | Australian | 333 |

COACHES: Bill Mitchell & Brian Foudy

AIC: Dave Neudorf

CAPTAINS: * 4 YEAR PARTICIPANT: #

Singapore

IASAS Track & Field Championships 2010

ISKL Track & Field Records

| ISKL GIRLS TRACK & FIELD RECORDS | | | |
|----------------------------------|----------|------|----------------------------------|
| Event | Record | Date | Name |
| 100m | 12.75 | 2004 | Isabel Jantos |
| 200m | 26.41 | 2005 | Isabel Jantos |
| 400m | 1:01.70 | 2001 | Laura Swartz |
| 800m | 2:27.59 | 2002 | Charlotte Elton |
| 1500m | 5:13.07 | 1998 | Aveleigh Wagner |
| 3000m | 11:40.07 | 2009 | Yuka Matsuo |
| 100m Hurdles | 16.31 | 1987 | Gina Lee |
| 400m Hurdles | 1:08.80 | 1989 | Jo Osmond |
| High Jump | 1.54m | 1995 | Bronwen Trimble |
| Long Jump | 4.98m | 2008 | Jasmine Jones |
| Triple Jump | 10.12m | 2008 | Jasmine Jones |
| Shot Put | 9.19m | 1993 | Nancy Karo |
| Discus | 27.06m | 1993 | Nancy Karo |
| Javelin | 30.57m | 2002 | Nancy Quirk |
| 4X100m Relay | 52.69 | 2004 | Nixon, Jantos, Vendeland, Takala |
| 4X400m Relay | 4:18.90 | 1998 | Nice, Beiberich, Crocker, Wagner |
| 4X800m Relay | 10:32.20 | 1998 | Belberich, Wagner, Nice, Stavik |
| Medley Relay | 4:30.06 | | Turko, Payne, Swartz, Elton |
| ISKL BOYS TRACK & FIELD RECORDS | | | |
| Event | Record | Date | Name |
| 100m | 10.83 | 2009 | Risto Silventoinen |
| 200m | 21.92 | 2009 | Risto Silventoinen |
| 400m | 50.12 | 1996 | Paul Guyan |
| 800m | 1:59.6 | 1996 | Paul Guyan |
| 1500m | 4:19.06 | 2004 | Hideto Ide |
| 3000m | 10:12.84 | 2009 | Markus Jury |
| 110m Hurdles | 15.37 | 1996 | Mike Dixon |
| 400m Hurdles | 56.94 | 1997 | Mike Dixon |
| High Jump | 2.0m | 1997 | Mike Dixon |
| Long Jump | 7.05m | 1997 | Mike Dixon |
| Triple Jump | 13.66m | 1997 | Mike Dixon |
| Shot Put | 14.14m | 2007 | Sebastien Bayer |
| Discus | 38.95m | 1999 | Shahir Ahmed |
| Javelin | 50.06m | 1999 | Shahir Ahmed |
| 4X100m Relay | 44.94 | 2001 | Matsumo, Kim, Takeyama, Kim |
| 4X400m Relay | 3:33.37 | 1995 | Hoppe, Hueners, Guyan, Lamm |
| 4X800m Relay | 8:30.85 | 1994 | Ho, Oluka, Grimbaldi, Tanaka |
| Medley Relay | 3:43.53 | 1996 | Polume, Dixon, Hueners, Guyan |

Singapore

ISM Track & Field Records

| ISM GIRLS TRACK & FIELD RECORDS | | | |
|---------------------------------|----------|-----------|---|
| Event | Record | Date | Name |
| 100m | 12.47 | 2009 | Smriti Sridhar |
| 200m | 26.44 | 2009 | Smriti Sridhar |
| 400m | 59.87 | 2010 | Smriti Sridhar |
| 800m | 2:29.87 | 2008 | Isabel Chamberlain |
| 1500m | 5:11.65 | 2009 | Perna Bhargava |
| 3000m | 11:31.37 | 2009 | Perna Bhargava |
| 100m Hurdles | 16.40 | 2007 | Anna Johnson |
| 400m Hurdles | 1:06.04 | 2007 | Kelly McLaughlin |
| High Jump | 1.53m | 2008 | Caitlin Spence |
| Long Jump | 5.42m | 2010 | Smriti Sridhar |
| Triple Jump | 10.57m | 2007 | Anna Johnson |
| Shot Put | 9.24m | 2000 | Kirsteen Mack |
| Discus | 27.19m | 2006 | Carolyn Asuncion |
| Javelin | 30.44m | 2009 | Laura Smith |
| 4X100m Relay | 51.08 | 2009 | Allen, Sridhar, van Klaveren, Olondriz |
| 4X400m Relay | 4:13.39 | 2009 | Chamberlain, Sridhar, Majied, Olondriz |
| 4X800m Relay | 10:11.81 | 2007 | Chamberlain, Reynolds, Ahmed, Limcaoco |
| Medley Relay | 4:25.88 | 2009 | Allen, van Klaveren, Olondriz, Bhargava |
| ISM BOYS TRACK & FIELD RECORDS | | | |
| Event | Record | Date | Name |
| 100m | 11.12 | 2009 | Chris Payne |
| 200m | 22.98 | 2009 | Chris Payne |
| 400m | 51.13 | 1995 | Beryl Bernard |
| 800m | 2:04.78 | 2008 | Hisashi Yoshida |
| 1500m | 4:23.04 | 2009 | Ryohei Kamiya |
| 3000m | 9:26.48 | 2008 | Hisashi Yoshida |
| 110m Hurdles | 15.13 | 1994 | B. Scheizig |
| 400m Hurdles | 56.51 | 1994 | B. Scheizig |
| High Jump | 1.89m | 2009 | Ali Majied |
| Long Jump | 6.36m | 2009 | Moe Haidra |
| Triple Jump | 13.18m | 2009 | Oskar Jamtander |
| Shot Put | 16.34m | 1984/2002 | Dubrocki / Nando |
| Discus | 39.52 | 2002 | Mark Chatting |
| Javelin | 56.89m | 2007 | Fahad Karim |
| 4X100m Relay | 44.39 | 2009 | Go, Haidra, Payne, Jamtander |
| 4X400m Relay | 3:31.52 | 1994 | Scheizig, Nielson, Heffink, Bernard |
| 4X800m Relay | 8:38.40 | 1998 | Zuehike, Lutman, Metcalf, Nambe |
| Medley Relay | 3:46.63 | 2008 | Go, J amtander, Payne, Yoshida |

Singapore

INTERNATIONAL SCHOOL MANILA

GIRLS

| Name | Grade | Nationality | Uniform # | |
|-------------------|-------|-------------|----------------|-----|
| Alexandra Casey | * | 12 | Australian | 414 |
| Christine O'Keefe | | 12 | American | 439 |
| Caitlin Spence | | 12 | Australian | 415 |
| Perna Bhargava | | 11 | Australian | 428 |
| Chelsey Ferguson | | 11 | Canadian | 401 |
| Karen Lloyd | | 11 | Australian | 442 |
| Claudia Paez | | 11 | Columbian | 445 |
| Smriti Sridhar | | 11 | Malaysian | 423 |
| Alix Woldring | | 11 | Australian | 410 |
| Samantha Wong | | 11 | Filipino | 427 |
| Amirah Majied | | 10 | American | 421 |
| Sarita Morris | | 10 | United Kingdom | 406 |
| Maya Seneviratne | | 10 | American | 416 |
| Kara Maeda | | 9 | American | 433 |
| Annika Weilbach | | 9 | German | 447 |

COACHES: Shellie Banks, Larita Hamilton & Sara Kopp



BEARCATS

BOYS

| Name | Grade | Nationality | Uniform # | |
|--------------------|-------|-------------|-------------|-----|
| Gabriel Anaya | | 12 | American | 475 |
| Andrew Caudill | | 12 | American | 481 |
| Towaki Dojima | * | 12 | Japanese | 473 |
| Genzo Dones | | 12 | Filipino | 477 |
| Jefferson Gallardo | | 12 | Filipino | 489 |
| Jimmy Go | # | 12 | Filipino | 450 |
| Minato Kageyama | | 12 | Japanese | 456 |
| Ali Majied | | 12 | American | 488 |
| Mateo Lorenzo | | 11 | Filipino | 466 |
| Rafael Sy | | 11 | American | 484 |
| Najeer Ahmed | | 10 | Filipino | 451 |
| Abhishek Nagpal | | 10 | Indian | 483 |
| Arlan Parry | | 10 | American | 494 |
| Steven Kolkma | | 9 | Netherlands | 487 |
| Timothy Metzger | | 9 | American | 478 |

COACHES: Thomas Santowski, Mark Cooling & Craig Wislang

AIC: Steve Dodd

CAPTAINS: *

4 YEAR PARTICIPANT: #

Singapore

SINGAPORE AMERICAN SCHOOL

GIRLS

| Name | Grade | Nationality | Uniform # |
|------------------|-------|-------------|-----------|
| Belinda Eg * | 12 | American | 509 |
| Radhika Agarwal | 11 | American | 512 |
| Jenny Alberts | 11 | American | 534 |
| Liz Conklin | 11 | American | 515 |
| Hannah Goode | 11 | American | 514 |
| Carley Kennedy | 11 | American | 500 |
| Linda Kim | 11 | Korean | 506 |
| Becky Kreutter | 11 | American | 523 |
| Seira Wade | 11 | American | 536 |
| Emma Graddy | 10 | American | 538 |
| Ruby Hohensee | 10 | American | 505 |
| Carolyn Koh | 10 | American | 530 |
| Isabella Shaulis | 10 | American | 543 |
| Amanda Alberts | 9 | American | 527 |
| Isabelle Mulder | 9 | American | 508 |

COACHES: Jim Baker, Brian Donalson, Dale Smith & Kristen O'Connor

EAGLES

BOYS

| Name | Grade | Nationality | Uniform # |
|-------------------|-------|-------------|-----------|
| Frank Boyd | 12 | American | 599 |
| Scott DeNoma | 12 | American | 554 |
| Alexis Lauzon * # | 12 | Canadian | 571 |
| Blake Peters * | 12 | American | 585 |
| Max Shaulis * # | 12 | American | 567 |
| Todd Shell | 12 | American | 579 |
| Alex Amstrup | 11 | Danish | 580 |
| Hayes Kimball | 11 | American | 589 |
| Daniel Bourgeois | 10 | American | 588 |
| Josh Choe | 10 | American | 553 |
| Kevin Holt | 10 | American | 566 |
| Peter Hunt | 10 | American | 552 |
| Bryce McConville | 10 | Canadian | 574 |
| Andrew Milne | 10 | Canadian | 576 |
| Andrew Lydens | 9 | American | 560 |

COACHES: Jim Baker, Brian Donalson, Dale Smith & Kristen O'Connor

CAPTAINS: * 4 YEAR PARTICIPANT: #

Singapore

SAS Track & Field Records

SAS GIRLS TRACK & FIELD RECORDS

| Event | Record | Date | Name |
|--------------|----------|-----------|--|
| 100m | 12.75 | 2006 | Brianna Witherspoon |
| 200m | 26.64 | 2004 | Meaghan Dwyer |
| 400m | 57.2 | 2001 | Jenny Melsom |
| 800m | 2:21.48 | 2005 | Mindy Nguyen |
| 1500m | 5:00.23 | 2005 | Mindy Nguyen |
| 3000m | 11:07.36 | 2004 | Mindy Nguyen |
| 100m Hurdles | 15.62 | 2005 | Brianna Witherspoon |
| 400m Hurdles | 1:05.50 | 2007 | Sam Tierney |
| High Jump | 1.69m | 1995 | Erin Bailey |
| Long Jump | 5.04m | 1977 | Ellen Grant |
| Triple Jump | 10.30m | 1991/1997 | Merete Nordberg / Vonya Miksic |
| Shot Put | 9.66m | 2004 | Joanne Lonergan |
| Discus | 32.86m | 1998 | April Fuller |
| Javelin | 36.6m | 1989 | Karina Nilsen |
| 4X100m Relay | 51.86 | 2001 | J. Melsom, M. Simpson, C. Ellis, K. Ellebracht |
| 4X400m Relay | 4:11.82 | 2002 | J. Melsom, V. Chan, K. Payne, M. Simpson |
| 4X800m Relay | 9:48.00 | 2009 | R. Hohensee, J. Alberts, L. Kim, A. Lydens |
| Medley Relay | 4:23.88 | 2009 | N. Irani, I. Shaulis, T. St.Clair, J. Alberts |

SAS BOYS TRACK & FIELD RECORDS

| Event | Record | Date | Name |
|--------------|---------|------|--|
| 100m | 10.7 | 1982 | Mike Bushman |
| 200m | 21.7 | 1982 | Mike Bushman |
| 400m | 49.47 | 2000 | Jamad Womack |
| 800m | 1:58.03 | 1993 | Jose Fierro |
| 1500m | 4:05.20 | 1991 | Greg Nealon |
| 3000m | 9:36.03 | 2008 | Evan Shawler |
| 110m Hurdles | 14.87 | 2007 | Barron Witherspoon |
| 400m Hurdles | 56.2 | 1999 | Chris Lonergan |
| High Jump | 1.89m | 1980 | Sharon Walters |
| Long Jump | 6.8m | 1979 | Kurt Kneip |
| Triple Jump | 13.31m | 1990 | Fabio Pintori |
| Shot Put | 16.5m | 1968 | Mark Kulisek |
| Discus | 43.25m | 2002 | Jeremy Hodges |
| Javelin | 55.48m | 1989 | Rich Stagg |
| 4X100m Relay | 43.75 | 1999 | C. Lonergan, E. Grundy, D. McMillan, P. Ackerman |
| 4X400m Relay | 3:26.20 | 2003 | M. Hammer, J. Lam, J. Fukuda, K. Rosche |
| 4X800m Relay | 8:13.55 | 1991 | M. Nealon, G. Nealon, J. Fierro, J. Hanson |
| Medley Relay | 3:34.84 | 1991 | T. Hasagawa, A. Donohue, J. Hanson, G. Nealon |

Singapore

TAS Track & Field Records

| TAS GIRLS TRACK & FIELD RECORDS | | | |
|---------------------------------|----------|-------------|---|
| Event | Record | Date | Name |
| 100m | 12.66 | 2008 | Ashley Chang |
| 200m | 26.30 | 1989 | Debbie Kreiger |
| 400m | 59.50 | 2001 | Angel Tsao |
| 800m | 2:22.14 | 2007 | Cindi Yim |
| 1500m | 5:00.13 | 2008 | Cindi Yim |
| 3000m | 11:18.37 | 2002 | Beverly Chang |
| 100m Hurdles | 17.63 | 2008 | Catherine Bovis |
| 400m Hurdles | 1:12.50 | 1998 | Akiko Yamada |
| High Jump | 1.51m | 1992 / 2008 | Susan Chien / Catherine Bovis |
| Long Jump | 5.04m | 1999 | Taylor McCarthy |
| Triple Jump | 10.35m | 2001 | Angel Tsao |
| Shot Put | 9.91m | 2000 | Tricia O'Konek |
| Discus | 28.13m | 2009 | Justine Lowe |
| Javelin | 31.68m | 2000 | Tricia O'Konek |
| 4X100m Relay | 51.44 | 1999 | J. Hou, Z. Malik, M. Cheong, T. McCarthy |
| 4X400m Relay | 4:11.77 | 2007 | A. Auger, L. Balducci, C. Yim, A. Chang |
| 4X800m Relay | 10:07.22 | 2007 | A. Auger, S. Liu, A. Freska, C. Yim |
| Medley Relay | 4:24.47 | 2008 | A.Chang, C. Yim, C. Bovis, S. Tittmann |
| TAS BOYS TRACK & FIELD RECORDS | | | |
| Event | Record | Date | Name |
| 100m | 11.20 | 2004 | John Lin |
| 200m | 23.03 | 2006 | John Lin |
| 400m | 50.52 | 1999 | Beau Crawford |
| 800m | 2:00.93 | 1994 | Collin Webster |
| 1500m | 4:10.49 | 1994 | Collin Webster |
| 3000m | 9.31?? | 2008 | Joseph Lu |
| 110m Hurdles | 16.01 | 1981 | Jimmy Tsung |
| 400m Hurdles | 57.56 | 1999 | Ricky Lee |
| High Jump | 1.83m | 1993 | Eddie Allegaert |
| Long Jump | 6.18m | 1999 | Ricky Lee |
| Triple Jump | 12.83m | 2009 | Liam Wilson |
| Shot Put | 14.49m | 1994 | Steve Porter |
| Discus | 45.22m | 1995 | Steve Porter |
| Javelin | 54.06m | 1995 | Steve Porter |
| 4X100m Relay | 44.86 | 2006 | S. Hsiao, E. Williams, Ja. Lin, Jo. Lin |
| 4X400m Relay | 3:33.37 | 1997 | B. Powell, B. Crawford, B. Williams, R. Lee |
| 4X800m Relay | 8:22.81 | 1997 | N. Meier, B. Crawford, B. Powell, R. Lee |
| Medley Relay | 3:43.81 | 2009 | R. Heyrowsky, J. Chard, E. Painter, J. Lu |

Singapore

TAIPEI AMERICAN SCHOOL

GIRLS

| Name | Grade | Nationality | Uniform # |
|-----------------|-------|-------------|-----------|
| Jessica Huang | 12 | American | 664 |
| Chen Ning Yen | 12 | Australian | 659 |
| Kuo Yu Lee | 11 | American | 657 |
| Ting-An Liu | 11 | American | 663 |
| Alice Chang | 10 | American | 653 |
| Victoria Chi | 10 | American | 600 |
| Joanne Chyon | 10 | American | 602 |
| Alexandra Jones | 10 | American | 661 |
| Eunice Lin | 10 | American | 658 |
| Emily Tang | 10 | American | 603 |
| Bonnie Wang | 10 | American | 605 |
| Josephine Kuo | 9 | Canadian | 655 |
| Shelley Wu | 9 | American | 652 |

COACHES: Melissa Vicars, Marcus Wolak & Terry Lagerquist



BOYS

| Name | Grade | Nationality | Uniform # |
|----------------|-------|-------------|-----------|
| Abraham Ho | 12 | American | 626 |
| Jason Kelly | 12 | American | 618 |
| Andrew Liou | 12 | American | 657 |
| Willis Wan | 12 | American | 621 |
| Liam Wilson | 12 | American | 607 |
| O'Neal Brandon | 11 | American | 615 |
| Michael Chin | 11 | American | 612 |
| Yong Sik Cho | 11 | S. Korean | 625 |
| Jun Young Choi | 11 | S. Korean | 632 |
| Alex Wang | 11 | American | 603 |
| William Cheng | 10 | American | 624 |
| Edward Painter | 10 | American | 608 |
| Philip Chen | 9 | American | 630 |
| Peyton Harris | 9 | American | 617 |
| Gary Huang | 9 | American | 601 |

COACH: Chrissanne Roseleip

AIC: Shaun O'Rourke

CAPTAINS: * 4 YEAR PARTICIPANT: #

Singapore